



OCTOBER 2020 ELC BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Ham & Cheese Croissant Orange Chicken & Lo Mein Mixed Vegetables Applesauce Milk 9	2 Chicken Biscuit Lunch from Home 10
5 Cereal Soft Tacos Seasoned Pinto Beans Sliced Peaches Milk 11	6 Cereal Cheeseburger Whole Kernel Corn Berry Cobbler Milk 12	7 Mini Pancakes Pizza Bagels Seasoned Green Beans Fresh Apple Slices Milk 13	8 Ham & Cheese Croissant Hot Dog Mixed Vegetables Applesauce Milk 14	9 Sausage & Cheese Kolache Lunch from Home 15
12 Yogurt w/ Granola Mini Corn Dogs Seasoned Pinto Beans Sliced Peaches Milk 16	13 Mini Pancakes Soft Tacos Whole Kernel Corn Fresh Apple Slices Milk 17	14 Very Berry Muffin Cheese Stuffed Breadsticks Seasoned Green Beans Mandarin Oranges Milk 18	15 Ham & Cheese Croissant Cheeseburgers Steamed Broccoli Applesauce Milk 19	16 Chicken Biscuit Lunch from Home 20
19 Cereal Soft Tacos Pinto Beans Sliced Peaches Milk 1	20 French Toast Steak Fingers Mashed Potatoes & Gravy Fresh Apple Slices Milk 2	21 Sausage & Cheese Biscuit Chicken Chunks Mixed Vegetables Applesauce Milk 3	22 Ham & Cheese Croissant Mac & Cheese Seasoned Green beans Fruit Cocktail Milk 4	23 Sausage & Cheese Kolache Lunch from Home 5
26 Yogurt w/ Granola Cheese Stuffed Breadsticks Seasoned Pinto Beans Sliced Peaches Milk 6	27 Mini Pancakes Chicken Chunks Whole Kernel Corn Fresh Apple Slices Milk 7	28 Sausage & Cheese Biscuit Pizza Rolls Seasoned Green Beans Mandarin Oranges Milk 8	29 Ham & Cheese Croissant Orange Chicken & Lo Mein Mixed Vegetables Applesauce Milk 9	30 Chicken Biscuit Lunch from Home 10

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Menus are subject to change without notice due to price and availability of food