

ELEMENTARY SCHOOL BREAKFAST AND LUNCH MENU
January 2024

2023-2024 ELEMENTARY MEAL PRICES:

- ELEMENTARY BREAKFAST: PAID STUDENTS: \$1.00 // Adult/Visitor breakfast \$3.00
- ELEMENTARY LUNCH: PAID STUDENTS: \$2.25 // Adult/Visitor lunch \$5.00
- REDUCED STUDENT BREAKFAST: FREE // REDUCED STUDENT LUNCH: \$0.40

BREAKFAST AND LUNCH CALENDAR

JAN. 1

- NO SCHOOL

JAN. 2

- NO SCHOOL

JAN. 3

- NO SCHOOL

JAN. 4

- NO SCHOOL

JAN. 5

- NO SCHOOL

JAN. 8

- Breakfast: Mini Pancakes
- Lunch: Beef Soft Tacos or Yogurt Box

JAN. 9

- Breakfast: Chocolate Chip Waffle
- Lunch: Sandwich Box, Breaded Chicken Sandwich, Hamburger, or Cheeseburger

JAN. 10

- Breakfast: Pumpkin Muffin
- Lunch: Sandwich Box, BBQ Chicken Salad, Cheese Pizza or Pepperoni Pizza

JAN. 11

- Breakfast: Turkey, Ham & Cheese Croissant
- Lunch: Sandwich Box, BBQ Chicken Salad, Hotdog or Macaroni & Cheese

JAN. 12

- Breakfast: Cinnamon Roll
- Lunch: Yogurt Box, Corndog, Chicken Chunks or Spicy Chicken Chunks

JAN. 15

- NO SCHOOL

JAN. 16

- Breakfast: Sausage & Cheese Biscuit
- Lunch: Sandwich Box, Hamburger or Cheeseburger

JAN. 17

- Breakfast: Mini Pancake
- Lunch: Yogurt Box, BBQ Chicken Salad, Hamburger or Cheeseburger

JAN. 18

- Breakfast: French Toast Sticks
- Lunch: Sandwich Box, BBQ Chicken Salad, Breaded Chicken Salad or Corndog

JAN. 19

- Breakfast: Cinnamon Roll

- Lunch: Yogurt Box, Hotdog or Steak Fingers
- JAN. 22
- Breakfast: French Toast Sticks
 - Lunch: Yogurt Box, Spicy Chicken Tenders r Homestyle Chicken Tenders
- JAN. 23
- Breakfast: Chocolate Chip Waffle
 - Lunch: Sandwich Box, BBQ Chicken Sandwich, Cheese Stuffed Breadstick, Cheeseburger or Hamburger
- JAN. 24
- Breakfast: Pumpkin Muffin
 - Lunch: Yogurt Box, BBQ Chicken Salad, Cheese Pizza or Pepperoni Pizza
- JAN. 25
- Breakfast: Turkey, Ham & Cheese Croissant
 - Lunch: Sandwich Box, BBQ Chicken Salad, Cheese Enchilada or Hotdog
- JAN. 26
- Breakfast: Cinnamon Roll
 - Lunch: Yogurt Box, Corndog, or Sweet & Sour Chicken
- JAN. 29
- Breakfast: Mini Pancake
 - Lunch: Yogurt Box or Nachos (Beef is optional)
- JAN. 30
- Breakfast: Chicken Biscuit
 - Lunch: Sandwich Box, BBQ Chicken Salad, Homestyle Chicken Tenders, Hamburger or Cheeseburger
- JAN. 31
- Breakfast: Sausage & Cheese Biscuit
 - Lunch: Yogurt Box, BBQ Chicken Salad, Cheese pizza or Pepperoni pizza
- FEB. 1
- Breakfast: Turkey, Ham & Cheese Croissant
 - Lunch: Sandwich Box, House Entrée Salad, Spaghetti & Meatballs or Hotdog
- FEB. 2
- Breakfast: Cinnamon Roll
 - Lunch: Yogurt Box, Steak Fingers, Spicy Chicken Chunks or Chicken Chunks

This institution is an equal opportunity provider.

Menus are subject to change without notice due to price and availability of food.

Menus also available at Schoolcafe.com

Nutrient Analysis Information can be found at <https://www.cfisd.net/Page/3593>

BREAKFAST INFORMATION

Complete breakfast includes choice of one entrée; two fruits or one fruit and juice; 1% white or fat-free chocolate milk.

Daily breakfast features: Yogurt and Rockin' ola Granola; Whole Grain Cereal (not available at some schools); Oatmeal Bar; 100% fruit juice and 1% white or fatfree chocolate milk.

LUNCH INFORMATION

Complete Lunch Includes: choice of entrée; two fruits; two vegetables and 1% white or fat-free chocolate milk.

Weekly Lunch Entrées:

- Monday & Friday: Yogurt, Granola and String Cheese.
- Tuesday & Thursday: Sunbutter, String Cheese and Goldfish.
- Wednesday: Cheese or Pepperoni Pizza

Weekly Entrée Salads

- Tuesday, Wednesday and Thursday: BBQ Chicken Salad