



MIDDLE SCHOOL BREAKFAST AND LUNCH MENU

AUGUST & SEPTEMBER 2021

MIDDLE SCHOOL BREAKFAST: STUDENTS: NO COST // Adult/Visitor breakfast \$2.50

MIDDLE SCHOOL LUNCH: STUDENTS: NO COST // Adult/Visitor lunch \$4.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23 Whole Wheat Cinnamon Roll Mini Corn Dogs Garden Salad Mixed Vegetables Sliced Peaches	24 Mini Pancakes Pork Carnitas Tacos Garden Salad Whole Kernel Corn Fresh Whole Fruit	25 Chorizo & Egg Breakfast Taco Orange Chicken & Lo Mein Garden Salad Stir Fried Vegetables Mandarin Oranges & Pineapple Banana Bread	26 Ham & Cheese Croissant Beef & Cheese Nachos Garden Salad Seasoned Black Beans Mandarin Oranges	27 Sausage & Cheese Kolache Macaroni & Cheese Baby Carrots Garden Salad Pineapple Tidbits
30 Whole Wheat Cinnamon Roll Steak Fingers Baby Carrots Mashed Potatoes & Gravy Frozen Peach Cup Wheat Roll	31 French Toast Beef Soft Tacos Whole Kernel Corn Garden Salad Peaches & Berries	1 Sausage & Cheese Biscuit Spaghetti & Meatsauce Garden Salad Seasoned Green Beans Fresh Pineapple Chunks Garlic Roll	2 Sausage & Cheese Croissant Chicken Supreme Nachos Garden Salad Seasoned Black Beans Mandarin Oranges	3 Chicken Biscuit Cheese Stuffed Breadsticks Garden Salad Roasted Broccoli Mixed Fruit
6 NO SCHOOL	7 Mini Pancakes Pork Carnitas Tacos Garden Salad Whole Kernel Corn Sliced Peaches	8 Whole Wheat Cinnamon Roll Orange Chicken & Lo Mein Garden Salad Stir Fried Vegetables Mandarin Oranges & Pineapple Banana Bread	9 French Toast Beef & Cheese Nachos Garden Salad Seasoned Black Beans Garden Fresh Watermelon	10 Sausage & Cheese Kolache Pulled Pork BBQ Baked Potato Cole Slaw Roasted Broccoli Fruit Cobbler Homestyle Cornbread
13 Whole Wheat Cinnamon Roll Steak Fingers Garden Salad Mashed Potatoes & Gravy Peaches & Berries Wheat Roll	14 French Toast Beef Soft Tacos Garden Salad Whole Kernel Corn Fresh Whole Fruit	15 Sausage & Cheese Biscuit Lasagna Rolls Garden Salad Seasoned Green Beans Fresh Cantaloupe Chunks Garlic Roll	16 Sausage & Cheese Croissant Cheese Enchiladas Garden Salad Seasoned Pinto Beans Mandarin Oranges Cheddar Jalapeno Cornbread	17 Chicken Biscuit Cheese Stuffed Breadsticks Garden Salad Roasted Broccoli Fruit Cobbler
20 Whole Wheat Cinnamon Roll Mini Corn Dogs Garden Salad Mixed Vegetables Sliced Peaches	21 Mini Pancakes Pork Carnitas Tacos Garden Salad Whole Kernel Corn Fresh Whole Fruit	22 Chorizo & Egg Breakfast Taco Orange Chicken & Lo Mein Garden Salad Stir Fried Vegetables Mandarin Oranges & Pineapple Banana Bread	23 Ham & Cheese Croissant Beef & Cheese Nachos Garden Salad Seasoned Black Beans Mandarin Oranges	24 STUDENT HOLIDAY NO SCHOOL
27 Whole Wheat Cinnamon Roll Steak Fingers Baby Carrots Mashed Potatoes & Gravy Frozen Peach Cup Wheat Roll	28 French Toast Beef Soft Tacos Garden Salad Whole Kernel Corn Peaches & Berries	29 Sausage & Cheese Biscuit Spaghetti & Meatsauce Garden Salad Seasoned Green Beans Fresh Pineapple Chunks Garlic Roll	30 Sausage & Cheese Croissant Chicken Supreme Nachos Garden Salad Seasoned Black Beans Mandarin Oranges	

This institution is an equal opportunity provider.

Menus are subject to change without notice due to price and availability of food

Complete Breakfast Includes:

- Choice of 1 entrée
- 2 fruits OR 1 fruit & juice
- 1% white or fat free chocolate milk

Daily Breakfast Features:

- Yogurt & Rockin' ola granola
- Whole grain cereal (Not available at some schools)
- Fresh Fruit
- 100% fruit juice
- 1% white or fat free chocolate milk

A Complete Lunch Includes:

- Choice of entrée
- 2 fruits
- 2 vegetables
- 1% white or fat free chocolate milk

Weekly Entrée Salads:

- Tuesday, Wednesday & Thursday**
- Chef's Salad
 - Grilled Chicken Caesar Salad