

**PK-5 Menu Item Nutrient Analysis
2020-2021 School Year**

Item Name (Serving Size)	Calories (Kcal)	Carb (g)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Fiber (g)	Protein (g)
Juice, 100% Fruit Punch, 6 OZ, After School Snack Program Only. Contains Apples.	90.0	21.0	0.0	0.0	0.0	0.0	5.0	0.0	0.0
Apple Chips (1 Bag)Contains Strawberries.	40.0	10.0	0.0	0.0	0.0	0.0	0.0	2.0	0.0
Apple Juice (1 ea.)Contains Apples.	60.0	14.0	0.0	0.0	0.0	0.0	15.0	0.0	0.0
Applesauce Pouch (1 ea.)	50.0	15.0	0.0	0.0	0.0	0.0	0.0	1.0	0.0
Baby Carrots - (1 Bag)	29.8	7.0	0.1	0.0		0.0	66.3	2.5	0.5
Bacon & Egg Breakfast Taco - (1 ea.)Contains Milk, Egg, Wheat, Turkey, Onion.	233.6	18.8	11.5	4.3	0.0	187.1	658.6	1.0	14.1
Baked Beans - (4 fl oz slotted spoodle)	158.3	33.9	0.6	0.0	0.0	0.0	418.3	6.8	5.7
Baked Tostitos Scoops - (1 Bag)	110.0	19.0	2.5	0.0	0.0	0.0	125.0	2.0	2.0
Balsamic Dressing - (2 fl. oz.)Contains Olives.	185.5	34.2	5.4	0.8	0.0	0.0	124.2	0.0	0.2
Banana - (1 ea.)Contains Banana.	121.0	31.1	0.5	0.2		0.0	1.4	3.5	1.5
Banana Bread - (1 slice) Contains Milk, Egg, Wheat, Banana.	200.0	37.9	4.0	1.8	0.0	23.7	188.4	2.7	4.4
BBQ Beef on Bun - (1 no. 8 scoop on bun)Contains Wheat, Soy, Beef.	390.0	50.0	12.5	5.0	0.0	35.0	1050.0	5.0	22.0
BBQ Sauce Dip - (1 pkg.)	40.0	10.0	0.0	0.0	0.0	0.0	370.0	0.0	0.0
Beef & Cheese Nachos - PRE-DISH SCHOOLS - (1 each + 1 bag chips)Contains Milk, Soy, Beef. May contain Cayenne Pepper, Onion.	333.6	25.1	16.9	5.2	1.9	57.3	445.5	4.0	20.2
Beef and Cheese Nachos - TRADITIONAL SCHOOLS - (1 no. 16 of Meat + 2 fl oz Cheese + 1 Bag of Chips)Contains Milk, Wheat, Soy, Beef. May contain Cayenne Pepper, Corn/Corn Products, Onion.	370.5	27.2	19.2	6.5	1.5	55.6	593.1	3.6	20.7
Beef Soft Tacos - PRE-DISH SCHOOLS (2 Tortillas + 1 ea Taco Meat + 1/2 oz Shredded Cheese)Contains Milk, Wheat, Beef. May contain Cayenne Pepper, Onion.	423.6	40.1	19.4	7.2	1.9	57.3	820.5	4.0	24.2
Beef Soft Tacos - TRADITIONAL SCHOOLS - (2 tortillas + no. 10 scoop meat + 1/2 oz cheese)Contains Milk, Wheat, Beef. May contain Cayenne Pepper, Onion.	469.4	41.4	22.4	8.2	2.4	69.8	865.2	4.5	28.0
Berry Cobbler - (1 #6 scoop)Contains Milk, Wheat, Soy, Berries (all kinds), Corn/Corn Products.	282.4	52.9	7.6	3.3	0.0	0.0	84.7	2.1	2.6
Blueberry Banana Muffin - (1 ea.)Contains Milk, Egg, Wheat, Soy, Banana, Berries (all kinds).	291.7	53.5	7.2	3.1	0.0	30.3	270.5	3.3	6.2
Breaded Chicken Sandwich - (1 ea.)Contains Milk, Wheat, Soy.	379.0	44.0	10.3	2.0	0.0	63.0	740.0	4.0	28.0
Breadsticks for Entree Salad - (1 ea.)Contains Milk, Egg, Wheat.	127.9	22.2	2.5	1.1	0.0	17.5	187.3	2.3	4.5
Broccoli Salad - (1 #8 scoop)Contains Milk, Egg, Soy, Carrot, Mustard, Turkey, Onion.	82.0	9.3	4.1	0.7	0.0	4.0	348.2	0.8	3.6
Brown Gravy - (1 fl. oz.)Contains Milk. Processed in a facility that also processes Egg, Wheat, Soy, Gluten, Beef.	0.3	0.1	0.0	0.0	0.0	0.0	4.1	0.0	0.0
Carrot & Broccoli Slaw - (4 fl oz solid spoodle)Contains Broccoli, Carrot, Olives.	31.3	5.8	0.7	0.1	0.0	0.2	40.1	1.0	1.2
Carrots - Salad Bar - (2 OZ SPOODLE)Contains Carrot.	11.6	2.7	0.1	0.0	0.0	0.0	19.6	0.8	0.3
Charro Beans - (4 fl oz slotted spoodle)Contains Citrus, Olives, Tomatoes, Onion	69.9	13.3	0.3	0.1	0.0	0.0	157.3	4.2	4.2
Cheddar Jalapeno Cornbread - (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten, Corn/Corn Products.	204.3	28.9	8.3	3.3	0.0	7.3	477.3	1.7	3.8
Cheese Calzone - (1 ea.)Contains Milk, Wheat, Soy, Olives.	372.0	32.0	18.7	7.5	0.0	30.0	510.0	2.0	22.0
Cheese Croissant - (1 ea.)Contains Milk, Egg, Wheat, Soy.	301.5	33.0	12.8	6.3	0.0	22.8	735.3	3.0	14.1
Cheese Enchiladas - PRE-DISH SCHOOLS - (1 ea.)Contains Milk, Wheat, Soy. May contain Cayenne Pepper, Citrus, Onion.	494.9	46.0	23.1	14.4	0.0	50.2	929.2	4.9	18.3
Cheese Enchiladas - TRADITIONAL SCHOOLS - (2 ea.)Contains Milk, Wheat, Soy. May contain Cayenne Pepper, Citrus, Onion.	432.3	46.4	18.1	11.1	0.0	36.7	788.5	4.9	13.8
Cheese Nachos - PRE-DISH SCHOOLS - (1 each + 1 bag chips)Contains Milk, Soy.	191.0	21.0	7.1	2.5	0.0	15.2	408.5	2.0	8.1
Cheese Nachos - TRADITIONAL SCHOOLS - (1 4 OZ SPOODLE CHEESE + 1 BAG OF CHIPS)Contains Milk, Wheat, Soy, Corn/Corn Products, Onion.	344.9	27.5	16.9	6.9	0.0	33.4	781.9	2.1	15.7
Cheese Pizza - (1 slice)Contains Milk, Wheat, Soy.	340.0	31.0	15.0	6.0	0.0	30.0	640.0	3.0	20.0
Cheese Stuffed Breadsticks - (2 ea.)Contains Milk, Wheat, Soy.	287.8	30.0	10.7	5.3	0.0	31.1	449.3	2.0	18.6
Cheeseburger - (1 ea.)Contains Milk, Wheat, Soy, Beef.	385.5	30.2	20.1	8.1	0.0	57.6	470.8	3.0	21.2
Chef's Salad - (1 ea.)Contains Milk, Egg, Soy, Carrot, Turkey.	368.0	20.3	23.8	8.3	0.0	157.3	1008.3	4.9	20.2
Chicken & Veggie Pot Stickers (6 ea.)Contains Olives.	299.0	31.6	13.6	1.4	0.0	35.0	550.3	2.0	17.1
Chicken Alfredo - (1 no. 6 scoop noodles + no. 6 scoop chicken) Contains Milk, Wheat, Soy, Gluten, Chicken.	323.6	44.7	6.3	1.0	0.0	75.7	1085.3	2.0	22.9
Chicken Biscuit - (1 ea.)Contains Milk, Wheat, Soy, Chicken.	278.0	31.3	9.9	4.7	0.0	31.2	592.6	1.6	14.6
Chicken Caesar Salad - (1 ea.)Contains Milk, Egg, Fish, Wheat, Soy, Chicken.	479.4	17.7	31.4	9.6	0.0	107.7	1493.7	3.0	35.6
Chicken Chunks - (3 3/4 oz.)Contains Milk, Wheat, Soy, Chicken.	207.9	15.0	8.0	1.0	0.0	42.0	545.6	2.0	19.0

Menus subject to change

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2020-2021 School Year**

Item Name (Serving Size)	Calories (Kcal)	Carb (g)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Fiber (g)	Protein (g)
Chicken Egg Roll (1 ea.)Contains Egg, Wheat, Soy, Chicken.	210.0	27.0	7.0	2.0	0.0	10.0	300.0	3.0	9.0
Chicken Teriyaki - (1 #10 scoop)Contains Wheat, Soy.	123.8	9.5	3.3	1.0	0.0	66.7	457.1	0.0	15.2
Chicken Teriyaki & Stir Fried Rice- (1 ea.)Contains Wheat, Soy, Chicken, Sesame.	306.5	37.0	7.0	1.4	0.0	100.0	753.4	2.0	26.0
Chili & Beans - LE17 (1 c.)Contains Beef. May contain Cayenne Pepper, Citrus, Onion.	281.7	29.4	9.9	3.3	1.6	41.6	594.0	9.7	18.6
Chorizo & Egg Breakfast Taco - (1 ea.)Contains Milk, Egg, Wheat, Soy, Onion.	210.1	18.8	9.4	3.8	0.0	147.2	571.3	1.3	13.0
Chorizo Mac & Cheese- LE91 (2 #12 scoop)Contains Milk, Wheat, Soy, Gluten, Corn/Corn Products, Onion.	342.3	36.1	12.4	5.4	0.0	35.6	656.0	3.0	19.0
Cinnamon Rice Chex Cereal Bowl (1 ea.)	197.5	47.4	1.0	0.0	0.0	0.0	493.8	2.0	4.0
Cinnamon Toast Crunch Bowl - (1 ea.)Contains Wheat, Soy.	230.0	44.0	5.0	0.5	0.0	0.0	320.0	6.0	3.0
Citrus Salad - (4 fl oz solid spoodle)Contains Citrus, Grapefruit.	61.5	15.1	0.1	0.0	0.0	0.0	9.9	0.8	1.0
Clementines - (2 ea.)Contains Citrus, Oranges/Orange Juice.	37.1	9.3	0.2	0.0		0.0	1.4	1.3	0.6
Cole Slaw - TRADITIONAL SCHOOLS - (4 fl oz solid spoodle)Contains Soy.	53.8	7.0	2.9	0.4	0.0	0.0	25.0	1.5	0.8
Cole Slaw - PRE-DISH SCHOOLS - (1 ea.)Contains Soy.	42.6	5.5	2.3	0.4	0.0	0.0	19.8	1.2	0.6
Cornbread - (1 slice)Contains Milk. May contain Egg, Wheat, Soy, Gluten.	184.5	27.9	7.0	2.5	0.0	3.3	441.3	1.6	2.7
Cornbread Dressing (1 #16 scoop)Contains Milk. May contain Egg, Wheat, Soy, Gluten, Chicken, Onion.	123.0	15.9	5.8	2.4	0.0	0.9	243.7	1.0	2.1
Cranberry Apple Entrée Salad - (1 ea.)Contains Milk, Soy, Apples, Chicken, Olives.	716.7	105.5	24.2	7.2	0.0	65.5	1583.0	10.0	27.3
Cranberry Sauce (1 Tbsp.)Processed in a facility that also processes Milk, Wheat, Soy.	102.2	25.5	0.1	0.0	0.0	0.0	99.3	1.6	0.5
Croutons - (2 Tbsp.)Contains Milk, Wheat, Soy.	35.2	4.0	1.5	0.0	0.0	0.0	55.3	0.0	1.0
Cucumber Salad - V50 (1 #8 scoop)Contains Olives, Onion.	27.3	2.0	2.3	0.3	0.0	0.0	1.0	0.3	0.3
Cy Fair Garden Fresh Kale slaw (1 ea.)Contains Soy, Apples, Broccoli, Carrot.	45.5	6.0	2.1	0.3	0.0	0.1	53.2	1.3	1.9
Cy-Fair Sauce - (2 fl. oz.)Contains Egg, Soy.	248.6	38.5	11.7	1.3	0.0	13.0	421.3	0.0	0.1
Diced Apples - (4 fl oz solid spoodle)Contains Apples.	32.2	8.7	0.1	0.0	0.0	0.0	1.1	1.6	0.2
Diced Carrots - TRADITIONAL SCHOOLS - (4 fl oz slotted spoodle)Contains Milk, Onion.	51.6	9.1	0.1	0.1	0.0	0.0	155.4	2.8	1.4
Diced Carrots - PRE-DISH SCHOOLS - (1 ea.)Contains Milk, Onion.	53.1	9.4	0.1	0.1	0.0	0.1	108.6	2.8	1.4
Diced Pears - (4 fl oz solid spoodle)	80.0	19.0	0.0	0.0	0.0	0.0	15.0	1.0	0.0
Dinner Roll, White - (1 ea.) Contains Milk, Wheat.	196.0	32.3	5.7	2.7	0.0	0.9	275.7	1.0	5.3
Egg & Bacon Spinach Entrée Salad - (1 ea.)Contains Milk, Egg, Soy, Mustard, Turkey.	471.8	54.7	17.8	7.7	0.0	223.4	1256.3	3.0	21.6
Egg, Bacon & Cheese English Muffin - (1 ea.)Contains Milk, Egg, Wheat, Soy, Turkey.	250.5	26.0	11.3	2.8	0.0	107.6	596.8	2.0	13.0
Egg, Ham & Cheese Croissant (1 ea.)Contains Milk, Egg, Wheat, Soy, Turkey.	246.8	26.2	10.5	3.0	0.0	112.4	588.3	2.0	13.5
EGG, Ham & Cheese English Muffin (1 ea.)Contains Milk, Egg, Wheat, Soy, Turkey.	246.8	26.2	10.5	3.0	0.0	112.4	588.3	2.0	13.5
Express Side Salad - (1 ea.)Contains Soy, Carrot, Onion.	125.6	21.6	1.9	0.2	0.0	0.0	218.3	6.9	6.6
Fish Nuggets - (4 ea.)Contains Milk, Egg, Fish, Wheat, Soy, Gluten.	250.0	19.0	9.0	2.0	0.0	55.0	290.0	1.0	16.0
Fish Nuggets - PreK serving (1 ea.)Contains Fish, Wheat, Soy.	200.0	17.0	9.0	1.5	0.0	40.0	310.0	1.0	14.0
Fish Sandwich - (1 ea.)Contains Fish, Wheat, Soy.	380.0	49.0	11.5	1.5	0.0	45.0	550.0	5.0	20.0
Fish Sticks - (4 ea.)Contains Fish, Wheat, Soy.	200.0	17.0	9.0	1.5	0.0	40.0	310.0	1.0	14.0
French Toast - (1 ea.)Contains Milk, Egg, Wheat, Soy.	240.0	38.0	7.0	1.0	0.0	10.0	260.0	2.0	6.0
Fresh Apple Slices - (1 ea.)Contains Apples.	29.0	7.8	0.1	0.0	0.0	0.0	1.0	1.4	0.2
Fresh Berries (1 no.16 scoop blueberries + 1 no. 16 scoop strawberries)Contains Berries (all kinds)	40.4	10.1	0.3	0.0	0.0	0.0	0.9	2.0	0.6
Fresh Broccoli - (1 #8 scoop)	9.5	1.8	0.1	0.0	0.0	0.0	9.2	(M)	1.0
Fresh Cantaloupe Chunks - (1 ea.)	30.8	7.4	0.2	0.1	0.0	0.0	14.5	0.8	0.8
Fresh Celery - (1 ea.)	9.6	1.8	0.1	0.0	0.0	0.0	48.0	1.0	0.4
Fresh Cucumber Slices - (7 slice)	14.9	3.6	0.1	0.0	0.0	0.0	2.0	0.5	0.6
Fresh Grapes - (1 ea.)	60.8	15.6	0.3	0.1	0.0	0.0	1.8	0.8	0.6
Fresh Mixed Fruit - (4 fl oz solid spoodle)Contains Cantaloupe.	31.0	8.0	0.0	0.0	0.0	0.0	13.0	1.0	1.0
Fresh Pineapple Chunks - (4 fl oz solid spoodle)	45.4	11.9	0.1	0.0	0.0	0.0	0.9	1.3	0.5
Fresh Strawberries - (1 ea.)Contains Berries (all kinds).	29.0	7.0	0.3	0.0		0.0	0.9	1.8	0.6
Frito Pie - PRE-DISH SCHOOLS (1 each + 1 bag chips)Contains Beef. May contain Cayenne Pepper, Citrus, Corn/Corn Products, Onion.	252.5	31.7	7.1	2.3	1.1	27.7	593.0	10.1	15.5
Frito Pie - TRADITIONAL SCHOOLS - (6 FL OZ CHILI + 1 OZ CHIPS)Contains Beef. May contain Cayenne Pepper, Citrus, Corn/Corn Products, Onion.	325.7	42.2	11.1	2.7	0.8	21.1	613.7	9.6	13.7
Frosted Shredded Wheat Cereal - (1 ea.)Contains Wheat.	200.0	46.0	1.0	0.0	0.0	0.0	10.0	6.0	5.0
Garden Fresh Bell Pepper Sticks - TRADITIONAL SCHOOLS - (1/2 c.)	11.3	2.6	0.1	0.0	0.0	0.0	1.7	1.0	0.5
Garden Fresh Bell Pepper Sticks - PRE-DISH SCHOOLS - (1 ea.)	9.2	2.1	0.1	0.0	0.0	0.0	1.4	0.8	0.4

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Item Name (Serving Size)	Calories (Kcal)	Carb (g)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Fiber (g)	Protein (g)
Garden Fresh Carrot & Radish Coin Dippers (1 ea.)Contains Carrot.	17.1	3.9	0.1	0.0	0.0	0.0	32.4	1.3	0.5
Garden Fresh Cucumbers - (1 ea.)Contains Cucumber/Pickles.	11.3	2.7	0.1	0.0	0.0	0.0	1.5	0.4	0.5
Garden Fresh Grape Tomato Medley - (1/2 c.)	15.3	3.3	0.2	0.0	0.0	0.0	4.3	1.0	0.8
Garden Fresh Romanesco, Cauliflower & Broccoli Salad - (1 #8 scoop)Contains Broccoli.	33.1	6.5	0.4	0.1	0.0	0.0	37.8	2.0	2.8
Garden Fresh Tomato Medley - (1 ea.)	6.1	1.3	0.1	0.0	0.0	0.0	1.7	0.4	0.3
Garden Salad w/ Carrots (1 no. 8 scoop lettuce + no. 16 scoop tomatoes + 1 slice cucumber)Contains Cucumber/Pickles.	13.8	3.1	0.1	0.0	0.0	0.0	18.1	1.1	0.5
Garden Salad w/ Tomatoes- (1 no. 8 scoop lettuce + no. 16 scoop tomatoes + 1 slice cucumber)Contains Tomatoes.	17.0	3.7	0.2	0.0	0.0	0.0	4.8	1.2	0.9
Gardenburger Vegetarian Burger (1 ea.)Contains Milk, Wheat, Soy.	244.5	36.1	5.4	0.8	0.0	0.0	649.0	7.8	18.2
Garlic Roll - (1 ea.) Contains Milk, Egg.	126.6	21.7	2.8	1.2	0.0	17.8	198.2	2.0	4.4
Goldfish (1 ea.)Contains Milk, Wheat, Gluten.	100.0	14.0	3.5	1.0	0.0	4.0	170.0	1.0	3.0
Grape Jelly - (1 ea.)	35.0	9.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Green & Red Grapes - (1 #8 scoop)	60.8	15.6	0.3	0.1	0.0	0.0	1.8	0.8	0.6
Green Chili Burrito - MS - LE19 (1 burrito + 2 fl oz cheese)Contains Milk, Wheat, Soy, Corn/Corn Products, Olives, Onion.	412.2	53.9	13.2	5.4	0.0	20.5	1245.2	5.9	17.0
Green Eggs & Ham w/ Biscuit - (1 ea.)Contains Milk, Egg, Wheat, Turkey, Onion.	258.3	26.0	11.1	5.9	0.0	157.8	654.0	1.2	12.0
Grilled Cheese Croissant Sandwich -(1 ea.)Contains Milk, Egg, Wheat, Soy.	301.5	33.0	12.8	6.3	0.0	22.8	735.3	3.0	14.1
Grilled Spicy Chicken Sandwich - (1 ea.)Contains Wheat, Soy.	260.0	30.0	5.5	1.5	0.0	40.0	480.0	3.0	23.0
Ham & Cheese Croissant - (1 ea.)Contains Milk, Egg, Wheat, Soy, Turkey.	270.5	31.5	10.5	4.5	0.0	37.6	716.8	3.0	15.5
Ham & Cheese English Muffin (1 ea.)Contains Milk, Wheat, Soy, Turkey.	210.5	25.5	6.0	2.0	0.0	37.6	656.8	2.0	15.5
Hamburger - (1 ea.)Contains Wheat, Soy, Beef.	345.0	29.2	17.8	6.8	0.0	50.0	329.0	3.0	18.2
Hatch Green Chili Tamales - (2 ea.) Contains Milk, Corn/Corn Products.	320.0	34.0	16.0	6.0	0.0	30.0	340.0	6.0	12.0
Homestyle Chicken Tenders - (4 2/3 oz.)Contains Milk, Wheat, Soy.	387.9	22.2	12.2	2.2	0.0	68.9	439.0	6.7	31.1
Honey Mustard Dip - (1 pkg.)Contains Egg, Soy.	80.0	7.0	6.0	1.0	0.0	10.0	125.0	0.0	0.0
Honey Mustard Dressing (1 fl. oz.)Contains Mustard.	99.8	23.7	0.0	0.0	0.0	0.0	285.8	0.1	0.1
Honey Scooters Cereal - (1 ea.)Contains Wheat.	219.4	45.2	2.6	0.4	0.0	0.0	394.1	3.6	4.9
Hot Dog - (1 ea.)Contains Milk, Wheat.	230.0	21.0	10.5	2.5	0.0	55.0	470.0	2.0	13.0
Hot Green "Finch Fire" Salsa - (1 fl. oz.)Contains Soy, Tomatoes, Onion.	12.0	1.8	0.5	0.1	0.0	0.0	151.3	0.6	0.3
House Vinaigrette (1 fl. oz.)Contains Mustard, Olives, Onion.	109.4	0.5	12.5	1.8	0.0	0.0	193.1	0.1	0.0
Hummus 3 oz. cup - (1 ea.)Contains Chickpeas, Citrus, Sesame, Olives.	110.0	18.0	2.0	0.0	0.0	0.0	100.0	5.0	6.0
Hummus Lunch Box - (1 ea.)Contains Milk, Wheat, Soy, Chickpeas, Citrus, Sesame, Olives.	349.8	51.0	9.1	3.5	0.0	15.0	506.3	10.5	16.5
Jalapenos - (1 #16 scoop)	5.0	1.0	0.0	0.0	0.0	0.0	360.0	0.0	0.0
Kale Slaw - (1 #8 scoop)Contains Soy, Apples, Broccoli, Carrot.	45.5	6.0	2.1	0.3	0.0	0.1	53.2	1.3	1.9
Ketchup - (1 pkg.)	10.0	3.0	0.0	0.0	0.0	0.0	25.0	0.0	0.0
Key Lime - (1 ea.)Contains Citrus.	3.0	1.1	0.0	0.0	0.0	0.0	0.2	0.3	0.1
LASAGNA ROLLS - (1 ea.) Contains Milk, Wheat, Soy, Gluten, Cayenne Pepper, Citrus, Corn/Corn Products, Olives, Onion.	327.3	40.3	9.5	4.9	0.0	24.4	591.4	4.0	18.6
Lasagna w/ Italian Sausage (1 slice)Contains Milk, Soy, Beef, Cayenne Pepper, Citrus, Corn/Corn Products, Olives, Onion.	469.2	47.0	20.6	8.1	1.5	70.8	819.1	8.0	29.1
Lime Cabbage Slaw - (1-4oz. spoodle)Contains Citrus.	17.4	4.2	0.1	0.0	0.0	0.0	198.5	1.8	0.9
Lo Mein - (1 #8 scoop)Contains Wheat, Soy, Gluten, Broccoli, Carrot, Chicken, Corn/Corn Products, Sesame, Onion.	173.2	37.4	0.8	0.1	0.0	0.0	89.8	2.0	4.4
Macaroni & Cheese - PRE-DISH SCHOOLS - (1 ea.)Contains Milk, Wheat, Soy, Gluten, Corn/Corn Products, Onion.	529.8	52.1	20.9	9.7	0.0	48.0	1287.0	3.5	27.3
Macaroni & Cheese - TRADITIONAL SCHOOLS - (2 #8 scoop)Contains Milk, Wheat, Soy, Gluten, Corn/Corn Products, Onion.	558.8	53.9	22.8	10.5	0.1	50.2	989.7	3.5	28.3
Mandarin Chicken Salad - (1 ea.)Contains Wheat, Soy, Carrot, Chicken, Sesame.	505.9	74.2	11.0	1.7	0.0	65.0	1097.1	9.0	31.0
Mandarin Oranges - (4 fl oz solid spoodle)	70.0	17.0	0.0	0.0	0.0	0.0	10.0	1.0	1.0
Mandarin, Grape & Apple Fruit Salad (1 #8 scoop)Contains Apples.	62.4	15.6	0.1	0.0	0.0	0.0	6.0	1.3	0.7
Marinara Sauce - (2 fl. oz.)Contains Cayenne Pepper, Citrus, Corn/Corn Products, Olives, Onion.	36.6	6.3	1.0	0.1	0.0	0.0	82.3	1.1	1.2
Mashed Potatoes - (1 #8 scoop)Contains Milk.	96.8	19.4	1.3	0.0	0.0	0.0	217.3	1.3	2.5
Mashed Potatoes w/ Cream Gravy - (1 ea.)Contains Milk, Egg, Wheat, Soy.	109.9	20.4	2.7	0.9	0.0	0.0	265.7	1.1	2.1
Mashed Potatoes w/ Poultry Gravy, - PRE-DISH THANKSGIVING ONLY -(1 ea.)Contains Milk, Wheat, Chicken, Corn/Corn Products.	145.0	26.6	2.8	1.5	0.0	0.1	124.3	23.2	2.3

***Menus subject to change**

**PK-5 Menu Item Nutrient Analysis
2020-2021 School Year**

Item Name (Serving Size)	Calories (Kcal)	Carb (g)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Fiber (g)	Protein (g)
Mayonnaise - (1 ea.)Contains Egg, Soy.	90.0	0.0	10.0	1.5	0.0	10.0	80.0	0.0	0.0
Meatball Sub - (1 ea.)Contains Milk, Wheat, Soy, Beef, Cayenne Pepper, Citrus, Corn/Corn Products, Olives, Onion.	349.2	32.1	15.8	6.0	0.6	49.6	477.8	3.4	19.9
Milk, 1% White - 8 oz - Contains Milk.	100.0	12.0	2.5	1.5	0.0	10.0	125.0	0.0	8.0
Milk, Chocolate, fat-free - 8 oz - (1 ea.)Contains Milk.	120.0	20.0	0.0	0.0	0.0	5.0	140.0	0.0	8.0
Milk, Strawberry, fat-free - 8 oz - (1 ea.)Contains Milk.	110.0	19.0	0.0	0.0	0.0	5.0	100.0	0.0	8.0
Mini Cinnamon Animal Crackers - (1 pkg.)Contains Wheat, Soy.	100.0	18.0	3.0	1.0	0.0	0.0	140.0	1.0	1.0
Mini Corn Dogs - (6 ea.)Contains Egg, Wheat, Soy, Chicken.	271.3	30.1	12.1	3.5	0.0	40.2	411.9	5.0	10.1
Mini Pancakes - (1 ea.)Contains Milk, Egg, Wheat.	220.0	40.0	7.0	0.5	0.0	0.0	180.0	3.0	4.0
Mini Pizza Bagels (4 ea.)Contains Milk. Processed in facility that also processes Egg, Wheat, Soy.	260.0	24.0	9.0	5.0	0.0	20.0	560.0	4.0	21.0
Mixed Fruit (Fruit Cocktail) - (4 fl oz solid spoodle)	89.7	22.4	0.0	0.0	0.0	0.0	22.4	1.1	0.0
Mixed Greens w/ Turkey Bacon (4 fl oz slotted spoodle)Contains Turkey.	63.3	10.4	1.3	0.1	0.0	1.9	207.8	7.2	6.2
Mixed Vegetables - (1 ea.)Contains Milk, Onion.	80.4	16.2	0.1	0.1	0.0	0.1	171.2	4.3	3.2
Mustard - (1 ea.)	3.9	0.5	0.2	0.0	0.0	0.0	64.9	0.2	0.2
Orange & Grapefruit Wedges (1 ea.)Contains Citrus, Grapefruit.	61.6	15.5	0.2	0.0	0.0	0.0	0.0	2.8	1.2
Orange Chicken - (1 #10 scoop)Contains Egg, Wheat, Soy.	149.9	19.0	3.0	0.5	0.0	40.0	279.8	0.0	11.0
Orange Chicken & Lomein - PRE-DISH SCHOOLS - (1 ea.)Contains Egg, Wheat, Soy, Gluten, Broccoli, Carrot, Chicken, Corn/Corn Products, Sesame, Onion.	323.2	56.4	3.8	0.6	0.0	40.0	369.8	2.0	15.4
Orange Juice - (1 ea.)Contains Oranges/Orange Juice.	60.0	13.0	0.0	0.0	0.0	0.0	1.0	0.0	0.0
Orange Smiles - (1 ea.)	62.6	15.7	0.2	0.0		0.0	0.0	3.2	1.3
Pancake & Turkey Sausage Minis - Breakfast serving (3 ea.) Contains Egg, Wheat, Soy, Gluten.	180.0	15.0	9.0	2.5	0.0	25.0	280.0	3.0	6.0
Pancake & Turkey Sausage Minis - Lunch Serving (6 ea.)Contains Egg, Wheat, Soy, Gluten.	360.0	30.0	18.0	5.0	0.0	50.0	560.0	6.0	12.0
Parmesan - (1 ea.)	14.7	0.5	1.0	0.5	0.0	3.0	63.1	0.0	1.0
Peach Cobbler - (1 ea.)Contains Milk, Wheat, Soy, Corn/Corn Products.	271.9	49.5	7.3	3.3	0.0	0.0	82.3	0.5	2.2
Peppered Gravy -(1 fl. oz.)Contains Milk, Egg, Wheat, Soy.	23.3	3.3	1.3	0.7	0.0	0.0	93.1	0.0	0.0
Pepperoni Pizza - (1 slice)Contains Milk, Wheat, Soy, Beef, Pork.	375.4	31.1	18.2	7.2	0.0	37.2	781.3	3.0	21.4
Pickles - (5 ea.)	0.0	0.0	0.0	0.0	0.0	0.0	150.0	0.0	0.0
Pico de Gallo - (1 Tbsp.)Contains Citrus, Tomatoes, Onion.	2.7	0.6	0.0	0.0		0.0	0.9	0.2	0.1
Pineapple Tidbits - (4 fl oz solid spoodle)	94.6	23.6	0.0	0.0	0.0	0.0	0.0	1.2	0.0
Pink Lady Apple - (1 ea.)	95.0	25.1	0.3	0.1	0.0	0.0	2.0	4.4	0.5
Pita Bread (1 ea.)Contains Wheat, Soy.	130.0	26.0	1.0	0.0	0.0	0.0	140.0	3.0	4.0
Plantains - (4 ea.)	262.6	52.5	4.8	0.0	0.0	0.0	21.5	4.8	0.0
Pork Carnitas Tacos - (2 tortillas + 3.5 oz meat)Contains Wheat, Pork.	430.9	34.0	15.1	6.1	2.0	101.3	988.0	2.0	28.3
Poultry Gravy - (2 fl. oz.)Contains Wheat, Chicken, Corn/Corn Products.	67.0	4.1	5.4	2.7	0.0	0.0	47.9	0.1	0.4
Pulled Pork BBQ Sandwich - LE88 (1 ea.)Contains Milk, Wheat, Soy, Corn/Corn Products, Pork, Onion.	439.7	39.2	13.5	5.0	2.0	101.3	948.4	3.23(M)	29.3
Pumpkin Spice Muffin (1 ea.)Contains Milk, Egg, Wheat.	320.3	51.3	10.4	5.0	0.07(M)	37.3	288.5	3.9	6.8
QUESO FOR TAMALES - CON-34 (1 #16 scoop)Contains Milk, Wheat, Soy, Citrus, Corn/Corn Products, Olives, Onion.	104.47 (M)	4.49(M)	6.19(M)	2.94(M)	0.01(M)	14.27(M)	295.30 (M)	0.20(M)	6.00(M)
Raisin Bran Cereal - (1 ea.)	200.0	45.0	1.0	0.0	0.0	0.0	280.0	6.0	4.0
Raisins - (1 Box)	115.2	27.5	0.0	0.0	0.0	0.0	8.9	1.8	0.9
Ranch Dressing - (1 fl. oz.)Contains Milk, Egg, Soy.	70.3	4.7	5.9	0.7	0.0	7.6	176.2	0.0	0.3
Ranch Flavored Baby Carrots (1 Bag)	30.0	7.0	0.0	0.0		0.0	200.0	2.0	1.0
Red Cabbage, Shredded - (1/4 cup chopped)	6.9	1.6	0.0	0.0		0.0	6.0	0.5	0.3
Red grapes (1 ea.)	60.8	15.6	0.3	0.1		0.0	1.8	0.8	0.6
Red Pepper Flakes (1 ea.)	5.0	1.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Rice Chex - (2 ea.)	200.0	48.0	1.0	0.0	0.0	0.0	500.0	2.0	4.0
Roasted Beets (1/2 c.)Contains Olives, Onion.	67.5	12.2	1.7	0.3	0.0	0.0	186.5	3.5	2.0
Roasted Broccoli (4 fl oz solid spoodle)Contains Olives.	16.2	2.4	0.6	0.1	0.0	0.0	85.2	0.0	1.3
Roasted Cauliflower - (1/2 c.)	37.1	4.6	1.3	0.7	0.0	2.2	29.7	1.8	2.9
Roasted Corn - (1 ea.) Contains Milk.	95.7	20.1	1.0	0.1	0.0	0.0	35.3	1.0	2.8
Roasted Corn in a Cup - V62 (4 fl oz slotted spoodle) Contains Milk.	118.7	24.9	1.2	0.1	0.0	0.0	97.3	1.2	3.4
Roasted Potato Potato Wedges - V25 (3 oz.)Contains Soy.	150.1	25.0	5.0	0.6	0.0	5.0	175.1	2.5	2.5
Roasted Root Veggies (1 #8 scoop)Contains Olives.	49.0	8.6	1.6	0.2	0.0	0.0	102.3	2.4	0.8
Roasted Sweet Potatoes - PRE-DISH SCHOOLS - (1 ea.)Contains Milk, Soy, Potatoes.	95.2	20.2	1.1	0.5	0.0	0.0	90.3	2.7	1.4

Menus subject to change

**PK-5 Menu Item Nutrient Analysis
2020-2021 School Year**

Item Name (Serving Size)	Calories (Kcal)	Carb (g)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Fiber (g)	Protein (g)
Roasted Sweet Potatoes - TRADITIONAL SCHOOLS - (1 #8 scoop)Contains Milk, Potatoes.	91.1	21.5	0.1	0.1	0.0	0.0	80.6	2.7	1.4
Roasted Vegetables (1 ea.)	36.3	8.6	0.2	0.0	0.0	0.0	36.8	2.4	0.8
Salsa - (2 fl. oz.)Contains Citrus, Olives, Onion.	26.4	5.6	0.2	0.0	0.0	0.0	93.8	1.1	1.1
Sausage & Cheese Biscuit - (1 ea.) Contains Milk, Wheat, Pork.	281.5	25.5	13.1	7.0	0.0	30.6	617.8	1.1	13.1
Sausage & Cheese Croissant - (1 ea.) Contains Milk, Egg, Wheat, Soy, Pork.	291.5	31.5	13.1	5.5	0.0	30.6	577.8	3.1	14.1
Sausage & Cheese English Muffin - (1 ea.)Contains Milk, Wheat, Soy, Pork.	232.5	25.7	8.6	3.0	0.0	30.6	519.8	2.1	14.2
Sausage & Cheese Kolache - (1 ea.)Contains Milk, Egg, Wheat, Pork.	268.8	25.8	13.1	5.5	0.0	44.8	644.2	2.5	10.9
Sausage Biscuit - (1 ea.)Contains Milk, Wheat, Pork.	241.0	24.5	10.8	5.7	0.0	23.0	476.0	1.1	10.1
Sausage Croissant - (1 ea.)Contains Milk, Egg, Wheat, Soy, Pork.	251.0	30.5	10.8	4.2	0.0	23.0	436.0	3.1	11.1
Sausage Kolache - (1 ea.)Contains Milk, Egg, Wheat, Pork.	235.3	26.0	11.0	4.3	0.0	38.1	512.7	2.6	8.1
Sausage Pizza - LE38 (1 slice)Contains Milk, Wheat, Soy.	390.0	32.0	18.0	6.5	0.0	50.0	930.0	4.0	25.0
Seasoned Black Beans - (1 ea.)Contains Citrus, Olives, Onion.	116.0	20.9	0.1	0.0	0.0	0.0	199.6	6.3	7.5
Seasoned Green Beans - PRE-DISH SCHOOLS (1 ea.)Contains Milk, Onion.	35.0	7.1	0.1	0.1	0.0	0.1	242.8	2.9	0.1
Seasoned Green Beans - TRADITIONAL SCHOOLS (4 fl oz slotted spoodle)Contains Milk, Onion.	29.0	5.9	0.1	0.1	0.0	0.0	200.6	2.4	0.1
Seasoned Peas - PRE-DISH SCHOOLS (1 ea.)Contains Milk, Onion.	87.2	15.7	0.5	0.1	0.0	0.1	105.2	4.9	5.6
Seasoned Peas - TRADITIONAL SCHOOLS (4 fl oz slotted spoodle)Contains Milk, Onion.	89.6	16.1	0.5	0.1	0.0	0.1	107.8	5.0	5.7
Seasoned Pinto Beans - (4 fl oz slotted spoodle)Contains Citrus, Olives, Onion.	139.6	25.7	0.1	0.0	0.0	0.0	152.3	6.3	7.5
Shredded Cheese - (1/2 oz.)Contains Milk.	40.5	1.0	2.3	1.3	0.0	7.6	141.8	0.0	3.0
Shredded Lettuce - (1/4 cup shredded)	2.5	0.5	0.0	0.0		0.0	1.8	0.2	0.2
Sliced Peaches - (4 fl oz solid spoodle)	70.0	17.0	0.0	0.0	0.0	0.0	10.0	0.0	0.0
Sour Cream - (1 ea.)Contains Milk.	54.7	0.8	5.6	3.3		14.7	13.3	0.0	0.6
Sour Raisins - (1 ea.)	117.0	29.7	0.5	0.0	0.0	0.0	4.5	1.8	0.9
Southwest Chicken Entrée Salad - (1 ea.)Contains Milk, Soy, Chicken, Citrus, Olives, Tomatoes, Onion.	312.9	23.6	11.5	4.9	0.0	82.6	845.9	7.2	30.9
Soy Milk - (1 ea.)Contains Soy.	120.0	15.0	3.0	0.0	0.0	0.0	170.0	1.0	8.0
Soy Sauce - (1 packet)Contains Soy.	3.7	0.4	0.0	0.0	0.0	0.0	223.8	0.0	0.5
Spaghetti & Meatballs (1 ea.)Contains Wheat, Gluten, Beef, Cayenne Pepper, Citrus, Corn/Corn Products, Olives, Onion.	370.3	43.5	13.8	4.4	0.7	48.0	229.0	4.6	19.4
Spaghetti & Meatsauce - (2 #8 scoop)Contains Milk, Wheat, Soy, Gluten, Beef, Corn/Corn Products, Onion.	537.2	52.8	22.8	9.4	2.5	82.2	486.2	5.9	30.5
Spiced Apple Muffin - (1 ea.)Contains Milk, Egg, Wheat, Soy.	411.6	53.4	19.3	8.4	0.0	70.0	616.1	3.2	6.4
Spicy Chicken Sandwich - (1 ea.)Contains Milk, Egg, Wheat, Soy, Chicken.	381.0	44.8	10.4	2.0	0.0	61.8	612.0	4.6	28.0
Spicy Chicken Tenders - (4 2/3 oz.)Contains Milk, Wheat, Soy.	387.9	22.2	12.2	2.2	0.0	68.9	439.0	6.7	31.1
Spinach, canned (4 fl oz slotted spoodle)	43.3	6.5	0.0	0.0	0.0	0.0	281.7	4.3	8.7
Steak Fingers - (4 ea.)Contains Milk, Wheat, Soy, Beef.	287.0	17.8	17.8	6.7	0.0	39.0	389.0	3.1	15.2
Steamed Broccoli - (1 ea.)Contains Milk, Onion.	26.7	5.5	0.1	0.1	0.0	0.0	118.4	2.6	2.5
Stir Fried Rice - (1 #6 scoop)Contains Soy, Chicken, Sesame.	145.6	27.8	2.3	0.0	0.0	0.0	71.0	2.4	3.8
Stir Fried Vegetables (4 fl oz slotted spoodle) Contains Milk, Onion.	32.2	6.5	0.1	0.0	0.0	0.0	44.5	2.9	1.9
Sunbutter & String Cheese - (1 ea.)Contains Milk, Wheat, Soy, Gluten.	470.0	42.0	25.5	7.5	0.0	19.0	590.0	5.0	18.0
Sweet n Sour Sauce - (1 ea.)	15.0	4.0	0.0	0.0	0.0	0.0	70.0	0.0	0.0
Sweet Potato Fries - (3 oz.)	180.7	26.4	7.0	1.4	0.0	0.0	173.8	4.2	1.4
Syrup - (1 ea.)	120.0	30.0	0.0	0.0	0.0	0.0	30.0	0.0	0.0
Tajin - (1 ea.)	2.0	0.0	0.0	0.0	0.0	0.0	127.0	0.0	0.0
Tartar Sauce - (2 fl. oz.)Contains Egg, Soy, Onion.	149.8	12.1	12.0	1.3	0.0	13.3	442.5	0.1	0.1
Thanksgiving Turkey - TRADITIONAL SCHOOLS - (3 oz.)	110.0	1.0	3.0	1.0	0.0	45.0	430.0	0.0	21.0
Thanksgiving Turkey & Dressing - PRE-DISH SCHOOLS - (1 ea.)Contains Milk. May contain Egg, Wheat, Soy, Gluten, Chicken, Corn/Corn Products, Onion.	566.9	51.0	29.0	12.8	0.1	47.5	1165.5	2.8	27.2
Toasty O's Cereal (1 ea.)Contains Wheat. May contain Soy.	100.0	18.0	1.5	0.0	0.0	0.0	120.0	2.0	3.0
Tortilla - TR1039 (1 ea.)Contains Wheat.	80.0	13.0	1.5	0.0	0.0	0.0	250.0	1.0	2.0
Turkey & Cheese Croissant - (1 ea.)Contains Milk, Egg, Wheat, Soy, Turkey.	295.5	31.9	10.8	4.6	0.0	40.9	760.1	3.0	20.5
Turkey Ham & Cheese Croissant - (1 ea.)Contains Milk, Egg, Wheat, Soy, Turkey.	303.8	31.9	12.0	5.0	0.0	57.6	893.4	3.0	20.5
Vegetable Egg Roll - (1 ea.)Contains Egg, Wheat, Soy.	140.0	22.0	3.5	1.0	0.0	0.0	150.0	4.0	4.0
Watermelon - (1 slice)	42.4	10.7	0.2	0.0		0.0	1.4	0.6	0.9
Watermelon - (1 ea.)Contains Watermelon.	57.6	14.5	0.3	0.0		0.0	1.9	0.8	1.2
Wheat Roll - (1 ea.)Contains Milk, Egg.	165.6	28.9	3.5	1.5	0.0	23.2	249.1	2.7	5.5

Menus subject to change

**PK-5 Menu Item Nutrient Analysis
2020-2021 School Year**

Item Name (Serving Size)	Calories (Kcal)	Carb (g)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Fiber (g)	Protein (g)
Whole Kernel Corn - PRE-DISH SCHOOLS - (1 ea.)Contains Milk.	95.7	20.1	1.0	0.1	0.0	0.0	35.3	1.0	2.8
Whole Kernel Corn - TRADITIONAL SCHOOLS - (4 fl oz slotted spoodle)Contains Milk.	118.7	24.9	1.2	0.1	0.0	0.0	97.3	1.2	3.4
Whole Milk, Age 1-2 ONLY (1 c.)Contains Milk.	148.8	11.7	7.9	4.6		24.4	104.9	0.0	7.7
Whole Wheat Cinnamon Roll - (1 ea.)Contains Milk, Wheat, Soy.	309.0	56.2	6.2	2.5	0.0	0.0	58.7	5.1	8.1
WOWbutter Sandwich (1 ea.)Contains Milk, Wheat, Soy, Gluten.	290.0	28.0	16.0	3.0	0.0	0.0	220.0	4.0	9.0
WOWbutter Sandwich Box w/ string cheese/goldfish (1 ea.)Contains Milk, Wheat, Soy, Gluten	470.0	42.0	25.5	7.5	0.0	19.0	590.0	5.0	18.0
Yogurt & Granola Breakfast - (1 Yogurt + Granola)Contains Milk, Carrot, Corn/Corn Products, Sunflower Seeds, Strawberries.	340.0	55.0	9.0	1.0	0.0	4.9	125.0	4.0	9.0
Yogurt Box Lunch Entree - (1 ea.)Contains Milk, Carrot, Corn/Corn Products, Sunflower Seeds, Strawberries.	420.0	55.0	15.0	4.5	0.0	19.9	325.0	4.0	15.0
Zucchini - PRE-DISH SCHOOLS - (1 ea.)Contains Milk, Onion.	29.7	4.5	0.1	0.1	0.0	0.1	141.5	1.7	0.1
Zucchini - TRADITIONAL SCHOOLS - (4 fl oz slotted spoodle)Contains Milk, Onion.	26.8	4.1	0.1	0.0	0.0	0.0	198.7	1.5	0.1
A la Carte									
Cherry/Blue Raspberry Juice Rush Slush (1 ea.)Contains Apples, Red Dye.	110.0	27.0	0.0	0.0	0.0	0.0	20.0	0.0	1.0
Chocolate Chip Cooke - 1 ea	177.0	29.5	3.7	0.0	12.1	153.5	30.5	1.9	2.9
Goldfish - WG - 1 ea.	100.0	14.0	1.0	0.0	3.5	170.0	14.0	1.0	3.0
Ice cream - chocolate cup - 1 ea.	70	12							
Ice cream - sandwich - mini - 1 ea.	120	12							
Ice cream - vanilla cup - 1 ea.	60	12							
Rice Krispie - WG - 1 ea.	160	30							
<p>NOTE: Items labeled PRE-DISH or TRADITIONAL elementary schools may have different nutrients based on recipes. Pre-Dish items are all individually wrapped, packaged or boxed for self-service.</p> <p>Pre-Dish Schools: Andre, Birkes, Black, Danish, Duryea, Emery, Farney, Frazier, Gleason, Hairgrove, Hemmenway, Jowell, Keith, Kirk, Lee, Lieder, McFee, Metcalf, Post, Postma, Reed, M. Robinson, A. Robison, Sampson, Sheridan, Swenke, Tipps, Warner.</p> <p>Traditional Schools: Adam, Ault, Bane, Bang, Copeland, Emmott, Fiest, Francone, Hamilton, Hancock, Holbrook, Holmsley, Hoover, Horne, Lamkin, Lowery, Matzke, Millsap, Moore, Owens, Pope, Rennell, Walker, Wells, Willbern, Wilson, Woodard, Yeager.</p>									
<p>NOTE: The standard list of allergens available in the PrimoEdge "Allergen" feature is taken from the Food Allergen Labeling and Consumer Protection Act of 2004 (FALCPA) plus the addition of gluten. FALCPA allergens include: Crustacean Shellfish, Egg, Fish, Gluten, Milk, Peanuts, Soy, Tree Nuts and Wheat.</p>									