

STUDENT GUIDELINES FOR SELF-MANAGEMENT OF DIABETES AT SCHOOL

Cypress Fairbanks ISD is fully committed to supporting our students with diabetes who desire to carry their supplies and self-manage their diabetes while at school or school events. It is important that parents communicate with the school nurse, teachers and coaches regarding the student's diabetes care. Your school nurse will continue to be available to assist both the student and parent as needed.

The safety of all CFISD students is a primary concern of our district staff. For the safety of the student with diabetes as well as others, the following guidelines have been developed. Please read and sign the bottom of this form and return it to the school nurse.

- Both parent and physician signatures are required on the Diabetic Management and Treatment Plan and must be on file in the school clinic. The forms must be renewed at the beginning of every school year. The parent must sign an additional form if the student will be testing in the classroom or on school property.
- The parent must supply all equipment. The school does not stock reserve supplies. Parents are strongly encouraged to provide the school nurse with a secondary supply of emergency equipment in case the student becomes ill and his/her equipment is not available.
- Students may not share their equipment with other students. Stolen or missing supplies should be immediately reported to the school nurse.
- Students are required to carry and properly use a personal sharps disposal container and should care for puncture sites and blood in such a way that others are not inadvertently exposed.
- Supplies should be kept in the student's direct possession at all times so that others cannot easily access the supplies.
- Equipment should be stored in a proper container.
- Snacks may not be shared with peers in the classroom and should be an appropriated type of carbohydrate.
- Students are expected to test and treat symptoms in class in the least disruptive manner possible. A nearby staff member should be notified immediately if a student becomes ill or feels they may need assistance. **Please do not hesitate to ask for assistance.**
- These guidelines apply to all school related activities. Because of the potential harm to self or others that could arise, infractions of these guidelines will be referred for disciplinary action.

Parent Signature _____ Date _____

Student Signature _____ Date _____