



# HIGH SCHOOL NOVEMBER 2020 BREAKFAST AND LUNCH MENU

HIGH SCHOOL BREAKFAST: Paid student meal \$1.25 // reduced student meal \$0.20 // adult/visitor meal \$2

HIGH SCHOOL LUNCH: Paid student meal \$2.50 // reduced student meal \$0.40 // adult/visitor meal \$3.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> <b>Whole Wheat Cinnamon Roll</b>  <b>Cheese Stuffed Breadsticks</b> Garden Salad Seasoned Pinto Beans Sliced Peaches	<b>3</b> <b>French Toast</b>  <b>Beef Soft Tacos</b> Garden Salad Roasted Corn Fresh Apple	<b>4</b> <b>Sausage &amp; Cheese English Muffin</b>  <b>Chili Cheese Turkey Hot Dog</b> Garden Salad Sweet Potato Fries Fruit Cobbler	<b>5</b> <b>Chicken Biscuit</b>  <b>Chicken Teriyaki w/ Stir Fried Rice</b> Spicy Spinach Salad Stir Fried Vegetables Vegetable Egg Roll Mandarin Oranges	<b>6</b> <b>Sausage &amp; Cheese Croissant</b>  <b>Spicy Chicken Salad</b> Cole Slaw Roasted Potato Wedges Mandarin Oranges
<b>9</b> <b>Whole Wheat Cinnamon Roll</b>  <b>Pulled Pork Baked Potato</b> Garden Salad Seasoned Pinto Beans Garlic Breadsticks Sliced Peaches	<b>10</b> <b>Mini Pancakes</b>  <b>Pork Carnitas Tacos</b> Garden Salad Roasted Corn Fresh Apple	<b>11</b> <b>Sausage &amp; Cheese Biscuit</b>  <b>Lasagna Rolls</b> Diced Carrots Garden Salad Fruit Cobbler Garlic Roll	<b>12</b> <b>Ham &amp; Cheese Croissant</b>  <b>Orange Chicken &amp; Lo Mein</b> Garden Salad Steamed Broccoli Pineapple Tidbits Vegetable Egg Roll	<b>13</b> <b>Sausage &amp; Cheese Kolache</b>  <b>Nachos</b> Garden Salad Seasoned Black Beans Diced Pears
<b>16</b> <b>Whole Wheat Cinnamon Roll</b>  <b>Steak Fingers</b> Garden Salad Mashed Potatoes & Gravy Sliced Peaches Wheat Roll	<b>17</b> <b>Mini Pancakes</b>  <b>Beef Soft Tacos</b> Fresh Broccoli Roasted Corn Fresh Apple	<b>18</b> <b>Sausage &amp; Cheese English Muffin</b>  <b>Chicken Supreme Nachos</b> Garden Salad Seasoned Black Beans Fruit Cobbler	<b>19</b> <b>Chicken Biscuit</b>  <b>Turkey &amp; Dressing</b> Mashed Potatoes w/ Gravy Seasoned Green Beans Frozen Peach Cup Cornbread Dressing Cranberry Sauce Pumpkin Muffin Dinner Roll	<b>20</b> <b>Sausage &amp; Cheese Croissant</b>  <b>Cheese Stuffed Breadsticks</b> Diced Carrots Garden Salad Mandarin Oranges
<b>23</b>  <b>NO SCHOOL</b>	<b>24</b>  <b>NO SCHOOL</b>	<b>25</b>  <b>NO SCHOOL</b>	<b>26</b>  <b>NO SCHOOL</b>	<b>27</b>  <b>NO SCHOOL</b>
<b>30</b> <b>Mini Pancakes</b>  <b>Cheese Stuffed Breadsticks</b> Garden Salad Seasoned Pinto Beans Sliced Peaches Garlic Roll				

This institution is an equal opportunity provider.

\*Menus are subject to change without notice due to price and availability of food\*

Complete Breakfast Includes:

- Choice of 1 entrée
- 1 fruit OR 1 fruit & juice
- 1% white or fat free chocolate milk

Daily Breakfast Features:

- Yogurt & Rockin' ola granola
- Whole grain cereal (Not available at some schools)
- Fresh Fruit
- 100% fruit juice
- 1% white or fat free chocolate milk

A Complete Lunch Includes:

- Choice of entrée
- 1 whole fruit
- 2 vegetables
- 1% white or fat free chocolate milk

Fresh Entrée Salads

**Tuesday-Friday:** Grilled Chicken Caesar Salad.