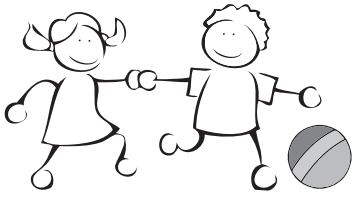
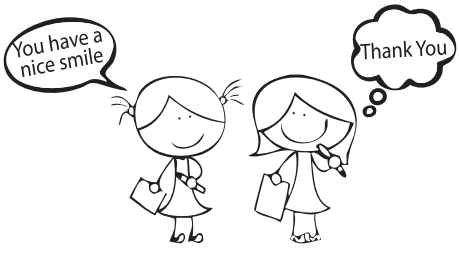
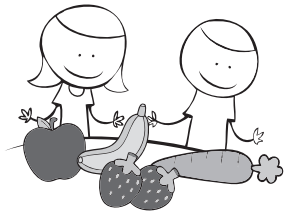
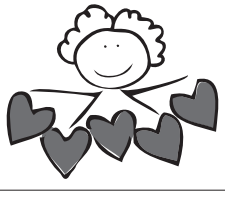
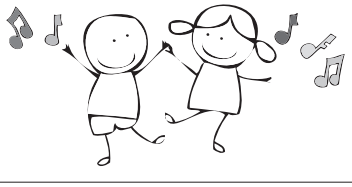
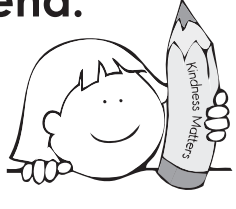
The Great Kindness Challenge®

JUNIOR EDITION

Kindness Matters.
Complete as many acts of kindness as you can.
Have fun!

Acts of Kindness

☐ Invite a new friend to play. 	☐ Smile at 25 people.	☐ Make a wish for a child in another country.
☐ Give your friend a High Five.	☐ Compliment 5 people. 	☐ Be kind to yourself and eat a healthy snack. 
☐ Decorate 5 hearts and give them to friends. 	☐ Entertain someone with a happy dance. 	☐ Lend a pencil to a friend. 
☐ Help someone up if they fall down.	☐ Thank someone who has helped you.	☐ Create your own kind deed.

A Kids for Peace Experience
KidsforPeaceGlobal.org
GreatKindnessChallenge.org

Your Name Here