



## FEBRUARY 2020 BREAKFAST AND LUNCH MENU

**ELEMENTARY BREAKFAST:** Paid student meal \$1 // reduced student meal \$0.20 // adult/visitor breakfast \$2

**ELEMENTARY LUNCH:** Paid student meal \$2.25 // reduced student lunch \$0.40 // adult/visitor lunch \$3.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <b>Mini Pancakes</b>  <b>Breaded Chicken Sandwich</b> <b>Cheese Enchiladas</b> Baby Carrots Seasoned Pinto Beans Mandarin Oranges Choice of Milk	<b>4</b> <b>French Toast</b>  <b>Grilled Cheese Croissant</b> <b>Hamburger or Cheeseburger</b> Garden Salad Whole Kernel Corn Fresh Apple Slices Choice of Milk	<b>5</b> <b>Spiced Apple Muffin</b>  <b>Cheese or Pepperoni Pizza</b> <b>Turkey Hot Dog</b> Garden Salad Seasoned Green Beans Fresh Mixed Fruit Choice of Milk	<b>6</b> <b>Ham &amp; Cheese Croissant</b>  <b>Chicken Teriyaki &amp; Stir Fried Rice</b> <b>Hamburger or Cheeseburger</b> Garden Salad Mixed Vegetables Fresh Grapes Veggie Egg Roll Choice of Milk	<b>7</b> <b>Chicken Biscuit</b>  <b>Steak Fingers</b> <b>Mini Corn Dogs</b> <b>Garden Fresh</b> Roasted Root Veggies Mashed Potatoes & Gravy Fresh Pineapple Chunks Wheat Roll Choice of Milk
<b>10</b> <b>Whole Wheat Cinnamon Roll</b>  <b>Nachos w/ Baked Tostitos</b> <b>Breaded Chicken Sandwich</b> Baby Carrots Seasoned Black Beans Sliced Peaches Choice of Milk	<b>11</b> <b>Mini Pancakes</b>  <b>Chicken Tenders</b> <b>Fish Sticks</b> Garden Salad Whole Kernel Corn Orange Smiles Wheat Roll Choice of Milk	<b>12</b> <b>Sausage &amp; Cheese Biscuit</b>  <b>Cheese or Pepperoni Pizza</b> <b>Hamburger or Cheeseburger</b> Broccoli Salad Garden Salad Fresh Mixed Fruit Choice of Milk	<b>13</b> <b>Ham &amp; Cheese Croissant</b>  <b>Spaghetti &amp; Meatballs</b> <b>Turkey Hot Dog</b> Garden Salad Seasoned Pinto Beans Fresh Pineapple Chunks Wheat Roll Choice of Milk	<b>14</b> <b>Sausage &amp; Cheese Kolache</b>  <b>Cheese Stuffed Breadsticks</b> <b>Chicken Alfredo</b> Garden Salad Mixed Vegetables Be Mine Clementines Wheat Roll Choice of Milk
<b>17</b>  <b>NO SCHOOL</b>	<b>18</b> <b>Pancake &amp; Turkey Sausage Minis</b>  <b>Chicken Tenders</b> <b>Hamburger or Cheeseburger</b> Garden Salad Seasoned Pinto Beans Fresh Apple Slices Choice of Milk	<b>19</b> <b>Spiced Apple Muffin</b>  <b>Grilled Cheese Croissant</b> <b>Mini Pizza Bagels</b> Garden Salad Whole Kernel Corn Berry Cobbler Choice of Milk	<b>20</b> <b>Ham &amp; Cheese Croissant</b>  <b>Chicken Teriyaki &amp; Stir Fried Rice</b> <b>Turkey Hot Dog</b> Garden Salad Mixed Vegetables Fresh Pineapple Chunks Veggie Egg Roll Choice of Milk	<b>21</b> <b>Chicken Biscuit</b>  <b>Chicken Chunks</b> <b>Fish Sticks</b> Broccoli Salad Mixed Vegetables Mixed Fruit Wheat Roll Choice of Milk
<b>24</b> <b>Whole Wheat Cinnamon Roll</b>  <b>Nachos w/ Baked Tostitos</b> <b>Breaded Chicken Sandwich</b> Baby Carrots Seasoned Black Beans Sliced Peaches Choice of Milk	<b>25</b> <b>Mini Pancakes</b>  <b>Chicken Tenders</b> <b>Fish Sticks</b> Garden Salad Whole Kernel Corn Mandarin Oranges Wheat Roll Choice of Milk	<b>26</b> <b>Pancake &amp; Turkey Sausage Minis</b>  <b>Cheese or Pepperoni Pizza</b> <b>Hamburger or Cheeseburger</b> Garden Salad Seasoned Green Beans Berry Cobbler Choice of Milk	<b>27</b> <b>Ham &amp; Cheese Croissant</b>  <b>Orange Chicken &amp; Lo Mein</b> <b>Turkey Hot Dog</b> Garden Salad Mixed Vegetables Fresh Mixed Fruit Veggie Egg Roll Choice of Milk	<b>28</b> <b>Sausage &amp; Cheese Kolache</b>  <b>Frito Pie</b> <b>Macaroni &amp; Cheese</b> Cole Slaw Steamed Broccoli Fresh Cantaloupe Chunks Choice of Milk

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: How to File a Complaint, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; fax: (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.

**\*Menus are subject to change without notice due to price and availability of food\***

**A Complete Breakfast Includes:**

Choice of 1 entrée  
2 fruits OR 1 fruit & juice  
1% white or fat free chocolate milk

**Daily Breakfast Features:**

Yogurt & Rockin' ola granola  
Whole grain cereal (Not available at  
some schools)  
Assorted fruit bowl  
100% fruit juice  
1% white or fat free chocolate milk

**A Complete Lunch Includes:**

Choice of entrée  
2 fruits  
2 vegetables  
1% white or fat free chocolate milk

**Daily Lunch Features:**

- Hummus & pita bread entrée
- Yogurt, granola and string cheese
- Wowbutter, string cheese & goldfish entree
- Turkey & cheese or turkey, ham & cheese  
on croissant (alternate weekly)
- Assorted fruit bowl

**Fresh Entrée Salads**

**Monday-** Mandarin Orange Salad  
**Tuesday-** Southwest Chicken Salad  
**Wednesday-** Chef's Salad  
**Thursday-** Cran-apple Salad  
**Friday-** Egg Bacon & Spinach Salad  
*Grilled Chicken Caesar Salad served  
daily.*