

Special Olympics Texas  
Cypress Fairbanks ISD  
2020 Basketball

Dear Parents and Athletes,

The second half of the 2019-2020 Special Olympics sports season will soon begin with basketball. Please plan your practice schedules accordingly through the area meet.

**\*Please note time change from last year.**

- 1st Practice: Mon, Jan 6, 2020 6:30pm-7:30pm
- Team practices: Langham Creek High School gymnasium  
17610 FM 529 Rd. Houston, TX 77095
- Skills practices: Holmsley Elementary School gymnasium  
7315 Hudson Oaks Houston, TX 77095
- Practice Days: Mondays and Wednesdays Time: **6:30pm to 7:30pm** for both skills and team practices
- If you are unsure if your athlete is considered a team or a skills athlete, please report to Langham Creek for the first practice. The coaches will inform you on proper placement.

Important Dates:

- Jan 13<sup>th</sup>, no practice due to schedule conflict at Langham Creek High School (skills coaches might decide to hold practice at Holmsley)
- Jan 20<sup>th</sup>, No practice- student holiday
- Jan 22<sup>nd</sup>, Final acceptance date for new athletes
- Jan 28<sup>th</sup>, Entries due to Area 4 office
- Feb 15<sup>th</sup>, Team Classifications & Skills Competition (location TBD)
- Feb 17<sup>th</sup>, No practice- student holiday
- Feb 29<sup>th</sup>, Houston Area 4 Team Competition (location TBD)

Wednesday, January 22<sup>nd</sup> is the final practice for an athlete to enter this basketball season and still attend competition. Entries are due to the Area 4 office on January 28th and teams will have been determined. Acceptance of new athletes entering after January 22<sup>nd</sup> is at the coach's and area director's discretion. Attendance and punctuality at practice are important to success, particularly with team sports. Please discuss any scheduling conflicts you may have with your team coach. Appropriate attire (i.e. shorts, shirt, and athletic shoes) is required for practice, keeping in mind that safety and comfort are primary.

Athletes are required to have a yearly physical before they can practice or compete. The medical form must be current, less than one year old. PLEASE BRING A COPY OF YOUR ATHLETE'S CURRENT MEDICAL FORM TO GIVE THE COACH ON THE FIRST DAY OF PRACTICE. A COPY IS REQUIRED FOR EACH SPORT (i.e. participation in basketball and swimming will require two copies—one for the basketball coach and one for the swimming coach and so on) PLEASE RETAIN THE ORIGINAL TO MAKE COPIES AS NEEDED FOR ADDITIONAL SPORTS.

How to access the physical form, open the following link and click on "Athlete Medical Form:" <http://www.cfid.net/en/parents-students/academics/special-education/special-olympics/> or access it directly from this link:

[https://www.cfid.net/files/2414/2177/5285/sotx\\_athlete\\_medical\\_form\\_2015.pdf](https://www.cfid.net/files/2414/2177/5285/sotx_athlete_medical_form_2015.pdf)

Go Cy-Fair!

Sincerely,

Darci Garcia

CFISD Special Olympics Coordinator

Skills head coach: Melissa McKay [Melissa.mckay@cfisd.net](mailto:Melissa.mckay@cfisd.net)

Teams head coach: David Gaecke [David.gaecke@cfisd.net](mailto:David.gaecke@cfisd.net)