

Girls



Kerr, B. (1997). Smart Girls: A New Psychology of girls, women, and giftedness. Rev. Ed. Scottsdale AZ: Great Potential Press, Inc.
Kerr addresses the issues surrounding being female and gifted in the 21st Century. She compares what it means to be gifted today versus twenty years ago and highlights the achievements of talented, prominent women.

Pipher, M. (1999). Reviving Ophelia: Saving the Selves of Adolescent Girls. New York: Ballantine Press.
At adolescence, contends Mary Pipher, "girls become 'female impersonators' who fit their whole selves into small, crowded spaces." Pipher examines the mixed messages girls receive from society regarding what to think, how to act and feel in this resource.

Rimm, Sylvia, Sara Rimm-Kaufman, and Ilonna Rimm. See Jane Win: The Rimm Report on How 1000 Girls became Successful Women. New York: Crown Publishing Group, 1999.
Rimm and her two daughters conducted extensive research on over 1200 successful women and examined the factors which contributed to their achievements.



Boys

Kerr, B. & Cohn, S. (2000). Smart boys: Talent, Masculinity, and the Search for Meaning. Scottsdale, AZ: Gifted Psychology Press.
Despite our white, male-dominated culture, exceptionally talented young men become underachievers, angry rebels and even convicted felons, Dr. Kerr describes the struggles gifted young men face and she offers her own insights into what we can do to help them.

Social and Emotional Needs

Delisle, J. R. (1992). Guiding the Social and Emotional Development of Gifted Youth. White Plains, NY: Longman Publishing.

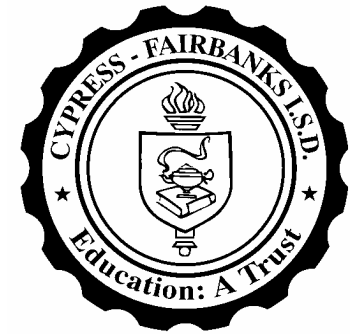
Delisle tackles the various needs of the gifted by discussing such topics as twice-exceptional students, gifted girls, suicide among the gifted population, and culturally diverse gifted individuals.

Neihart, M., Reis, S., Robinson, N., and Moon, S. (2002). The Social and Emotional Development of Gifted Children. Waco, TX: Prufrock Press.

This book provides information for parents, teachers, and others working with gifted children—these children and their families have special emotional needs and must be given opportunities to deal with these needs.

Webb, J., Tolan, S., and Meckstroth, E. (1983). Guiding the Gifted Child: A Practical Source for Parents and Teachers. Scottsdale, AZ: Great Potential Press, Inc.

For parents, teachers, and others working with gifted children. The authors emphasize that it is important to recognize that these children and their families have special emotional needs.



Resources for Parents of Gifted Children



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This brochure contains resources that can be beneficial to parents of gifted students.

Underachievement

Coil, C. (1992). Motivating Underachievers: 172 Strategies for Success. Dayton, OH: Pieces of Learning.

This is a great resource for parents and teachers to use in guiding students toward success.

Rimm, S. (1986). The Underachievement Syndrome: Causes and Cures. Watertown, WI: Apple Publishing Company.

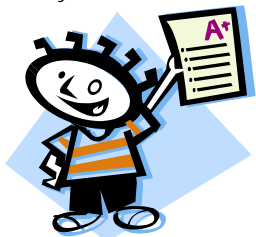
The author discusses reasons children underachieve and gives helpful hints on how to remedy the situation.

Rimm, S. (1996). Why bright kids get poor grades: And what you can do about it. NY: Crown Publishing Group.

Dr. Rimm spells out a practical, six-step program that really works for both average and gifted students from preschool to college.

Whitley, M. (2001). Bright Minds, Poor Grades: Understanding and Motivating your Underachieving Child. Perigee Trade.

For any parent who has ever been told, "your child isn't performing up to his or her potential," this book has the answer. Renowned clinical psychologist Michael Whitley, Ph.D. offers a proven ten-step program to motivate underachieving children. This easy-to follow book identifies the six types of underachievers from the procrastinator to the hidden perfectionist to the con artist, and it presents the ten steps to help children succeed in school-and ultimately, in life.



Strategies and Guides

Halsted, J.W. (2002). Some of my best friends are books: Helping gifted readers from pre-school to high school. (2nd Ed.) Scottsdale, AZ: Great Potential Press, Inc.

This book is a wonderful resource for gifted readers of all ages, and it focuses specifically on books for use in bibliotherapy.

Cohen, L. & Frudenburg, E. (1996). Coping for Capable Kids: Strategies for Parents, Teachers, and Students. Waco: Prufrock Press, Inc.

This book includes a section on peer relationships that begins on page 84. It includes pertinent family issues such as helpful things for parents to do, everything we need to know about coping, and many other topics.

Espeland, P., & Saunders, J. (1994). Bringing out the Best: A resource guide for parents of young gifted children. Minneapolis: Free Spirit Publishing.

"Parenting a gifted child is no picnic," the authors state, and they write from experience—both are parents of gifted children. They present complex information about brain development as well as wonderful games that will challenge a child. They also offer valuable advice on how to avoid parent burnout and remind parents that 'children are first and gifted second.' The book concludes with a directory of organizations for parents of gifted children and a list of books on the subject.

Rimm, S. (1997). How to Parent so Children will Learn. NY: Crown Publishing Group.

Dr. Rimm gives practical, no-nonsense advice for raising happy, secure, and productive children, from preschool to college.

Walker, S. (2002). The Survival Guide for Parents of Gifted Kids: How to understand, live with, and stick up for your gifted child. Minneapolis: Free Spirit Publishing.

This book is complete with current information about research and legislation, tests and testing, trends in gifted education, real-life examples, first-person stories, step-by-step strategies, resources, and encouragement. This book is for any parent who is faced with the sometimes overwhelming task of raising a gifted child.

Rimm, S. (2001). Keys to Parenting the Gifted Child. Hauppauge: Barron's Educational Services, Inc.

This book offers parents guidelines on how to prepare their gifted child for school. Recommendations are included to ensure that gifted children are sufficiently challenged in the classroom. The author gives advice on dealing with emotional stresses that intellectually gifted children often feel. She emphasizes the importance of maintaining a child's emotional adjustment in school, among siblings, friends, and all family members. This new edition includes a chapter on gifted children and technology, and expands on the topic of gender issues that can affect gifted children's achievement.

Strip, C. (2000). Helping Gifted Children Soar: A practical guide for parents and teachers. Scottsdale: Great Potential Press, Inc.

This book includes information a parent may find helpful for handling the peer relationship issues of their gifted child. This user-friendly guidebook also educates parents about other important gifted topics.

O'Connor, P. (2007). College is Yours in 600 Words or Less: The Roeper School College Handbook. Outskirts Publishing.

A quick but complete guide that leads you through the maze of college selection with the simple, revolutionary idea that students already have great lives-- what they now need is a college where they can live that great life, and learn more about themselves and the world...