

# October Asset of the Month

## SUPPORT

Young people need to be surrounded by people who love, care for, appreciate and accept them.

1. Family Support – Family life provides high levels of love and support.
2. Positive Family communication – Young person and his or her parent(s) communicate.
3. Other Adult relationships – Young person receives support from three or more non-parent adults.
4. Caring Neighborhood – Young person experiences caring neighbors.
5. Caring School Climate – School provides a caring, encouraging environment.
6. Parent Involvement in Schooling – Parent(s) are actively involved in helping young people succeed in school.

Practical tips to show your support to your children, their friends and to your neighborhood children:

- ◆ Show courtesy to everyone you come in contact with.
- ◆ Encourage interests and hobbies others have.
- ◆ Say one encouraging thing to someone each day.
- ◆ Volunteer to be a mentor in a school.
- ◆ Encourage others to be mentors.
- ◆ Everyday, look for the talents and gifts of the young people you encounter.
- ◆ Support local efforts to provide safe places for young people to spend time together.
- ◆ Take time to listen when young people speak to you.
- ◆ Smile and make eye contact with others as you go about your day.
- ◆ Applaud and acknowledge the successes of the young people around you.
- ◆ Hold a weekly family meeting.
- ◆ Share a meal on a regular basis with your family, include your extended family or friends of your child(ren).
- ◆ Organize a neighborhood block party.
- ◆ Organize a family and friends “field trip”.
- ◆ Volunteer, tutor, be active and involved.