



## Cross Country Schedule -Fall 2022

The first race is at 4:30 P.M. About 25 minutes between each race. Race order is: 7th Grade Girls, 7th Grade Boys, 8th Grade Girls and 8th Grade Boys

Date	Host	Teams	Site
9/14	Hopper	Hopper, <b>Kahla</b> , Labay Rowe, Thornton, Watkins	Hopper
9/21	<b>Kahla</b>	Hopper, <b>Kahla</b> , Labay, Rowe, Thornton, Watkins	<b>Kahla</b>
9/28	Arnold	Aragon, Arnold, Cook, <b>Kahla</b> , Rowe, Thornton, Watkins	Cook
10/5	Goodson	Aragon, Bleyl, Dean, Goodson <b>Kahla</b> , Salyards, Watkins	Goodson
10/12	Spillane	Arnold, Bleyl, Goodson, Hopper <b>Kahla</b> , Spillane	Spillane
10/19	Salyards	<b>District Meet</b>	Cy Woods H.S.

### Coaching Staff

**Head Cross Country Coach-** Kimberly Chapman

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**Assistant Cross Country Coach-** Randall Shepard

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**Girls Athletic Coordinator-** Kimberly Chapman

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**Boys Athletic Coordinator-** Phillip Holmes

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**Principal-** Joshua Carroll

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