

**DYSPHAGIA  
Breakfast & Lunch**

**FEBRUARY 2019**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY						
1										
<div style="border: 1px solid black; padding: 5px; width: fit-content;"> <b>2018-2019 Meal Prices:</b>                      Paid Elementary Breakfast: \$1.00                      Paid Elementary Lunch: \$2.25                      Paid Secondary Breakfast: \$1.25                      Paid Secondary Lunch: \$2.50                      Reduce Student Breakfast: \$0.20                 </div>					Blueberry Muffin w/ Fruit Compote Applesauce Juice Milk  Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler	#15				
4										
Chicken & Waffles Applesauce Juice Milk  Beef & Cheese Nachos Seasoned Black Beans Cauliflower Peach Cobbler	Oatmeal w/ Fruit Compote Applesauce Juice Milk  Pulled Pork BBQ Sweet Potatoes Creamed Corn Canned Peaches	5								
#16										
6										
		Cinnamon Roll w/ Sausage Applesauce Juice Milk  Mashed Potato Bowl w/ Cheese & Chicken Green Peas Squash/Zucchini Spiced Applesauce	Cream of Wheat w/ Fruit Compote Applesauce Juice Milk  Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail	7						
#18										
8										
				Pancakes & Sausage Applesauce Juice Milk  Fish Filet w/ Tartar Sauce Tomato Soup Creamed Corn Fruit Cobbler	#20					
#19										
11										
Sausage Biscuit w/ Gravy Applesauce Juice Milk  Chicken Enchiladas Seasoned Pinto Beans Creamed Corn Canned Peaches	Fruit & Yogurt Parfait Applesauce Juice Milk  Salisbury Steak Green Peas Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice	12								
#1										
13										
		French Toast w/ Fruit Compote Applesauce Juice Milk  Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce	Chicken Biscuit w/ Gravy Applesauce Juice Milk  Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears	14						
#3										
15										
				Blueberry Muffin w/ Fruit Compote Applesauce Juice Milk  Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler	#5					
#4										

<b>NO SCHOOL</b>	18	2 Yogurts Applesauce Juice Milk  Turkey Alfredo Green Peas Glazed Carrots Pineapple Tidbits	19	Cinnamon Roll w/ Sausage Applesauce Juice Milk  Chicken Nuggets w/ Country Gravy Mashed Potatoes Green Beans Fruit Cobbler Fruit Cobbler	20	Cream of Wheat w/ Fruit Compote Applesauce Juice Milk  Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail	21	Pancakes & Sausage Applesauce Juice Milk  Green Chili Burrito w/ Nacho Cheese Mixed Vegetables Creamed Corn Mandarin Oranges	22
	#6		#7		#8		#9		#10
Sausage Biscuit w/ Gravy Applesauce Juice Milk  Chicken Enchiladas Seasoned Pinto Beans Creamed Corn Canned Peaches	25	Fruit & Yogurt Parfait Applesauce Juice Milk  Salisbury Steak Green Peas Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice	26	French Toast w/ Fruit Compote Applesauce Juice Milk  Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce	27	Chicken Biscuit w/ Gravy Applesauce Juice Milk  Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears	28		
#11		#12		#13		#14			

**\*All menu items can be provided as Pureed, Minced & Moist, or Soft & Bite Sized based on Doctor's orders.\***

**\*\*All meals come with a choice of 1% white milk or fat free chocolate milk\*\***

**\*\*\*Standard Dysphagia Breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk\*\*\***

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