



August 20, 2009

Dear Key Communicator:

Since the H1N1 (Swine Flu) outbreak last spring, the Center for Disease Control (CDC) continues to describe this new strain of flu as a highly contagious pandemic flu. CDC along with Harris County Public Health and Environmental Services (HCPHES) expect it to affect a broader spectrum of communities worldwide than traditional seasonal flu.

Since schools are places where thousands of children and adults interact on a daily basis, we will be following the guidelines for preparation, prevention and protection that HCPHES has recommended in order to minimize the spread of H1N1 in our community.

- **Students and staff must stay home with H1N1-related symptoms that include a fever of 100 degrees or more.**
- **Students and staff may not return to school until they are fever-free for 24 hours without the aid of a fever-reducing medication.**
- **Students' temperatures will be checked upon return to school.**

For information about H1N1, please monitor the district website at [www.cfisd.net](http://www.cfisd.net) and CFTV Ch. 16. It is important for everyone to practice healthy living and good hygiene by getting plenty of sleep, eating a balanced diet, drinking plenty of fluids, washing/cleaning hands frequently and covering coughs.

It will take all of us working together to minimize the affect of H1N1 on the Cy-Fair community this year. I appreciate all of your efforts in keeping the community, especially our students, healthy.

Sincerely,

David Anthony, Ed.D.