



JUNE 2022

**BREAKFAST AND LUNCH**

Meals are no cost to children 18 and under  
No school or meals on Fridays

Menu available at Elementary, Middle & High School Open Campuses

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>31</b> <b>Maple Waffle</b> Fresh Apple Slices Orange Juice  <b>Turkey &amp; Cheese Croissant</b> Garden Salad Sweet Potato Fries Frozen Peach Cup	<b>1</b> <b>French Toast</b> Fresh Apple Slices Orange Juice  <b>Beef Hot Dog</b> Garden Salad Whole Kernel Corn Frozen Peach Cup	<b>2</b> <b>Breakfast Bar</b> Apple Juice Fresh Fruit  <b>Cheese Stuffed Breadsticks</b> Fresh Cucumber Slices Garden Salad Frozen Peach Cup	<b>3</b>   <b>NO SCHOOL</b>
<b>6</b> <b>French Toast</b> Fresh Apple Slices Orange Juice  <b>Beef Hot Dog</b> Baby Carrots Hummus Frozen Peach Cup	<b>7</b> <b>Chocolate Chip Waffle</b> Fresh Apple Slices Orange Juice  <b>Steak Fingers</b> Garden Salad Seasoned Green Beans Frozen Peach Cup	<b>8</b> <b>Mini Pancakes</b> Fresh Apple Slices Orange Juice  <b>Hamburger/Cheeseburger</b> Garden Salad Sweet Potato Fries Frozen Peach Cup	<b>9</b> <b>Breakfast Bar</b> Fresh Apple Slices Orange Juice  <b>Cheese Pizza</b> Garden Salad Whole Kernel Corn Frozen Peach Cup	<b>10</b>   <b>NO SCHOOL</b>
<b>13</b> <b>Mini Pancakes</b> Fresh Apple Slices Orange Juice  <b>Mini Pizza Bagels</b> Baby Carrots Hummus Frozen Peach Cup	<b>14</b> <b>Maple Waffle</b> Fresh Apple Slices Orange Juice  <b>Turkey &amp; Cheese Croissant</b> Garden Salad Sweet Potato Fries Frozen Peach Cup	<b>15</b> <b>French Toast</b> Fresh Apple Slices Orange Juice  <b>Beef Hot Dog</b> Garden Salad Whole Kernel Corn Frozen Peach Cup	<b>16</b> <b>Breakfast Bar</b> Apple Juice Fresh Fruit  <b>Cheese Stuffed Breadsticks</b> Fresh Cucumber Slices Garden Salad Frozen Peach Cup	<b>17</b>   <b>NO SCHOOL</b>
<b>20</b> <b>French Toast</b> Fresh Apple Slices Orange Juice  <b>Beef Hot Dog</b> Baby Carrots Hummus Frozen Peach Cup	<b>21</b> <b>Chocolate Chip Waffle</b> Fresh Apple Slices Orange Juice  <b>Steak Fingers</b> Garden Salad Seasoned Green Beans Frozen Peach Cup	<b>22</b> <b>Mini Pancakes</b> Fresh Apple Slices Orange Juice  <b>Hamburger/Cheeseburger</b> Garden Salad Sweet Potato Fries Frozen Peach Cup	<b>23</b> <b>Breakfast Bar</b> Fresh Apple Slices Orange Juice  <b>Cheese Pizza</b> Garden Salad Whole Kernel Corn Frozen Peach Cup	<b>24</b>   <b>NO SCHOOL</b>
<b>27</b> <b>Mini Pancakes</b> Fresh Apple Slices Orange Juice  <b>Mini Pizza Bagels</b> Baby Carrots Hummus Frozen Peach Cup	<b>28</b> <b>Maple Waffle</b> Fresh Apple Slices Orange Juice  <b>Turkey &amp; Cheese Croissant</b> Garden Salad Sweet Potato Fries Frozen Peach Cup	<b>29</b> <b>French Toast</b> Fresh Apple Slices Orange Juice  <b>Beef Hot Dog</b> Garden Salad Whole Kernel Corn Frozen Peach Cup	<b>30</b> <b>Breakfast Bar</b> Apple Juice Fresh Fruit  <b>Cheese Stuffed Breadsticks</b> Fresh Cucumber Slices Garden Salad Frozen Peach Cup	

This institution is an equal opportunity provider.

\*Menus are subject to change without notice due to price and availability of food\*

Menus also available at [Schoolcafe.com](http://Schoolcafe.com)

Nutrient Analysis is available at <https://www.cfsd.net/Page/3593>

**A Complete Breakfast Includes:**

- Choice of 1 entrée
- 2 fruits OR 1 fruit & juice
- 1% white, fat free chocolate milk\* or soymilk
- \*High School will serve 11 oz. milk

**A Complete Lunch Includes:**

- Choice of entrée
- 2 fruits
- 2 vegetables
- 1% white, fat free chocolate milk\* or soymilk
- \*High School will serve 11 oz. milk