

DISFAGIA
Desayunos y almuerzos

JUNIO DE 2019



LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
3	4	5	6	7
2 Yogures Compota de manzanas Jugo Leche Enchiladas de pollo Frijoles pinto sazonados Habichuelas Duraznos de lata	Parfait de frutas y yogurt Compota de manzanas Jugo Leche Carne Salisbury Steak Zanahorias glaseadas Puré de papas Banana con piña o Jugo de naranja	Tostada francesa con compota de frutas Compota de manzanas Jugo Leche Pollo Teriyaki Arroz frito Edamame Zapallo/Calabacín Compota de manzanas especiada	Bollo con pollo y salsa cremosa Compota de manzanas Jugo Leche Espagueti Zanahorias glaseadas Habichuelas verdes sazonadas Peras de lata	LA ESCUELA ESTÁ CERRADA
#1	#2	#3	#4	#5
10	11	12	13	14
2 Yogures Compota de manzanas Juice Milk Nachos de carne y queso Frijoles negros sazonados Coliflor Cobbler de durazno	Avena con compota de frutas Compota de manzanas Jugo Leche Pasta Alfredo con pavo Habichuelas Zanahorias glaseadas Trocitos de piña	Bollo de canela con salchicha Compota de manzanas Jugo Leche Nuggets de pollo con salsa cremosa Puré de papas Habichuelas Cobbler de frutas	Crema de trigo con compota de frutas Compota de manzanas Jugo Leche Chili Camote Zapallo/Calabacín Ensalada de frutas	LA ESCUELA ESTÁ CERRADA
#6	#7	#8	#9	#5

2 Yogurts Applesauce Juice Milk Chicken Enchiladas Seasoned Pinto Beans Glazed Carrots Canned Peaches #11	17 Fruit & Yogurt Parfait Applesauce Juice Milk Salisbury Steak Green Beans Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice #12	18 French Toast w/ Fruit Compote Applesauce Juice Milk Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce #13	19 Chicken Biscuit w/ Gravy Applesauce Juice Milk Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears #14	20 SCHOOL CLOSED #15
2 Yogurts Applesauce Juice Milk Chicken Enchiladas Seasoned Pinto Beans Glazed Carrots Canned Peaches #16	24 Oatmeal w/ Fruit Compote Applesauce Juice Milk Pulled Pork BBQ Sweet Potatoes Green Beans Canned Peaches #17	25 Cinnamon Roll w/ Sausage Applesauce Juice Milk Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Squash/Zucchini Spiced Applesauce Spiced Applesauce #18	26 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail #19	27 SCHOOL CLOSED #20

All menu items can be provided as Pureed, Minced & Moist, or Soft & Bite Sized based on Doctor's orders.

****All meals come with a choice of 1% white milk or fat free chocolate milk****

*****Standard Dysphagia Breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk*****

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