



OCTOBER 2020 CFISD CONNECT BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 French Toast Apple Milk Mini Corn Dogs Baby Carrots Apple Milk Pick Up ->	2 Mini Pancakes Applesauce Pouch Raisins Cheeseburger Broccoli Apple Milk 9 10
5 Cinnamon Roll Apple Milk Steak Fingers Baby Carrots Apple Goldfish Crackers Milk 11	6 Granola Applesauce Pouch Raisins Mini Pizza Bagels Baby Carrots w/ Hummus Apple Milk Pick Up ->	7 Mini Pancakes Apple Milk Chicken Chunks Broccoli Apple Goldfish Crackers Milk 13	8 French Toast Apple Milk Hamburger Garden Salad Crunchy Chickpeas Apple Milk Pick Up ->	9 Cinnamon Roll Apple Milk Hot Dog Whole Kernel Corn Apple Milk 15
12 Cereal Apple Milk Mini Corn Dogs Baby Carrots Apple Milk 16	13 Granola Apple Milk Cheese Stuffed Breadsticks Baby Carrots Apple Milk Pick UP ->	14 Mini Pancakes Applesauce Raisins Milk Chicken Chunks Broccoli Apple Goldfish Crackers Milk 18	15 Granola Applesauce Raisins Milk Cheeseburger Black Bean & Corn Salad Apple Milk Pick Up ->	16 French Toast Apple Chips Raisins Milk Pizza Bagels Apple Garden Salad Milk 20
19 Cinnamon Roll Applesauce Raisins Milk Hamburger Baby Carrots Apple Milk 1	20 Cereal Raisins Applesauce Milk Steak Fingers Baby Carrots w/ Hummus Apple Goldfish Crackers Milk Pick Up ->	21 French Toast Applesauce Raisins Milk Mini Corn Dogs Whole Kernel Corn Apple Milk 3	22 Granola Raisins Applesauce Milk Pizza Bagels Garden Salad Crunchy Chickpeas Apple Milk Pick Up ->	23 Mini Pancakes Raisins Applesauce Milk Hot Dog Broccoli Apple Milk 5
26 Granola Apple Milk Cheese Stuffed Breadsticks Garden Salad Apple Milk 6	27 French Toast Apple Milk Hamburger Black Bean Salad Apple Milk Pick Up ->	28 Cereal Raisins Applesauce Milk Chicken Chunks Baby Carrots Apple Goldfish Crackers Milk 8	29 French Toast Apple Milk Mini Corn Dogs Baby Carrots Apple Milk Pick Up ->	30 Mini Pancakes Applesauce Pouch Raisins Milk Hamburger Broccoli Apple Milk 10

Menus are subject to change without notice due to price and availability of food