



JULY & AUGUST 2019

ELEMENTARY SUMMER BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pancake & Sausage Minis 1 Cheese or Turkey Pepperoni Pizza Steamed Broccoli Baby Carrots Sliced Peaches	Whole Wheat Cinnamon Roll 2 Chicken Tenders Diced Carrots Garden Salad Fresh Pineapple Chunks	Ham & Cheese Croissant 3 Fish Sandwich Whole Kernel Corn Garden Salad Fresh Watermelon	4 SCHOOL HOLIDAY SCHOOL CLOSED	5 SCHOOL CLOSED
Mini Pancakes 8 Mini Pizza Bagels Mixed Vegetables Baby Carrots Mixed Fruit	Whole Wheat Cinnamon Roll 9 Hamburger or Cheeseburger Seasoned Green Beans Garden Salad Fresh Berries	Sausage & Cheese English Muffin 10 Nachos w/ Baked Tostitos Salsa Black Beans Garden Salad Fresh Watermelon	Sausage & Cheese Kolache 11 Chicken Tenders Garden Salad Whole Kernel Corn Fresh Apple Slices	12 SCHOOL CLOSED
Pancake & Sausage Minis 15 Cheese or Turkey Pepperoni Pizza Steamed Broccoli Baby Carrots Sliced Peaches	Whole Wheat Cinnamon Roll 16 Chicken Tenders Diced Carrots Garden Salad Fresh Pineapple Chunks	Ham & Cheese Croissant 17 Fish Sandwich Whole Kernel Corn Garden Salad Fresh Watermelon	Sausage & Cheese Kolache 18 Cheese Enchiladas Salsa Pinto Beans Garden Salad Fresh Strawberries	19 SCHOOL CLOSED
Mini Pancakes 22 Mini Pizza Bagels Mixed Vegetables Baby Carrots Mixed Fruit	Whole Wheat Cinnamon Roll 23 Hamburger or Cheeseburger Seasoned Green Beans Garden Salad Fresh Berries	Sausage & Cheese English Muffin 24 Nachos w/ Baked Tostitos Salsa Black Beans Garden Salad Fresh Watermelon	Sausage & Cheese Kolache 25 Chicken Tenders Garden Salad Whole Kernel Corn Fresh Apple Slices	26 SCHOOL CLOSED
Pancake & Sausage Minis 29 Cheese or Turkey Pepperoni Pizza Steamed Broccoli Baby Carrots Sliced Peaches	Whole Wheat Cinnamon Roll 30 Chicken Tenders Diced Carrots Garden Salad Fresh Pineapple Chunks	Ham & Cheese Croissant 31 Fish Sandwich Whole Kernel Corn Garden Salad Fresh Watermelon	Sausage & Cheese Kolache 1 Cheese Enchiladas Salsa Pinto Beans Garden Salad Fresh Strawberries	2 SCHOOL CLOSED

A complete breakfast includes:

- Choice of 1 entrée
- 2 fruits OR 1 fruit & juice
- 1% white or fat free chocolate milk

Daily Breakfast Features

- Yogurt & Rockin' ola granola
- Whole grain cereal
- (Not available at some schools)
- Assorted fruit bowl
- 100% fruit juice
- 1% white or fat free chocolate milk

A complete lunch includes:

- Choice of entrée
- 2 fruits
- 2 vegetables
- 1% white or fat free chocolate milk

Daily Lunch Features

- Hummus & pita bread entrée
- Yogurt, granola and string cheese
- Sunbutter & jelly entrée
- Turkey & cheese or turkey-ham & cheese croissant (alternate weekly)
- Assorted fruit bowl

Fresh Entrée Salad

- Grilled Chicken Caesar Salad



In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410 Fax: (202) 690-7442; or Email: program.intake@usda.gov. This institution is an equal opportunity provider.

Menus are subject to change without notice due to price and availability of food.