



SEPTEMBER 2020 BREAKFAST AND LUNCH MENU

ELEMENTARY BREAKFAST: Paid student meal \$1 // reduced student meal \$0.20 // adult/visitor breakfast \$2
ELEMENTARY LUNCH: Paid student meal \$2.25 // reduced student lunch \$0.40 // adult/visitor lunch \$3.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 NO SCHOOL	8 Mini Pancakes Cheeseburger Garden Salad Whole Kernel Corn Fresh Apple Slices	9 Pancake & Turkey Sausage Minis Cheese Pizza Garden Salad Seasoned Green Beans Fresh Apple Slices	10 Sausage & Cheese Croissant Turkey Hot Dog Garden Salad Mixed Vegetables Fresh Apple Slices	11 Sausage & Cheese Kolache Steak Fingers Cole Slaw Mashed Potatoes & Gravy Fresh Apple Slices Wheat Roll
14 Whole Wheat Cinnamon Roll Breaded Chicken Sandwich Baby Carrots Steamed Broccoli Fresh Apple Slices	15 French Toast Beef Soft Tacos Garden Salad Seasoned Pinto Beans Fresh Apple Slices Wheat Roll	16 Very Berry Muffin Pepperoni Pizza Garden Salad Seasoned Green Beans Fresh Apple Slices	17 Ham & Cheese Croissant Cheeseburger Garden Salad Mixed Vegetables Fresh Apple Slices Veggie Egg Roll	18 Chicken Biscuit Steak Fingers Garden Salad Mashed Potatoes & Gravy Fresh Apple Slices Wheat Roll
21 Whole Wheat Cinnamon Roll Nachos w/ Baked Tostitos Baby Carrots Seasoned Black Beans Fresh Apple Slices	22 Mini Pancakes Steak Fingers Garden Salad Mashed Potatoes & Gravy Fresh Apple Slices Wheat Roll	23 Sausage & Cheese Biscuit Cheese Pizza Broccoli Salad Garden Salad Fresh Apple Slices	24 Ham & Cheese Croissant Mac & Cheese Garden Salad Seasoned Green Beans Fresh Apple Slices	25 Sausage & Cheese Kolache Turkey Hot Dog Garden Salad Mixed Vegetables Fresh Apple Slices
28 Whole Wheat Cinnamon Roll Cheese Stuffed Breadsticks Baby Carrots Seasoned Pinto Beans Fresh Apple Slices	29 Pancake & Turkey Sausage Minis Chicken Tenders Garden Salad Whole Kernel Corn Fresh Apple Slices	30 Very Berry Muffin Cheese Pizza Garden Salad Mixed Vegetables Fresh Apple Slices		

This institution is an equal opportunity provider.

Menus are subject to change without notice due to price and availability of food

A Complete Breakfast Includes:

- Choice of 1 entrée
- 2 fruits OR 1 fruit & juice
- 1% white or fat free chocolate milk

Daily Breakfast Features:

- Yogurt & Rockin' ola granola
- Whole grain cereal (Not available at some schools)
- 100% fruit juice
- 1% white or fat free chocolate milk

A Complete Lunch Includes:

- Choice of entrée
- 2 fruits
- 2 vegetables

- 1% white or fat free chocolate milk

Daily Lunch Features:

- Wowbutter, string cheese & goldfish entree