



January 2019 BREAKFAST AND LUNCH MENU

Early Learning Centers 1 & 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	Cereal 4
11	12	13	14	Lunch from Home 15
Yogurt w/ Animal Grahams 7	Mini Pancakes 8	Sausage & Cheese English Muffin 9	Chicken Biscuit 10	Sausage & Cheese Kolache 11
Cheese Enchiladas Pinto Beans Sliced Peaches 16	Chicken Chunks Whole Kernel Corn Fresh Apple Slices Banana Bread 17	Cheeseburger Seasoned Green Beans Mandarin Oranges 18	Chicken Teriyaki & Stir Fried Rice Fresh or Steamed Broccoli Fresh Grapes 19	Lunch from Home 20
Cereal 14	French Toast 15	Sausage & Cheese Biscuit 16	Ham & Cheese Croissant 17	Sausage & Cheese Kolache 18
Cheeseburger Pinto Beans Sliced Peaches 1	Hot Dog Whole Kernel Corn Mandarin Oranges 2	Steak Fingers Mashed Potatoes & Gravy Crunchy Cucumber Slices Fresh Berries 3	Spaghetti & Meatballs Fresh or Steamed Broccoli Fruit Cocktail Wheat Roll 4	Lunch from Home 5
21	Yogurt w/ Animal Grahams 22	Sausage & Cheese English Muffin 23	Chicken Biscuit 24	Sausage & Cheese Kolache 25
ELC Closed 6	Chicken Breast Chunks Pinto Beans Fresh Apple Slices Banana Bread 7	Pizza Rolls Whole Kernel Corn Fresh Mixed Fruit 8	Turkey Hot Dog Mixed Vegetables Fresh Pineapple Chunks 9	Lunch from Home 10
Cereal 28	French Toast 29	Sausage & Cheese Biscuit 30	Ham & Cheese Croissant 31	
Cheeseburger Crunchy Cucumber Slices Sliced Peaches 11	Cheese Stuffed Breadsticks Whole Kernel Corn Mandarin Oranges 12	Fish Sticks Seasoned Green Beans Fresh Grapes Wheat Roll 13	Orange Chicken & Lo Mein Seasoned Peas Fresh Mixed Fruit 14	

Breakfast includes:

- Hot Entree
- Fruit (juice on Mondays)
- Cold Milk

Lunch includes:

- Hot Entree
- Vegetable
- Fruit
- Cold Milk



Root Veggies
Are grown in the ground!
These are fun to harvest and
are rich in fiber.

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