

CFISD SHAC Minutes

CFISD School Health Advisory Council		
4.19.2022	10:00am	Food Production Center
Meeting called by	Bevin Gordon RN, MSN	
Type of meeting	Quarterly Meeting	
Note taker	Melinda Hood	
SHAC Member Attendees	Bevin Gordon, Melinda Hood, Bethany Scanlon, Jennifer Moya, Sandra Castro, Ryan Heath, Alison James, Wendy Johnson, Carolyn Rospierski, Teresa Thomas, Angela Burrer, Dr. Elizabeth Bosquez, Katie Barckholtz, Debbie Bartholomew, Christian Casillas, Lisa Colbert, Darin Crawford, Emmy Durand, Scott Hudson, Suzy Hunter, Brent Trudeau, Michelle Voelkel, Elaine Waier, Angela Williams-Thomas, Raymond Zapeda, Dr. Natalie Blasingame, Franklin Sampson, Marney Collins Sims, Donna Stallone, Genny Mondragon, Bruno Gonzalez, Veronica Garza, Shelly-Ann James-Perelion, Sheila McMullin, Michelle Pastorek, Wes Baker, LaTisha Bard, Marina Montemayor, Judy Duhan, Dani Moss	
Welcome and Introductions/Meeting Norms and Member Expectations		
20 Minutes	Bevin Gordon RN, MSN – Director, Health Services	
Discussion	Reviewed the purpose of SHAC, membership structure and the expectations of the members.	
We will respect diverse thinking and values and allow fellow members to express ideas free of interruption.		
Conclusions		
Action Items	Person Responsible	Deadline
Substance Use Interventions		
25 minutes	Franklin Sampson – Director Guidance & Counseling, Veronica Garza – Substance Abuse Intervention Counselor	
Discussion	Veronica gave update regarding latest drug trends. She discussed her role as an intervention counselor, the programs offered to students to assist in their recovery and her role of supporting students once they go from ALC back to their home campus.	
Conclusions		
Action Items	Person Responsible	Deadline
Provide SHAC members with Substance Use Intervention Program PowerPoint presentation.	Bevin Gordon	04/21/22
Mental Health Intervention Team Overview		
25 Minutes	Franklin Sampson – Director Guidance & Counseling, Megan Mccarty & Minet Cortez – Mental Health Intervention Counselors	
Discussion	Franklin introduced the Mental Health Intervention team. Megan discussed the department and their goals of prevention, intervention and safety for students/staff. She discussed their tiered response when working with students/families and staff. The department has four focus areas including suicide risk response, crisis response, threat assessment, and general mental health. Minet Cortez discussed the different resources offered for students/families/staff. She highlighted that May is Mental Health Awareness month and to wear green on May 13 th to show your support. Bethany Scanlon asked If the district had any data regarding suicide prevention rates. Franklin and Marnie Sims stated that we track student deaths, however we do not track the cause of death.	
Conclusions		

Action Items	Person Responsible	Deadline
Provide SHAC members with Mental Health Resources PowerPoint	Bevin Gordon	04/21/22
Wellness Policy Update Recommendation & Vegetarian Menu Items		
25 minutes	Child Nutrition Services Team	
<p>Discussion</p> <p>Lisa Colbert presented a revision to the CFISD guideline regarding Competitive Foods and ensuring CFISD's policy aligns with the Administrator's Reference Manual. Bevin Gordon requested a motion to approve the changes, Teresa Thomas moved to adopt the changes, and Ryan Heath seconded the motion. Bevin Gordon then asked for all in favor, and all agreed. None were opposed.</p> <p>Katie Barckholtz gave a brief overview of special dietary needs and how they accommodate those needs. Bethany Scanlon asked about dietary reasons of conscious. Katie explained that non-dietary preferences are not accommodated unless a medically needed dietary restriction formed signed by a physician is supplied. Many options are available for those with non-medical dietary restrictions. She reviewed the vegan options offered and the challenges to meet the FDA requirements. She reviewed the School Café website and the benefits it provides. Darin Crawford explained how medical exemptions legally permissible and fiscally irresponsible accommodations to offer.</p>		
Conclusions		
Action Items	Person Responsible	Deadline
School lunch requirements presentation at future meeting	Bevin Gordon	