



# WHO<sup>®</sup>

## We Help Ourselves

EST. 1981



### Elementary Program

#### K-2

- ♦ Strangers
- ♦ Hurts
- ♦ Secrets
- ♦ Touches

#### 3-4

- Materialism
- Emotional
- Resilience
- Trauma & Coping
- Family Violence
- Sexual Abuse

#### 5

- Mindfulness
- Substance Use
- Conflict Resolution
- Internet Safety
- Harassment
- Self-Destruction

There are two ways to preview materials:

1. Parents may contact their child's campus to schedule an opportunity to preview the WHO<sup>®</sup> materials.
2. Parents may attend a preview scheduled at MHAB:
  - Thursday, September 7, 2023, at 9:00 am
  - Thursday, September 21, 2023, at 5:00 pm