

DYSPHAGIA
Breakfast & Lunch

JULY-AUGUST 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 2 Yogurts Applesauce Juice Milk Chicken Enchiladas Seasoned Pinto Beans Glazed Carrots Canned Peaches #1	2 Fruit & Yogurt Parfait Applesauce Juice Milk Salisbury Steak Green Beans Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice #2	3 French Toast w/ Fruit Compote Applesauce Juice Milk Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce #3	4 SCHOOL HOLIDAY SCHOOL CLOSED #4	5 SCHOOL CLOSED #5
8 2 Yogurts Applesauce Juice Milk Beef & Cheese Nachos Seasoned Black Beans Cauliflower Peach Cobbler #6	9 Oatmeal w/ Fruit Compote Applesauce Juice Milk Turkey Alfredo Green Beans Glazed Carrots Pineapple Tidbits #7	10 Cinnamon Roll w/ Sausage Applesauce Juice Milk Chicken Nuggets w/ Country Gravy Mashed Potatoes Green Beans Fruit Cobbler #8	11 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail #9	12 SCHOOL CLOSED #15

<p>2 Yogurts Applesauce Juice Milk</p> <p>Chicken Enchiladas Seasoned Pinto Beans Glazed Carrots Canned Peaches</p> <p>#11</p>	<p>15</p> <p>Fruit & Yogurt Parfait Applesauce Juice Milk</p> <p>Salisbury Steak Green Beans Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice</p> <p>#12</p>	<p>16</p> <p>French Toast w/ Fruit Compote Applesauce Juice Milk</p> <p>Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce</p> <p>#13</p>	<p>17</p> <p>Chicken Biscuit w/ Gravy Applesauce Juice Milk</p> <p>Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears</p> <p>#14</p>	<p>18</p> <p>19</p> <p>SCHOOL CLOSED</p> <p>#20</p>
<p>2 Yogurts Applesauce Juice Milk</p> <p>Beef & Cheese Nachos Seasoned Black Beans Cauliflower Peach Cobbler</p> <p>#16</p>	<p>22</p> <p>Oatmeal w/ Fruit Compote Applesauce Juice Milk</p> <p>Pulled Pork BBQ Sweet Potatoes Green Beans Canned Peaches</p> <p>#17</p>	<p>23</p> <p>Cinnamon Roll w/ Sausage Applesauce Juice Milk</p> <p>Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Squash/Zucchini Spiced Applesauce</p> <p>#18</p>	<p>24</p> <p>Cream of Wheat w/ Fruit Compote Applesauce Juice Milk</p> <p>Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail</p> <p>#19</p>	<p>25</p> <p>26</p> <p>SCHOOL CLOSED</p> <p>#20</p>
<p>2 Yogurts Applesauce Juice Milk</p> <p>Chicken Enchiladas Seasoned Pinto Beans Green Beans Canned Peaches</p> <p>#1</p>	<p>29</p> <p>Fruit & Yogurt Parfait Applesauce Juice Milk</p> <p>Salisbury Steak Glazed Carrots Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice</p> <p>#2</p>	<p>30</p> <p>French Toast w/ Fruit Compote Applesauce Juice Milk</p> <p>Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce</p> <p>#3</p>	<p>31</p> <p>Chicken Biscuit w/ Gravy Applesauce Juice Milk</p> <p>Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears</p> <p>#4</p>	<p>1</p> <p>2</p> <p>SCHOOL CLOSED</p> <p>#5</p>

2 Yogurts Applesauce Juice Milk Beef & Cheese Nachos Seasoned Black Beans Cauliflower Peach Cobbler #6	5 Oatmeal w/ Fruit Compote Applesauce Juice Milk Turkey Alfredo Green Beans Glazed Carrots Pineapple Tidbits #7	6 Cinnamon Roll w/ Sausage Applesauce Juice Milk Chicken Nuggets w/ Country Gravy Mashed Potatoes Green Beans Fruit Cobbler #8	7 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail #9	8 #10 SCHOOL CLOSED
2 Yogurts Applesauce Juice Milk Chicken Enchiladas Seasoned Pinto Beans Glazed Carrots Canned Peaches #11	12 Fruit & Yogurt Parfait Applesauce Juice Milk Salisbury Steak Green Beans Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice #12	13 French Toast w/ Fruit Compote Applesauce Juice Milk Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce #13	14 Chicken Biscuit w/ Gravy Applesauce Juice Milk Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears #14	15 #15 SCHOOL CLOSED

All menu items can be provided as Pureed, Minced & Moist, or Soft & Bite Sized based on Doctor's orders.

****All meals come with a choice of 1% white milk or fat free chocolate milk****

*****Standard Dysphagia Breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk*****

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