



## ELEMENTARY BREAKFAST AND LUNCH ENTREE MENU JANUARY 2023

ELEMENTARY BREAKFAST: PAID STUDENTS: \$1.25 // Adult/Visitor breakfast \$3.00

ELEMENTARY LUNCH: PAID STUDENTS: \$2.50 // Adult/Visitor lunch \$5.00

REDUCED STUDENT BREAKFAST: FREE // REDUCED STUDENT LUNCH: \$0.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1  <b>NO SCHOOL</b>	2  <b>NO SCHOOL</b>	3  <b>NO SCHOOL</b>	4  <b>NO SCHOOL</b>	5  <b>NO SCHOOL</b>
8 Mini Pancakes  Beef Soft Tacos Yogurt Box	9 Chocolate Chip Waffle  Chicken Sandwich Cheeseburger or Hamburger Sandwich Box January Salad: BBQ Chicken	10 Cranberry Orange Muffin  Cheese Pizza Pepperoni Pizza Yogurt Box January Salad: BBQ Chicken	11 Turkey Ham & Cheese Croissant  Hot Dog Macaroni & Cheese Sandwich Box January Salad: BBQ Chicken	12 Cinnamon Roll  Regular Chicken Chunks Spicy Chicken Chunks Corn Dog Yogurt Box
15  <b>NO SCHOOL</b>	16 Sausage & Cheese Biscuit  Cheeseburger Hamburger Sandwich Box January Salad: BBQ Chicken	17 Mini Pancakes  Cheese Pizza Pepperoni Pizza Yogurt Box January Salad: BBQ Chicken	18 French Toast Sticks  Chicken Sandwich Corn Dog Sandwich Box January Salad: BBQ Chicken	19 Cinnamon Roll  Hot Dog Steak Fingers Yogurt Box
22 French Toast Sticks  Chicken Tenders Yogurt Box	23 Chocolate Chip Waffle  Cheeseburger or Hamburger Cheese Stuffed Breadsticks Sandwich Box January Salad: BBQ Chicken	24 Cranberry Orange Muffin  Cheese Pizza Pepperoni Pizza Yogurt Box January Salad: BBQ Chicken	25 Turkey Ham & Cheese Croissant  Cheese Enchiladas Hot Dog January Salad: BBQ Chicken	26 Cinnamon Roll  Sweet n Sour Chicken Corn Dog Yogurt Box
29 Mini Pancakes  Plain Nachos Beef Nachos Yogurt Box	30 Sausage & Cheese Biscuit  Chicken Tenders Cheeseburger or Hamburger Sandwich Box January Salad: BBQ Chicken	31 Breakfast Pizza  Cheese Pizza Pepperoni Pizza Yogurt Box January Salad: BBQ Chicken		

VIEW DAILY FRUIT, VEGGIES, AND MORE AT [SCHOOLCAFE.COM/CFISD](http://SCHOOLCAFE.COM/CFISD)

**Daily Breakfast Features:**

- Yogurt & granola
- Oatmeal Bar
- Whole grain cereal
- 100% fruit juice
- 1% white or fat free chocolate milk

**A Complete Breakfast Includes:**

- Choice of 1 entrée
- 2 fruits OR 1 fruit & juice
- 1% white or fat-free chocolate milk

**A Complete Lunch Includes:**

- Choice of entrée
- 2 fruits
- 2 vegetables
- 1% white or fat free chocolate milk

**Lunch Entrée Salad:**

**Tuesday, Wednesday & Thursday**  
Greek Salad

All breads, breading, cereals, rice, and pasta are 51% or more whole grains, except biscuits & tortillas.

This institution is an equal opportunity provider.

\*Menus are subject to change without notice due to price and availability of food\*

Menus also available at [Schoolcafe.com](http://Schoolcafe.com)

Nutrient Analysis is available at <https://www.cfisd.net/Page/3593>