



FEBRUARY 2020 ELC BREAKFAST AND LUNCH MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| 3 Yogurt w/ Granola Cheese Enchiladas Seasoned Pinto Beans Sliced Peaches Milk | 4 Mini Pancakes Chicken Chunks Whole Kernel Corn Fresh Apple Slices Milk | 5 Sausage & Cheese Biscuit Turkey Hot Dog Seasoned Green Beans Fresh Mixed Fruit Milk | 6 Ham & Cheese Croissant Chicken Teriyaki & Stir Fried Rice Steamed Broccoli Fresh Grapes Milk | 7 Sausage & Cheese Kolache Lunch from Home |
| 10 Cereal Soft Tacos Seasoned Black Beans Sliced Peaches Milk | 11 French Toast Fish Sticks Whole Kernel Corn Orange Smiles Milk | 12 Sausage & Cheese Biscuit Cheeseburger Mixed Vegetables Fresh Mixed Fruit Milk | 13 Ham & Cheese Croissant Spaghetti & Meatballs Seasoned Pinto Beans Fresh Pineapple Chunks Milk | 14 Sausage & Cheese Kolache Lunch from Home |
| 17 Yogurt w/ Granola Turkey Hot Dog Mixed Vegetables Fresh Pineapple Chunks Milk | 18 Mini Pancakes Soft Tacos Seasoned Pinto Beans Fresh Apple Slices Milk | 19 Sausage & Cheese English Muffin Pizza Rolls Whole Kernel Corn Fresh Mixed Fruit Milk | 20 Chicken Biscuit Chicken Teriyaki & Stir Fried Rice Turkey Hot Dog Mixed Vegetables Fresh Pineapple Chunks Milk | 21 Sausage & Cheese Croissant Lunch from Home |
| 24 Cereal Cheeseburger Seasoned Black Beans Sliced Peaches Milk | 25 French Toast Fish Sticks Whole Kernel Corn Mandarin Oranges Milk | 26 Sausage & Cheese Biscuit Macaroni & Cheese Seasoned Green Beans Fresh Grapes Milk | 27 Ham & Cheese Croissant Orange Chicken & Lo Mein Mixed Vegetables Fresh Mixed Fruit Milk | 28 Sausage & Cheese Kolache Lunch from Home |

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: How to File a Complaint, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; fax: (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.

Menus are subject to change without notice due to price and availability of food