

**School Health Advisory Council Meeting Minutes
February 28, 2024**

Members in Attendance

Community Members:

- Carla Purcell
- Bethany Scanlon
- Jennifer Matuska
- Marcela Sabatino
- Carolyn Gonzalez
- Lesly Sigurdson
- Ryan Heath
- Yuliana Martinez
- Jennifer Moya
- Allison Reimers
- Angelica Gilbert-Williams
- Heather Wilson
- Steve Gill
- Lizza Harris
- Carolyn Rospierski
- Elizabeth Bosquez, M.D.
- Loretta Bourn
- Sheri McCaig

Guests:

- Natalie Blasingame
- Jose Martinez
- Bruno Gonzalez

District Committee Members:

- Angela Baird
- Deborah Bartholomew
- Sierra Bell
- Susan Brenz
- Christina Cole
- Darin Crawford
- Emmy Durand
- Sarah Hoglund
- Scott Hudson
- Virginia Flores
- Melinda Hood

- Suzy Hunter
- Elaine Waier
- Celia Weaver
- Michele Sprainis
- Michelle Voelkel

Facilitator:

- Christina Cole, Chief Officer for School

Call to Order

Christina Cole called the meeting to order at 9:06 a.m.

Membership Updates

Introductions given by Allison Reimers:

Steve Gill – Jersey Village H.S.

Caroline Gonzalez – Owens Elementary

Heather Wilson – Carpenter Center

Review and Approval of Minutes

Melinda Hood led the review of the meeting minutes. Everyone was reminded that meeting agendas, minutes and recordings can be found on the SHAC website. No amendments were made to the minutes from 10/31/23 meeting.

- Motion to approve: Elaine Waier
- Second: Jennifer Moya
- All were in favor to approve

Bylaws Subcommittee Report

Jennifer Moya introduced the make-up of the subcommittee which includes parents, employees, and community members.

SHAC members were provided 2 resources the subcommittee used when reviewing the bylaws:

- Current bylaws
- SHAC: A Guide for Texas School Districts – Written by Texas Department of State Health Services

Carolyn Rospierski reviewed the changes made through TX legislature and the need to update the bylaws to reflect the new requirements.

Reviewed the importance of moving from informal to formal committee processes.

- Highlighted attendance and the similarities and differences between current and past requirements.
- Emphasized parents and community members are the only voting members. CFISD employees cannot vote on topics brought through SHAC.
- Reviewed how the bylaws will be organized.
- Overview of the new bylaws draft was provided.
- The group was provided 10 minutes to review the draft on their own.

Carolyn called for a motion to approve the draft.

- Motion to approve: Jennifer Matuska
- Second: Steve Gill
- 14 voted to approve – Motion passes.

Wellness Subcommittee Report

Emmy Durand gave the review. Advised since the Superintendent Fun Run was cancelled, the subcommittee would need to have another meeting to determine next steps. The previously identified goals will need to be adjusted. More information will be provided during April meeting.

Health Services Update

Melinda Hood provided updates. Reviewed the See to Succeed Program. The 2024 event was held at the Berry Center Feb. 5-9.

- 1050 exams were performed
- 1002 students will be receiving glasses

Blood Drives throughout the community continue. Donors include staff and community members from elementary/middle schools/high schools. Students 16 years and older from high schools are eligible to donate.

Physical Education Subcommittee Update

Elaine Waire provided a brief overview of the subcommittee, explaining they consider issues related to physical activities outside of scheduled physical activity minutes built into the school day. During their last meeting, the subcommittee discussed a running

club. They will continue to investigate how this could be implemented. Invited anyone interested in participating in the subcommittee to meet directly after the SHAC meeting.

Closing Remarks

Sheri McCaig reviewed the topics and votes covered at the meeting.

Adjournment

Meeting adjourned at 9:43

- Motion to adjourn: Alison Riemers
- Second: Leslie Sigurdson
- All in attendance voted in favor.