

Daily Breakfast Features:

Yogurt & granola Oatmeal Bar

Whole grain cereal

100% fruit juice

1% white or fat free chocolate milk

MIDDLE SCHOOL BREAKFAST AND LUNCH ENTREE MENU MARCH 2024

MIDDLE SCHOOL BREAKFAST: PAID STUDENTS: \$1.25 // Adult/Visitor breakfast \$3.00 MIDDLE SCHOOL LUNCH: PAID STUDENTS: \$2.50 // Adult/Visitor lunch \$5.00 REDUCED STUDENT BREAKFAST: FREE // REDUCED STUDENT LUNCH: \$0.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cinnamon Roll Chili & Cheese Baked Potato Breaded Chicken Sandwich
4	5	6	7	8
French Toast Sticks	Sausage & Cheese Biscuit	🥕 Confetti Muffins	Turkey Ham & Cheese Croissant	Cinnamon Roll
Breaded Bone-In Chicken Steak Fingers	Chicken Verde Burrito Bowl Beef Burrito Bowl March Salad: Buffalo Chicken	Crispy Chicken Tender Tacos March Salad: Buffalo Chicken	Breakfast Bowl Spicy Chicken Sandwich March Salad: Buffalo Chicken	Spicy Chicken Sandwich Chili Cheese Dog
11	12	13	14	15
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
18	19	20	21	22
French Toast Sticks	Chocolate Chip Waffle	Confetti Muffins	Turkey Ham & Cheese Croissant	Cinnamon Roll
Corn Dog Spicy Chicken Sandwich	Breaded Bone-In Chicken Steak Fingers March Salad: Buffalo Chicken	Rotini & Meat sauce Spicy Chicken Salad March Salad: Buffalo Chicken	Beef Nachos Plain Nachos March Salad: Buffalo Chicken	Chicken Chunks Spicy Chicken Chunks Corn Dog
25	26	27	28	
Mini Pancakes Bacon Cheeseburger Spicy Chicken Sandwich	Sausage & Cheese Biscuit Chicken Verde Burrito Bowl Beef Burrito Bowl March Salad: Buffalo Chicken	Breakfast Pizza Chicken & Veggie Pot Stickers Spicy Chicken Sandwich March Salad: Buffalo Chicken	Turkey Ham & Cheese Croissant Plain Nachos Beef Nachos March Salad: Buffalo Chicken	

VIEW DAILY FRUIT, VEGGIES, AND MORE AT SCHOOLCAFE.COM/CFISD

A Complete Breakfast Includes:

Choice of 1 entrée 2 fruits OR 1 fruit & juice 1% white or fat-free chocolate milk

A Complete Lunch Includes:

Choice of entrée 2 fruits 2 vegetables 1% white or fat free chocolate milk **Lunch Entrée Salad:**

Tuesday, Wednesday & Thursday

Buffalo Chicken Salad

All breads, breading, cereals, rice, and pasta are 51% or more whole grains, except biscuits & tortillas.

This institution is an equal opportunity provider.

Menus are subject to change without notice due to price and availability of food

Menus also available at Schoolcafe.com

Nutrient Analysis is available at https://www.cfisd.net/Page/3593