



## MIDDLE SCHOOL BREAKFAST AND LUNCH ENTREE MENU APRIL 2024

MIDDLE SCHOOL BREAKFAST: PAID STUDENTS: \$1.25 // Adult/Visitor breakfast \$3.00  
MIDDLE SCHOOL LUNCH: PAID STUDENTS: \$2.50 // Adult/Visitor lunch \$5.00  
REDUCED STUDENT BREAKFAST: FREE // REDUCED STUDENT LUNCH: \$0.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> French Toast Sticks  Breaded Bone-In Chicken Steak Fingers April Salad: Taco Salad	<b>2</b> Sausage & Cheese Biscuit  Chicken Verde Burrito Bowl Beef Burrito Bowl April Salad: Taco Salad	<b>3</b> Strawberry Banana Muffin  Crispy Chicken Tender Tacos April Salad: Taco Salad	<b>4</b> Sausage & Cheese Croissant  Breakfast for Lunch April Salad: Taco Salad	<b>5</b> Cinnamon Roll  Chili & Cheese Dog Spicy Chicken Tenders
<b>8</b> Chocolate Chip Waffle  Breaded Bone-In Chicken Steak Fingers	<b>9</b> Sausage & Cheese Biscuit  Beef Nachos Plain Nachos April Salad: Taco Salad	<b>10</b> Breakfast Tacos  Chicken & Veggie Pot Stickers Spicy Chicken Sandwich April Salad: Taco Salad	<b>11</b> Turkey Ham & Cheese Croissant  Chicken Chunks Spicy Chicken Chunks Macaroni & Cheese April Salad: Taco Salad	<b>12</b> Cinnamon Roll  Meatball Sub
<b>15</b>  <b>NO SCHOOL</b>	<b>16</b> Chocolate Chip Waffle  Breaded Bone-In Chicken Steak Fingers April Salad: Taco Salad	<b>17</b> Strawberry Banana Muffin  Rotini & Meat sauce Spicy Chicken Sandwich April Salad: Taco Salad	<b>18</b> Turkey Ham & Cheese Croissant  Beef Nachos Plain Nachos April Salad: Taco Salad	<b>19</b> Cinnamon Roll  Chicken Chunks Spicy Chicken Chunks Macaroni & Cheese April Salad: Taco Salad
<b>22</b> Mini Pancakes  Bacon Cheeseburger Spicy Chicken Tenders	<b>23</b> Sausage & Cheese Biscuit  Chicken Verde Burrito Bowl Beef Burrito Bowl April Salad: Taco Salad	<b>24</b> Breakfast Pizza  Sweet and Sour Chicken Spicy Chicken Sandwich April Salad: Taco Salad	<b>25</b> Turkey Ham & Cheese Croissant  Beef Nachos Plain Nachos April Salad: Taco Salad	<b>26</b> Cinnamon Roll  Breaded Chicken Sandwich Chicken Alfredo
<b>29</b> French Toast Sticks  Breaded Bone-In Chicken Steak Fingers April Salad: Taco Salad	<b>30</b> Sausage & Cheese Biscuit  Beef Nachos Plain Nachos April Salad: Taco Salad			

VIEW DAILY FRUIT, VEGGIES, AND MORE AT [SCHOOLCAFE.COM/CFISD](https://www.schoolcafe.com/cfisd)

**Daily Breakfast Features:**

- Yogurt & granola
- Oatmeal Bar
- Whole grain cereal
- 100% fruit juice
- 1% white or fat free chocolate milk

**A Complete Breakfast Includes:**

- Choice of 1 entrée
- 2 fruits OR 1 fruit & juice
- 1% white or fat-free chocolate milk

**A Complete Lunch Includes:**

- Choice of entrée
- 2 fruits
- 2 vegetables
- 1% white or fat free chocolate milk

**Lunch Entrée Salad:**

**Tuesday, Wednesday & Thursday**  
Taco Salad

All breads, breading, cereals, rice, and pasta are 51% or more whole grains, except biscuits & tortillas.

This institution is an equal opportunity provider.

\*Menus are subject to change without notice due to price and availability of food\*

Menus also available at [Schoolcafe.com](https://www.schoolcafe.com)

Nutrient Analysis is available at <https://www.cfisd.net/Page/3593>