



Cypress-Fairbanks Independent School District

*David Anthony, Ed.D.
Superintendent*

August 24, 2009

Dear CFISD Parents:

Since the H1N1 (Swine Flu) outbreak last spring, the Center for Disease Control (CDC) continues to describe this new strain of flu as highly contagious. CDC along with Harris County Public Health and Environmental Services (HCPHES) expect it to affect a broader spectrum of communities worldwide than traditional seasonal flu.

Since schools are places where thousands of children and adults interact on a daily basis, we will be following the guidelines for preparation, prevention and protection that Harris County Public Health and Environmental Services (HCPHES) has recommended in order to minimize the spread of H1N1 in our community. Please review the following carefully:

- **Students must stay home with H1N1-related symptoms that include a fever of 100 degrees or more.**
- **Students may not return to school until they are fever-free for 24 hours without the aid of a fever-reducing medication.**
- **Students' temperatures will be checked upon return to school.**

For information about H1N1, please monitor the district website at www.cfisd.net and CFTV Ch. 16.

Encourage your children to practice healthy living and good hygiene by getting plenty of sleep, eating a balanced diet, drinking plenty of fluids, washing their hands often and covering their coughs.

Preparing and protecting our students will take all of us working together to minimize the affect of H1N1 on the Cy-Fair community this year.

Sincerely,

A handwritten signature in black ink that reads "David Anthony".

David Anthony, Ed.D.
Superintendent of Schools