| MIDDLE SCHOOL BREAKFAST AND LUNCH ENTREE MENU JANUARY 2023 <br> MIDDLE SCHOOL BREAKFAST: PAID STUDENTS: \$1.25 // Adult/Visitor breakfast \$3.00 MIDDLE SCHOOL LUNCH: PAID STUDENTS: \$2.50 // Adult/Visitor lunch \$5.00 REDUCED STUDENT BREAKFAST: FREE // REDUCED STUDENT LUNCH: \$0.40 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| $1$ <br> NO SCHOOL | $2$ <br> NO SCHOOL | $3$ <br> NO SCHOOL | 4 <br> NO SCHOOL | 5 <br> NO SCHOOL |
| 8 <br> French Toast Sticks <br> Breaded Chicken Sandwich <br> Steak Fingers | 9 <br> Chocolate Chip Waffle <br> Chicken Burrito Bowl Beef Burrito Bowl January Salad: BBQ Chicken | 10 <br> Cranberry Orange Muffin <br> Crispy Chicken Tender Tacos January Salad: BBQ Chicken | 11 <br> Turkey Ham \& Cheese Croissant <br> Chicken Tenders <br> Macaroni \& Cheese <br> January Salad: BBQ Chicken | $12$ <br> Cinnamon Roll <br> Spicy Chicken Tenders Chili \& Cheese Dog |
| $\begin{aligned} & 15 \\ & \\ & \\ & \text { NO SCHOOL } \end{aligned}$ | 16 <br> Sausage \& Cheese Biscuit <br> Chicken Burrito Bowl <br> Beef Burrito Bowl January Salad: BBQ Chicken | 17 <br> Chocolate Chip Waffle <br> Sweet n Sour Chicken <br> Spicy Chicken Tenders <br> January Salad: BBQ Chicken | 18 <br> Breakfast Tacos <br> Chicken Tenders <br> Corn Dog <br> January Salad: BBQ Chicken | 19 <br> Cinnamon Roll <br> Meatball Sub <br> Spicy Chicken Tenders |
| 22 <br> French Toast Sticks <br> Corn Dog <br> Spicy Chicken Sandwich | 23 <br> Chocolate Chip Waffle <br> Chicken Verde Burrito Bowl Beef Burrito Bowl January Salad: BBQ Chicken | 24 <br> Cranberry Orange Muffin <br> Spaghetti \& Meatballs Spicy Chicken Sandwich January Salad: BBQ Chicken | 25 <br> Turkey Ham \& Cheese <br> Croissant <br> Plain Nachos <br> Beef Nachos <br> January Salad: BBQ Chicken | 26 <br> Cinnamon Roll <br> Cheese Enchiladas <br> Spicy Chicken Tenders |
| 29 <br> Mini Pancakes <br> Corn Dog <br> Spicy Chicken Sandwich | 30 <br> Sausage \& Cheese Biscuit <br> Chicken Verde Burrito Bowl Beef Burrito Bowl January Salad: BBQ Chicken | 31 <br> Breakfast Pizza <br> Chicken \& Veggie Pot Stickers <br> Sweet $n$ Sour Chicken <br> January Salad: BBQ Chicken |  |  |

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Daily Breakfast Features:<br>Yogurt \& granola Oatmeal Bar<br>Whole grain cereal 100\% fruit juice<br>$1 \%$ white or fat free chocolate milk

Lunch Entrée Salad: Tuesday, Wednesday \& Thursday Greek Salad

All breads, breading, cereals, rice, and pasta are $51 \%$ or more whole grains, except biscuits \& tortillas.

