



BREAKFAST AND LUNCH MENU JUNE 2022

- Meals are no cost to children 18 and under
- No school or meals on Fridays
- Menu available at Elementary, Middle & High School Open Campuses

BREAKFAST AND LUNCH CALENDAR

May 31

- May 31 Breakfast: Maple Waffle, Fresh Apple Slices Orange Juice

June 1

- June 1 Breakfast: French Toast, Fresh Apple Slices, Orange Juice
- June 1 Lunch: Beef Hot Dog, Garden Salad, Whole Kernel Corn, Frozen Peach Cup

June 2

- June 2 Breakfast: Breakfast Bar, Apple Juice Fresh Fruit
- June 2 Lunch: Cheese Stuffed Breadsticks, Fresh Cucumber Slices, Garden Salad, Frozen Peach Cup

June 6

- June 6 Breakfast: French Toast, Fresh Apple Slices, Orange Juice
- June 6 Lunch: Beef Hot Dog, Baby Carrots, Hummus, Frozen Peach Cup

June 7

- June 7 Breakfast: Chocolate Chip Waffle, Fresh Apple Slices, Orange Juice
- June 7 Lunch: Steak Fingers, Garden Salad, Seasoned Green Beans, Frozen Peach Cup

June 8

- June 8 Breakfast: Mini Pancakes, Fresh Apple Slices, Orange Juice
- June 8 Lunch: Hamburger/Cheeseburger, Garden Salad, Sweet Potato Fries, Frozen Peach Cup

June 9

- June 9 Breakfast: Breakfast Bar, Fresh Apple Slices, Orange Juice
- June 9 Lunch: Cheese Pizza, Garden Salad, Whole Kernel Corn, Frozen Peach Cup

June 13

- June 13 Breakfast: Mini Pancakes, Fresh Apple Slices, Orange Juice
- June 13 Lunch: Mini Pizza Bagels, Baby Carrots, Hummus, Frozen Peach Cup

June 14

- June 14 Breakfast: Maple Waffle, Fresh Apple Slices, Orange Juice
- June 14 Lunch: Turkey & Cheese Croissant, Garden Salad, Sweet Potato Fries, Frozen Peach Cup

June 15

- June 15 Breakfast: French Toast, Fresh Apple Slices, Orange Juice
- June 15 Lunch: Beef Hot Dog, Garden Salad, Whole Kernel Corn, Frozen Peach Cup

June 16

- June 16 Breakfast: Breakfast Bar, Apple Juice, Fresh Fruit
- June 16 Lunch: Cheese Stuffed Breadsticks, Fresh Cucumber Slices, Garden Salad, Frozen Peach Cup

June 20

- June 20 Breakfast: French Toast, Fresh Apple Slices, Orange Juice
- June 20 Lunch: Beef Hot Dog, Baby Carrots, Hummus, Frozen Peach Cup

June 21

- June 21 Breakfast: Chocolate Chip Waffle, Fresh Apple Slices, Orange Juice
- June 21 Lunch: Steak Fingers, Garden Salad, Seasoned Green Beans, Frozen Peach Cup

June 22

- June 22 Breakfast: Mini Pancakes, Fresh Apple Slices, Orange Juice
- June 22 Lunch: Hamburger/Cheeseburger, Garden Salad, Sweet Potato Fries, Frozen Peach Cup

June 23

- June 23 Breakfast: Breakfast Bar, Fresh Apple Slices, Orange Juice
- June 23 Lunch: Cheese Pizza, Garden Salad, Whole Kernel Corn, Frozen Peach Cup

June 27

- June 27 Breakfast: Mini Pancakes, Fresh Apple Slices, Orange Juice
- June 27 Lunch: Mini Pizza Bagels, Baby Carrots, Hummus, Frozen Peach Cup

June 28

- June 28 Breakfast: Maple Waffle, Fresh Apple Slices, Orange Juice
- June 28 Lunch: Turkey & Cheese Croissant, Garden Salad, Sweet Potato Fries, Frozen Peach Cup

June 29

- June 29 Breakfast: French Toast, Fresh Apple Slices, Orange Juice
- June 29 Lunch: Beef Hot Dog, Garden Salad, Whole Kernel Corn, Frozen Peach Cup

June 30

- June 30 Breakfast: Breakfast Bar, Apple Juice, Fresh Fruit
- June 30 Lunch: Cheese Stuffed Breadsticks, Fresh Cucumber Slices, Garden Salad, Frozen Peach Cup

A Complete Breakfast Includes:

- Choice of 1 entrée
- 2 fruits OR 1 fruit & juice
- 1% white, fat free chocolate milk* or soymilk
- *High School will serve 11 oz. milk

A Complete Lunch Includes:

- Choice of entrée
- 2 fruits
- 2 vegetables
- 1% white, fat free chocolate milk* or soymilk, *High School will serve 11 oz. milk

This institution is an equal opportunity provider.

Menus are subject to change without notice due to price and availability of food

Menus also available at Schoolcafe.com

Nutrient Analysis is available at <https://www.cfishd.net/Page/3593>

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: How to File a Complaint, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; fax: (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.

Menus are subject to change without notice due to price and availability of food.