

HIGH SCHOOL BREAKFAST AND LUNCH MENU

March 2024

2023-2024 HIGH SCHOOL MEAL PRICES:

- HIGH SCHOOL BREAKFAST: PAID STUDENTS: \$1.25 // Adult/Visitor breakfast \$3.00
- HIGH SCHOOL LUNCH: PAID STUDENTS: \$2.50 // Adult/Visitor lunch \$5.00
- REDUCED STUDENT BREAKFAST: FREE // REDUCED STUDENT LUNCH: \$0.40

BREAKFAST AND LUNCH CALENDAR

MAR. 1

- Breakfast: Cinnamon Roll
- Lunch: Chili & Cheese Baked Potato, Breaded Chicken Sandwich

MAR. 4

- Breakfast: French Toast Sticks
- Lunch: Breaded Bone-In Chicken, Steak Fingers

MAR. 5

- Breakfast: Sausage and Cheese Biscuit
- Lunch: Chicken Verde Burrito Bowl, Beef Burrito Bowl, Buffalo Chicken Salad

MAR. 6

- Breakfast: Confetti Muffins
- Lunch: Crispy Chicken Tender Tacos, Buffalo Chicken Salad

MAR. 7

- Breakfast: Turkey Ham and Cheese Croissant
- Lunch: Breakfast Bowl, Spicy Chicken Sandwich, Buffalo Chicken Salad

MAR. 8

- Breakfast: Cinnamon Roll
- Lunch: Corn Dog, Cheese Stuffed Breadsticks, Yogurt Box

MAR. 11

- NO SCHOOL

MAR. 12

- NO SCHOOL

MAR. 13

- NO SCHOOL

MAR. 14

- NO SCHOOL

MAR. 15

- NO SCHOOL

MAR. 18

- Breakfast: French Toast Sticks
- Lunch: Corndog or Spicy Chicken Sandwich

MAR. 19

- Breakfast: Chocolate Chip Waffle
- Lunch: Bone-In Chicken, Steak Fingers, Buffalo Chicken Salad

MAR. 20

- Breakfast: Confetti Muffin
- Lunch: Rotini & Meat Sauce or Spicy Chicken Sandwich, Buffalo Chicken Sandwich

MAR. 21

- Breakfast: Turkey, Ham & Cheese Croissant
- Lunch: Plain Nachos, Beef Nachos, Buffalo Chicken Salad

MAR. 22

- Breakfast: Cinnamon Roll
- Lunch: Chicken Chunks, Spicy Chicken Chunks, Corn Dog

MAR. 25

- Breakfast: Mini Pancake
- Lunch: Bacon Cheeseburger, Spicy Chicken Sandwich

MAR. 26

- Breakfast: Sausage & Cheese Biscuit
- Lunch: Chicken Verde Burrito Bowl, Beef Burrito Bowl, Buffalo Chicken Salad

MAR. 27

- Breakfast: Breakfast Pizza
- Lunch: Chicken & Vegetable Pot Stickers, Spicy Chicken Sandwich, Buffalo Chicken Sandwich

MAR. 28

- Breakfast: Turkey, Ham & Cheese Croissant
- Lunch: Plain Nachos, Beef Nachos, Buffalo Chicken Salad

This institution is an equal opportunity provider.

Menus are subject to change without notice due to price and availability of food.

Menus also available at Schoolcafe.com

Nutrient Analysis Information can be found at <https://www.cfisd.net/Page/3593>

BREAKFAST INFORMATION

Complete breakfast includes choice of one entrée; two fruits or one fruit and juice; 1% white or fat-free chocolate milk.

Daily breakfast features: Yogurt and Rockin' ola Granola; Whole Grain Cereal (not available at some schools); Oatmeal Bar; 100% fruit juice and 1% white or fat-free chocolate milk.

LUNCH INFORMATION

Complete Lunch Includes: choice of entrée; two fruits; two vegetables and 1% white or fat-free chocolate milk.

Weekly Lunch Entrées:

- Monday - Friday: Cheese or Pepperoni Pizza

Monthly Entrée Salads

- Tuesday, Wednesday and Thursday: Buffalo Chicken Salad