



AUGUST 2019 MS & HS SUMMER BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Sausage & Cheese Kolache 1	2
			Cheese Enchiladas Seasoned Pinto Beans Tossed Salad Mixed Fruit Sliced Peaches	SCHOOL CLOSED
Mini Pancakes 5	Whole Wheat Cinnamon Roll 6	Sausage & Cheese Biscuit 7	Sausage & Cheese Kolache 8	9
Chicken Tenders Diced Carrots Tossed Salad Fresh Watermelon	Steak Fingers Mashed Potatoes & Gravy Tossed Salad Fresh Cantaloupe Chunks	Nachos Seasoned Pinto Beans Tossed Salad Mandarin Oranges Cornbread	Spaghetti & Meatballs Roasted Broccoli Tossed Salad Mixed Fruit Wheat Roll	SCHOOL CLOSED
French Toast 12	Whole Wheat Cinnamon Roll 13	Ham & Cheese Croissant 14	Sausage & Cheese Kolache 15	16
Pulled Pork BBQ Sandwich Cole Slaw Seasoned Pinto Beans Fresh Watermelon	Chicken Tenders Mashed Potatoes & Gravy Tossed Salad Fresh Berries Wheat Roll	Fish Sandwich Sweet Potato Fries Tossed Salad Fresh Fruit Medley	Cheese Enchiladas Seasoned Pinto Beans Tossed Salad Mixed Fruit Sliced Peaches	SCHOOL CLOSED

<p><u>A complete breakfast includes</u></p> <ul style="list-style-type: none"> - Choice of 1 entrée - 2 fruits OR 1 fruit & juice - 1% white or fat free chocolate milk <p><u>Daily Breakfast Features</u></p> <ul style="list-style-type: none"> - Yogurt & Rockin' ola granola - Whole grain cereal (Not available at some schools) - Assorted fruit bowl - 100% fruit juice - 1% white or fat free chocolate milk 	<p><u>A complete lunch includes</u></p> <ul style="list-style-type: none"> - Choice of entrée - 2 fruits - 2 vegetables - 1% white or fat free chocolate milk <p><u>Daily Lunch Features</u></p> <ul style="list-style-type: none"> - Hummus & pita bread entrée - Turkey & cheese or turkey, ham & cheese on hoagie - Assorted fruit bowl
<p><u>Fresh Entrée Salad</u></p> <ul style="list-style-type: none"> - Grilled Chicken Caesar Salad 	



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Menus are subject to change without notice due to price and availability of food.