

DISFAGIA
Desayuno y almuerzo

JULIO Y AGOSTO DE 2019



LUNES		MARTES		MIÉRCOLES		JUEVES		VIERNES	
	1		2		3		4		5
2 Yogures Compota de manzana Jugo Leche		Parfait de fruta y yogurt Compota de manzana Leche		Bollo de canela con salchicha Compota de manzana Jugo Leche			DÍA FERIADO LA ESCUELA ESTÁ CERRADA	LA ESCUELA ESTÁ CERRADA	
Enchiladas de pollo Frijoles pinto sazonados Zanahorias glaseadas Duraznos de lata		BBQ de cerdo desmenuzado Camotes Habichuelas Duraznos de lata		Tazón de puré de papas con queso y pollo Zanahorias glaseadas Zapallo/Calabacín Compota de manzana especiada					
	#1		#2		#3		#4		
	8		9		10		11		12
2 Yogures Compota de manzana Jugo Leche		Avena con compota de fruta Compota de manzana Leche		Bollo de canela con salchicha Compota de manzana Jugo Leche		Crema de trigo con compota de frutas Compota de manzanas Leche	?	LA ESCUELA ESTÁ CERRADA	
Nachos de carne y queso Frijoles negros sazonados Coliflor Cobbler de durazno		Pasta a la Alfredo con pavo Habichuelas Zanahorias glaseadas Trocitos de piña		Nuggets de pollo con salsa cremosa Puré de papas Habichuelas Cobbler de frutas		Chili Camotes Zapallo/Calabacín Ensalada de frutas			
	#6		#7		#8		#9		#15

<p>2 Yogurts Applesauce Juice Milk</p> <p>Chicken Enchiladas Seasoned Pinto Beans Glazed Carrots Canned Peaches</p> <p>#11</p>	<p>15</p> <p>Fruit & Yogurt Parfait Applesauce Juice Milk</p> <p>Salisbury Steak Green Beans Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice</p> <p>#12</p>	<p>16</p> <p>French Toast w/ Fruit Compote Applesauce Juice Milk</p> <p>Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce</p> <p>#13</p>	<p>17</p> <p>Chicken Biscuit w/ Gravy Applesauce Juice Milk</p> <p>Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears</p> <p>#14</p>	<p>18</p> <p>19</p> <p>SCHOOL CLOSED</p> <p>#20</p>
<p>2 Yogurts Applesauce Juice Milk</p> <p>Chicken Enchiladas Seasoned Pinto Beans Glazed Carrots Canned Peaches</p> <p>#16</p>	<p>22</p> <p>Oatmeal w/ Fruit Compote Applesauce Juice Milk</p> <p>Pulled Pork BBQ Sweet Potatoes Green Beans Canned Peaches</p> <p>#17</p>	<p>23</p> <p>Cinnamon Roll w/ Sausage Applesauce Juice Milk</p> <p>Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Squash/Zucchini Spiced Applesauce</p> <p>#18</p>	<p>24</p> <p>Cream of Wheat w/ Fruit Compote Applesauce Juice Milk</p> <p>Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail</p> <p>#19</p>	<p>25</p> <p>26</p> <p>SCHOOL CLOSED</p> <p>#20</p>
<p>2 Yogurts Applesauce Juice Milk</p> <p>Chicken Enchiladas Seasoned Pinto Beans Green Beans Canned Peaches</p> <p>#1</p>	<p>29</p> <p>Fruit & Yogurt Parfait Applesauce Juice Milk</p> <p>Salisbury Steak Glazed Carrots Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice</p> <p>#2</p>	<p>30</p> <p>French Toast w/ Fruit Compote Applesauce Juice Milk</p> <p>Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce</p> <p>#3</p>	<p>31</p> <p>1</p> <p>Chicken Biscuit w/ Gravy Applesauce Juice Milk</p> <p>Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears</p> <p>#4</p>	<p>2</p> <p>SCHOOL CLOSED</p> <p>#5</p>

2 Yogurts Applesauce Juice Milk Beef & Cheese Nachos Seasoned Black Beans Cauliflower Peach Cobbler	5 Oatmeal w/ Fruit Compote Applesauce Juice Milk Turkey Alfredo Green Beans Glazed Carrots Pineapple Tidbits	6 Cinnamon Roll w/ Sausage Applesauce Juice Milk Chicken Nuggets w/ Country Gravy Mashed Potatoes Green Beans Fruit Cobbler	7 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail	8 SCHOOL CLOSED #9
2 Yogurts Applesauce Juice Milk Chicken Enchiladas Seasoned Pinto Beans Glazed Carrots Canned Peaches	12 Fruit & Yogurt Parfait Applesauce Juice Milk Salisbury Steak Green Beans Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice	13 French Toast w/ Fruit Compote Applesauce Juice Milk Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce	14 Chicken Biscuit w/ Gravy Applesauce Juice Milk Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears	15 SCHOOL CLOSED #14
#6	#7	#8	#9	#10
#11	#12	#13	#14	#15

All menu items can be provided as Pureed, Minced & Moist, or Soft & Bite Sized based on Doctor's orders.

****All meals come with a choice of 1% white milk or fat free chocolate milk****

*****Standard Dysphagia Breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk*****

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410 Fax: (202) 690-7442; or Email: program.intake@usda.gov. This institution is an equal opportunity provider.