



# HIGH SCHOOL BREAKFAST AND LUNCH MENU

## AUGUST & SEPTEMBER 2021

HIGH SCHOOL BREAKFAST: STUDENTS: NO COST // Adult/Visitor breakfast \$2.50

HIGH SCHOOL LUNCH: STUDENTS: NO COST // Adult/Visitor lunch \$4.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>23</b> Whole Wheat Cinnamon Roll  Mini Corn Dogs Garden Salad Mixed Vegetables Sliced Peaches	<b>24</b> Mini Pancakes  Pork Carnitas Tacos Garden Salad Whole Kernel Corn Fresh Whole Fruit	<b>25</b> Chorizo & Egg Breakfast Taco  Orange Chicken & Lo Mein Garden Salad Stir Fried Vegetables Mandarin Oranges & Pineapple Banana Bread	<b>26</b> Ham & Cheese Croissant  Beef & Cheese Nachos Garden Salad Seasoned Black Beans Mandarin Oranges	<b>27</b> Sausage & Cheese Kolache  Macaroni & Cheese Baby Carrots Garden Salad Pineapple Tidbits
<b>30</b> Whole Wheat Cinnamon Roll  Steak Fingers Baby Carrots Mashed Potatoes & Gravy Frozen Peach Cup Wheat Roll	<b>31</b> French Toast  Beef Soft Tacos Whole Kernel Corn Garden Salad Peaches & Berries	<b>1</b> Sausage & Cheese Biscuit  Spaghetti & Meatsauce Garden Salad Seasoned Green Beans Fresh Pineapple Chunks Garlic Roll	<b>2</b> Sausage & Cheese Croissant  Chicken Supreme Nachos Garden Salad Seasoned Black Beans Mandarin Oranges	<b>3</b> Chicken Biscuit  Cheese Stuffed Breadsticks Garden Salad Roasted Broccoli Mixed Fruit
<b>6</b>  <b>NO SCHOOL</b>	<b>7</b> Mini Pancakes  Pork Carnitas Tacos Garden Salad Whole Kernel Corn Sliced Peaches	<b>8</b> Whole Wheat Cinnamon Roll  Orange Chicken & Lo Mein Garden Salad Stir Fried Vegetables Mandarin Oranges & Pineapple Banana Bread	<b>9</b> French Toast  Beef & Cheese Nachos Garden Salad Seasoned Black Beans Garden Fresh Watermelon	<b>10</b> Sausage & Cheese Kolache  Pulled Pork BBQ Baked Potato Cole Slaw Roasted Broccoli Fruit Cobbler Homestyle Cornbread
<b>13</b> Whole Wheat Cinnamon Roll  Steak Fingers Garden Salad Mashed Potatoes & Gravy Peaches & Berries Wheat Roll	<b>14</b> French Toast  Beef Soft Tacos Garden Salad Whole Kernel Corn Fresh Whole Fruit	<b>15</b> Sausage & Cheese Biscuit  Lasagna Rolls Garden Salad Seasoned Green Beans Fresh Cantaloupe Chunks Garlic Roll	<b>16</b> Sausage & Cheese Croissant  Cheese Enchiladas Garden Salad Seasoned Pinto Beans Mandarin Oranges Cheddar Jalapeno Cornbread	<b>17</b> Chicken Biscuit  Cheese Stuffed Breadsticks Garden Salad Roasted Broccoli Fruit Cobbler
<b>20</b> Whole Wheat Cinnamon Roll  Mini Corn Dogs Garden Salad Mixed Vegetables Sliced Peaches	<b>21</b> Mini Pancakes  Pork Carnitas Tacos Garden Salad Whole Kernel Corn Fresh Whole Fruit	<b>22</b> Chorizo & Egg Breakfast Taco  Orange Chicken & Lo Mein Garden Salad Stir Fried Vegetables Mandarin Oranges & Pineapple Banana Bread	<b>23</b> Ham & Cheese Croissant  Beef & Cheese Nachos Garden Salad Seasoned Black Beans Mandarin Oranges	<b>24</b>  <b>STUDENT HOLIDAY</b> <b>NO SCHOOL</b>
<b>27</b> Whole Wheat Cinnamon Roll  Steak Fingers Baby Carrots Mashed Potatoes & Gravy Frozen Peach Cup Wheat Roll	<b>28</b> French Toast  Beef Soft Tacos Garden Salad Whole Kernel Corn Peaches & Berries	<b>29</b> Sausage & Cheese Biscuit  Spaghetti & Meatsauce Garden Salad Seasoned Green Beans Fresh Pineapple Chunks Garlic Roll	<b>30</b> Sausage & Cheese Croissant  Chicken Supreme Nachos Garden Salad Seasoned Black Beans Mandarin Oranges	

This institution is an equal opportunity provider.

\*Menus are subject to change without notice due to price and availability of food\*

**Complete Breakfast Includes:**

- Choice of 1 entrée
- 1 fruit OR 1 fruit & juice
- 1% white or fat free chocolate milk

**Daily Breakfast Features:**

- Yogurt & Rockin' ola granola
- Whole grain cereal (Not available at some schools)
- Fresh Fruit
- 100% fruit juice
- 1% white or fat free chocolate milk

**A Complete Lunch Includes:**

- Choice of entrée
- 1 whole fruit
- 2 vegetables
- 1% white or fat free chocolate milk

**Weekly Entrée Salads:**

- Tuesday, Wednesday & Thursday**
- Chef's Salad
  - Grilled Chicken Caesar Salad