



AUGUST/SEPTEMBER 2021 DYSPHAGIA MENU

2021-2022 Meal Prices:

Elementary, Middle, High School Breakfast: **NO COST**

Elementary, Middle, High School Lunch: **NO COST**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23 Fruit & Yogurt Parfait Applesauce Juice Milk Chicken Enchiladas Seasoned Black Beans Green Beans Canned Peaches <div style="text-align: right;">#1</div>	24 Sausage Biscuit w/ Gravy Applesauce Juice Milk Salisbury Steak Glazed Carrots Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice <div style="text-align: right;">#2</div>	25 French Toast w/ Fruit Compote Applesauce Juice Milk Chicken Nuggets w/ Country Gravy Mashed Potatoes Green Beans Fruit Cobbler <div style="text-align: right;">#3</div>	26 Chicken Biscuit w/ Gravy Applesauce Juice Milk Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears <div style="text-align: right;">#4</div>	27 Blueberry Muffin w/ Fruit Compote Applesauce Juice Milk Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler <div style="text-align: right;">#5</div>
30 Oatmeal w/ Fruit Compote Applesauce Juice Milk Beef & Cheese Nachos Seasoned Black Beans Cauliflower Peach Cobbler <div style="text-align: right;">#6</div>	31 Chicken & Waffles Applesauce Juice Milk Turkey Alfredo Green Beans Glazed Carrots Fruit Cocktail <div style="text-align: right;">#7</div>	1 Cinnamon Roll w/ Sausage Applesauce Juice Milk Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Squash/Zucchini Spiced Applesauce <div style="text-align: right;">#8</div>	2 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail <div style="text-align: right;">#9</div>	3 Pancakes & Sausage Applesauce Juice Milk Green Chili Cheese Burrito w/ Nacho Cheese Mixed Vegetables Green Beans Mandarin Oranges <div style="text-align: right;">#10</div>
6 NO SCHOOL <div style="text-align: right;">#11</div>	7 2 Yogurts Applesauce Juice Milk Salisbury Steak Glazed Carrots Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice <div style="text-align: right;">#12</div>	8 French Toast w/ Fruit Compote Applesauce Juice Milk Chicken Nuggets w/ Country Gravy Mashed Potatoes Green Beans Fruit Cobbler <div style="text-align: right;">#13</div>	9 Chicken Biscuit w/ Gravy Applesauce Juice Milk Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears <div style="text-align: right;">#14</div>	10 Blueberry Muffin w/ Fruit Compote Applesauce Juice Milk Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler <div style="text-align: right;">#15</div>

<p>13 Oatmeal w/ Fruit Compote Applesauce Juice Milk</p> <p>Beef & Cheese Nachos Seasoned Black Beans Cauliflower Peach Cobbler</p> <p>#16</p>	<p>14 Chicken & Waffles Applesauce Juice Milk</p> <p>Pulled Pork BBQ Sweet Potatoes Green Beans Canned Peaches</p> <p>#17</p>	<p>15 Cinnamon Roll w/ Sausage Applesauce Juice Milk</p> <p>Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Squash/Zucchini Spiced Applesauce</p> <p>#18</p>	<p>16 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk</p> <p>Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail</p> <p>#19</p>	<p>17 Pancakes & Sausage Applesauce Juice Milk</p> <p>Green Chili Cheese Burrito w/ Nacho Cheese Mixed Vegetables Green Beans Mandarin Oranges</p> <p>#20</p>
<p>20 Fruit & Yogurt Parfait Applesauce Juice Milk</p> <p>Chicken Enchiladas Seasoned Black Beans Green Beans Canned Peaches</p> <p>#1</p>	<p>21 Sausage Biscuit w/ Gravy Applesauce Juice Milk</p> <p>Salisbury Steak Glazed Carrots Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice</p> <p>#2</p>	<p>22 French Toast w/ Fruit Compote Applesauce Juice Milk</p> <p>Chicken Nuggets w/ Country Gravy Mashed Potatoes Green Beans Fruit Cobbler</p> <p>#3</p>	<p>23 Chicken Biscuit w/ Gravy Applesauce Juice Milk</p> <p>Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears</p> <p>#4</p>	<p>24</p> <p style="text-align: center;">NO SCHOOL</p> <p>#5</p>
<p>27 2 Yogurts Applesauce Juice Milk</p> <p>Beef & Cheese Nachos Seasoned Black Beans Cauliflower Peach Cobbler</p> <p>#6</p>	<p>28 Chicken & Waffles Applesauce Juice Milk</p> <p>Turkey Alfredo Green Beans Glazed Carrots Fruit Cocktail</p> <p>#7</p>	<p>29 Cinnamon Roll w/ Sausage Applesauce Juice Milk</p> <p>Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Squash/Zucchini Spiced Applesauce</p> <p>#8</p>	<p>30 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk</p> <p>Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail</p> <p>#9</p>	

All menu items can be provided as Pureed, Minced & Moist, or Soft & Bite Sized based on Doctor's orders.

All meals come with a choice of 1% white milk or fat free chocolate milk

Standard Dysphagia Breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk

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Menus are subject to change without notice due to price and availability of food