



ELEMENTARY BREAKFAST AND LUNCH ENTREE MENU NOVEMBER 2023

ELEMENTARY BREAKFAST: PAID STUDENTS: \$1.25 // Adult/Visitor breakfast \$3.00

ELEMENTARY LUNCH: PAID STUDENTS: \$2.50 // Adult/Visitor lunch \$5.00

REDUCED STUDENT BREAKFAST: FREE // REDUCED STUDENT LUNCH: \$0.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chocolate Chip Waffle Cheese Pizza Pepperoni Pizza Yogurt Box November Salad: Greek	2 Turkey Ham & Cheese Croissant Cheese Enchiladas All Beef Hot Dog Sandwich Box November Salad: Greek	3 Maple Waffle Corn Dog on a Stick Sweet-n-Sour Chicken Yogurt Box
6 NO SCHOOL	7 NO SCHOOL	8 Mini Pancakes Cheese Pizza Pepperoni Pizza Yogurt Box November Salad: Greek	9 Sausage & Cheese Croissant Spaghetti & Meatballs Beef Hot Dog Sandwich Box November Salad: Greek	10 Cinnamon Roll Chicken Chunks Spicy Chicken Chunks Steak Fingers Yogurt Box
13 French Toast Sticks Nachos w/ Baked Tostitos Ground Beef (Optional)	14 Pumpkin Muffin Chicken Tenders Hamburger or Cheeseburger Sandwich Box November Salad: Greek	15 Chocolate Chip Waffle Cheese Pizza Pepperoni Pizza Yogurt Box November Salad: Greek	16 Turkey Ham & Cheese Croissant Turkey & Dressing All Beef Hot Dog Sandwich Box November Salad: Greek	17 Cinnamon Roll Cheese Stuffed Breadsticks Corn Dog on a Stick Yogurt Box
18 NO SCHOOL	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL
27 French Toast Sticks Corn Dog on a Stick Spicy Chicken Tenders	28 Chocolate Chip Waffle Cheese Stuffed Breadsticks Hamburger or Cheeseburger Sandwich Box November Salad: Greek	29 Pumpkin Muffin Cheese Pizza Pepperoni Pizza Yogurt Box November Salad: Greek	30 Turkey Ham & Cheese Croissant Cheese Enchiladas Hot Dog	

VIEW DAILY FRUIT, VEGGIES, AND MORE AT [SCHOOLCAFE.COM/CFISD](https://www.schoolcafe.com/cfisd)

Daily Breakfast Features:

- Yogurt & granola
- Oatmeal Bar
- Whole grain cereal
- 100% fruit juice
- 1% white or fat free chocolate milk

A Complete Breakfast Includes:

- Choice of 1 entrée
- 2 fruits OR 1 fruit & juice
- 1% white or fat free chocolate milk

A Complete Lunch Includes:

- Choice of entrée
- 2 fruits
- 2 vegetables
- 1% white or fat free chocolate milk

Lunch Entrée Salad:

Tuesday, Wednesday & Thursday
Greek Salad

All breads, breadings, cereals, rice, and pasta are 51% or more whole grains, except biscuits & tortillas.

This institution is an equal opportunity provider.

Menus are subject to change without notice due to price and availability of food

Menus also available at [Schoolcafe.com](https://www.schoolcafe.com)

Nutrient Analysis is available at <https://www.cfisd.net/Page/3593>