



JULY 2020 BREAKFAST AND LUNCH MENU

Elementary, Middle & High School

Meals are no cost to children 18 & under

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6 Pancake & Turkey Sausage Minis Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Mini Pizza Bagels Whole Fruit Baby Carrots Broccoli Choice of Milk*</p>	<p>7 Whole Grain Cinnamon Roll Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Chicken Tenders Hummus Whole Fruit Baby Carrots Celery Choice of Milk*</p>	<p>8 Mini Pancakes Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Breaded Chicken Sandwich Whole Fruit Baby Carrots Broccoli Choice of Milk*</p>	<p>9 Egg, Ham & Cheese English Muffin Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Cheese Stuffed Breadsticks Black Bean & Corn Salsa Whole Fruit Choice of Milk*</p>	<p>10 Chicken Biscuit Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Turkey Hot Dog Hummus Whole Fruit Baby Carrots Celery Choice of Milk*</p>
<p>13 French Toast Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Chicken & Vegetable Pot Stickers Whole Fruit Baby Carrots Broccoli Choice of Milk*</p>	<p>14 Whole Grain Cinnamon Roll Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Mini Corn Dogs Hummus Whole Fruit Baby Carrots Celery Choice of Milk*</p>	<p>15 Mini Pancakes Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Steak Fingers Whole Fruit Baby Carrots Broccoli Choice of Milk*</p>	<p>16 Egg, Bacon & Cheese English Muffin Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Chicken Chunks Black Bean & Corn Salsa Whole Fruit Choice of Milk*</p>	<p>17 Sausage & Cheese Biscuit Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Hamburger or Cheeseburger Hummus Whole Fruit Baby Carrots Celery Choice of Milk*</p>
<p>20 Pancake & Turkey Sausage Minis Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Mini Pizza Bagels Whole Fruit Baby Carrots Broccoli Choice of Milk*</p>	<p>21 Whole Grain Cinnamon Roll Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Chicken Tenders Hummus Whole Fruit Baby Carrots Celery Choice of Milk*</p>	<p>22 Mini Pancakes Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Breaded Chicken Sandwich Whole Fruit Baby Carrots Broccoli Choice of Milk*</p>	<p>23 Egg, Ham & Cheese English Muffin Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Cheese Stuffed Breadsticks Black Bean & Corn Salsa Whole Fruit Choice of Milk*</p>	<p>24 Chicken Biscuit Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Turkey Hot Dog Hummus Whole Fruit Baby Carrots Celery Choice of Milk*</p>
<p>27 French Toast Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Chicken & Vegetable Pot Stickers Whole Fruit Baby Carrots Broccoli Choice of Milk*</p>	<p>28 Whole Grain Cinnamon Roll Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Mini Corn Dogs Hummus Whole Fruit Baby Carrots Celery Choice of Milk*</p>	<p>29 Mini Pancakes Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Steak Fingers Whole Fruit Baby Carrots Broccoli Choice of Milk*</p>	<p>30 Egg, Ham & Bacon English Muffin Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Chicken Chunks Black Bean & Corn Salsa Whole Fruit Choice of Milk*</p>	<p>31 Chicken Biscuit Whole Fruit Orange or Apple Juice Choice of Milk*</p> <p>Hamburger or Cheeseburger Hummus Whole Fruit Baby Carrots Celery Choice of Milk*</p>

*Choice of milk includes 1% white milk or fat-free chocolate milk.

Soy milk is only available upon request.

Menus are subject to change without notice due to availability of food.

This institution is an equal opportunity provider.