

**DYSPHAGIA
Breakfast & Lunch**

JUNE 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 2 Yogurts Applesauce Juice Milk Chicken Enchiladas Seasoned Pinto Beans Green Beans Canned Peaches #1	4 Fruit & Yogurt Parfait Applesauce Juice Milk Salisbury Steak Glazed Carrots Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice #2	5 French Toast w/ Fruit Compote Applesauce Juice Milk Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce #3	6 Chicken Biscuit w/ Gravy Applesauce Juice Milk Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears #4	7 SCHOOL CLOSED #5
10 2 Yogurts Applesauce Juice Milk Beef & Cheese Nachos Seasoned Black Beans Cauliflower Peach Cobbler #6	11 Oatmeal w/ Fruit Compote Applesauce Juice Milk Turkey Alfredo Green Beans Glazed Carrots Pineapple Tidbits #7	12 Cinnamon Roll w/ Sausage Applesauce Juice Milk Chicken Nuggets w/ Country Gravy Mashed Potatoes Green Beans Fruit Cobbler #8	13 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail #9	14 SCHOOL CLOSED #5

2 Yogurts Applesauce Juice Milk Chicken Enchiladas Seasoned Pinto Beans Glazed Carrots Canned Peaches #11	17 Fruit & Yogurt Parfait Applesauce Juice Milk Salisbury Steak Green Beans Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice #12	18 French Toast w/ Fruit Compote Applesauce Juice Milk Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce #13	19 Chicken Biscuit w/ Gravy Applesauce Juice Milk Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears #14	20 SCHOOL CLOSED #15
2 Yogurts Applesauce Juice Milk Beef & Cheese Nachos Seasoned Black Beans Cauliflower Peach Cobbler #16	24 Oatmeal w/ Fruit Compote Applesauce Juice Milk Pulled Pork BBQ Sweet Potatoes Green Beans Canned Peaches #17	25 Cinnamon Roll w/ Sausage Applesauce Juice Milk Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Squash/Zucchini Spiced Applesauce Spiced Applesauce #18	26 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail #19	27 SCHOOL CLOSED #20

All menu items can be provided as Pureed, Minced & Moist, or Soft & Bite Sized based on Doctor's orders.

****All meals come with a choice of 1% white milk or fat free chocolate milk****

*****Standard Dysphagia Breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk*****

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