

## DYSPHAGIA MENU

January 2024

### 2023-2024 MEAL PRICES:

- PAID ELEMENTARY BREAKFAST: \$1.00 // PAID ELEMENTARY LUNCH: \$2.25
- PAID SECONDARY BREAKFAST: \$1.25 // Paid Secondary Lunch \$2.50
- REDUCED STUDENT BREAKFAST: FREE // REDUCED STUDENT LUNCH: \$0.40

### BREAKFAST AND LUNCH CALENDAR

JAN. 1

- NO SCHOOL

JAN. 2

- NO SCHOOL

JAN. 3

- NO SCHOOL

JAN. 4

- NO SCHOOL

JAN. 5

- NO SCHOOL

JAN. 8

- Breakfast: Yogurt and Applesauce
- Lunch: Cheese Enchilada

JAN. 9

- Breakfast: Chicken and Waffle
- Lunch: Salisbury Steak

JAN. 10

- Breakfast: Cinnamon Roll w/ Sausage
- Lunch: Chicken Nuggets and Gravy

JAN. 11

- Breakfast: Cream of Wheat w/ Fruit Compote
- Lunch: Spaghetti

JAN. 12

- Breakfast: Pancake and Sausage
- Lunch: Macaroni and Cheese

JAN. 15

- NO SCHOOL

JAN. 16

- Breakfast: Yogurt and Applesauce
- Lunch: Turkey Alfredo

JAN. 17

- Breakfast: French Toast w/ Fruit Compote
- Lunch: Mashed Potato Bowl

JAN. 18

- Breakfast: Chicken Biscuit w/ Gravy
- Lunch: Chili

JAN. 19

- Breakfast: Blueberry Muffin w/ Fruit Compote
- Lunch: Macaroni and Cheese

JAN. 22

- Breakfast: Oatmeal
- Lunch: Cheese Enchilada

JAN. 23

- Breakfast: Chicken and Waffle
- Lunch: Salisbury Steak

JAN. 24

- Breakfast: Cinnamon Roll w/ Sausage
- Lunch: Chicken Nugget Nuggets and Gravy

JAN. 25

- Breakfast: Cream of Wheat w/ Fruit Compote
- Lunch: Spaghetti

JAN. 26

- Breakfast: Pancake and Sausage
- Lunch: Macaroni and Cheese

JAN. 29

- Breakfast: Fruit and Yogurt Parfait
- Lunch: Beef and Cheese Nachos

JAN. 30

- Breakfast: Sausage Biscuit w/ Gravy
- Lunch Turkey Alfredo

JAN. 31

- Breakfast: French Toast w/ Fruit Compote
- Lunch: Mashed Potato Bowl

FEB. 1

- Breakfast: Chicken Biscuit w/ Gravy
- Lunch: Chili

FEB. 2

- Breakfast: Blueberry Muffin w/ Fruit Compote
- Lunch: Green Chili Burrito

This institution is an equal opportunity provider.

Menus are subject to change without notice due to price and availability of food.

Menus also available at [Schoolcafe.com](http://Schoolcafe.com)

Nutrient Analysis Information can be found at <https://www.cfisd.net/Page/3593>

### **Additional Dysphagia Information:**

- All menu items can be provided as Pureed, Minced and Moist or Soft and Bite Size.
- All meals come with a choice of 1% white milk or fat free chocolate milk.
- Standard dysphagia breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk.