



CYBERSECURITY MONTHLY NEWSLETTER

Bringing You Insights, Resources & Best Practices

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This year, we are focusing on four key behaviors.

Click on any link below to learn more.

- [Enabling Multi-Factor Authentication](#)
- [Using Strong Passwords and a Password Manager](#)
- [Updating Software](#)
- [Recognizing and Reporting Phishing](#)

19 Years and counting.., Every October is Cybersecurity Awareness Month

In today's hybrid work environment, we are more susceptible than ever to attacks like phishing and social engineering. Cybercriminals know this and are constantly changing tactics to exploit new vulnerabilities. The average person spends approximately 59 hours a week using the Internet, according to a recent study. In a time where the Internet plays a critical role in the daily life of Americans, the need for increased Cybersecurity awareness is paramount. Cybersecurity Awareness Month helps stress the importance of taking proactive steps to enhance Cybersecurity at school, home, and in the workplace; Cybersecurity is everyone's job.

Cybersecurity Awareness Month is an opportunity for organizations to remind and educate everyone on their role to play in staying secure. Remember: *Awareness is your best defense.*

For all things Cybersecurity, be sure to follow us on Twitter: [@CFISD_CyberSec](#) 