

<b>Breakfast Recipes (all breakfast items are uncooked)</b>	Weeks 2 & 4 (July 13-17 & 27-31) Storing, Freezing and Thawing Cooking Guidelines: <ul style="list-style-type: none"> <li>Any of the items listed on this page not cooked on the day it is received, should be frozen. Frozen items will take longer to cook.</li> </ul> Estimated cooking times below are for thawed items.
B.6 French Toast	<u>Toaster Oven</u> - Heat to 400 degrees, place on pan and bake 1 minute on each side. <u>Microwave</u> - Remove wrapper, place on microwave safe plate, & cook for approximately 20 seconds.
<i>Allergens</i>	E, M, S, W
B.2 Cinnamon Rolls	<u>Microwave</u> - Remove wrapper, place on microwave safe plate, & cook for approximately 20 seconds.
<i>Allergens</i>	M, W, S
B.3 Mini Pancakes	<u>Toaster Oven</u> - Heat to 400 degrees, place on pan and bake 1 minute on each side. <u>Microwave</u> - Place pouch on microwave safe plate, & cook for approximately 25 seconds.
<i>Allergens</i>	E, M, W
B.7 Egg, Bacon & Cheese English muffin	<u>Toaster Oven</u> - Heat to 400 degrees, place on pan and bake 3-5 minutes. <u>Microwave</u> - Open one end of the sandwich wrapper. Microwave for 90 seconds, or until hot. Let cool or add 15 seconds at a time to finish heating.
<i>Allergens</i>	M, E, W, S (Bacon is from Turkey)
B.8 Sausage & Cheese Biscuit	<u>Toaster Oven</u> - Heat to 400 degrees, place on pan and bake 3-5 minutes. <u>Microwave</u> - Open one end of the sandwich wrapper. Microwave for 90 seconds, or until hot. Let cool or add 15 seconds at a time to finish heating.
<i>Allergens</i>	M, W, (Sausage is Beef + Pork)
<i>Allergen Key:</i>	M = Milk, W = Wheat, S = Soy, E = Egg

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