

Cypress Fairbanks ISD Special Olympics

2012 Basketball

Cindy Macha
Special Olympics Program Coordinator
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Dear Parents and Athletes,
The second half of the 2011-2012 Special Olympics sports season will soon begin with basketball. Please plan your practice schedules accordingly through the area meet. Coaches will provide more detailed practice and competition information as the season progresses.

Basketball Schedule Highlights:

1st Practice: Wednesday, Jan 18, 2012

Practice Days: Monday and Wednesday

Time: 6:30pm to 7:30pm

Location: Langham Creek High School and Holmsley Elem

Important Dates: Jan 30 Individual Skills Team moves to Holmsley Elem

Feb 13 Final acceptance date for new athletes

Feb 15 Entries due to Area 4 office

Mar 3 Classifications & Ind Skills Team Competition

Mar 26 & 28 No practice due to district wide testing

Mar 31 Area 4 Competition

All athletes are expected to attend the first three practices (Jan 18, 23 & 25) at Langham Creek High School. During these first three practices, coaches will assess skill levels and determine team placements. On Monday, January 30, those athletes on the Individual Skills Team will move their practices to Holmsley Elem for the remainder of their season (Jan 30-Feb 29). Holmsley Elem has a gym equipped with adjustable height goals suited for Individual Skills Team needs and not having all teams practice at one site also alleviates crowding and distractions.

Feb 13 is the final practice for an athlete to enter this basketball season and still attend competition. Entries are due to the Area 4 office on Feb 15 and teams will have been determined. Athletes entering after Feb 13 are welcome to practice but will not be entered in competition.

Attendance and punctuality at practice are important to success, particularly with team sports. Please discuss any scheduling conflicts you

may have with your team coach. Appropriate attire (i.e. shorts, shirt, and athletic shoes) is required for practice, keeping in mind that safety and comfort are primary.

Athletes are required to have a yearly physical before they can practice or compete. **The medical form must be current, less than one year old.**

PLEASE BRING A COPY OF YOUR ATHLETE'S CURRENT MEDICAL FORM TO GIVE THE COACH ON THE FIRST DAY OF PRACTICE. A COPY IS REQUIRED FOR EACH SPORT (i.e. participation in softball and swimming will require two copies—one for the softball coach and one for the swimming coach and so on) PLEASE RETAIN THE ORIGINAL TO MAKE COPIES AS NEEDED FOR ADDITIONAL SPORTS.

How to access the physical form:

Visit www.cfid.net (Click Departments, click Curriculum and Instruction, scroll down and click Special Education, and then click Special Olympics) to print out a copy of the physical form. Only the form (2pgs) developed specifically by and for Special Olympics located on the website will be accepted. Athletes with Down syndrome, and diagnosed with Atlanto-Axial Instability, are also required to sign the special release which is located on the district website as well. Please call if there are any difficulties accessing these forms and one will gladly be mailed to you.

Sincerely,
Cindy Macha