



MIDDLE SCHOOL NOVEMBER 2020 BREAKFAST AND LUNCH MENU

MIDDLE SCHOOL BREAKFAST: Paid student meal \$1.25 // reduced student meal \$0.20 // adult/visitor meal \$2
MIDDLE SCHOOL LUNCH: Paid student meal \$2.50 // reduced student meal \$0.40 // adult/visitor meal \$3.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Whole Wheat Cinnamon Roll Cheese Stuffed Breadsticks Garden Salad Seasoned Pinto Beans Sliced Peaches	3 French Toast Beef Soft Tacos Garden Salad Roasted Corn Fresh Apple	4 Sausage & Cheese English Muffin Chili Cheese Turkey Hot Dog Garden Salad Sweet Potato Fries Fruit Cobbler	5 Chicken Biscuit Chicken Teriyaki w/ Stir Fried Rice Spicy Spinach Salad Stir Fried Vegetables Vegetable Egg Roll Mandarin Oranges	6 Sausage & Cheese Croissant Spicy Chicken Salad Cole Slaw Roasted Potato Wedges Mandarin Oranges
9 Whole Wheat Cinnamon Roll Pulled Pork Baked Potato Garden Salad Seasoned Pinto Beans Garlic Breadsticks Sliced Peaches	10 Mini Pancakes Pork Carnitas Tacos Garden Salad Roasted Corn Fresh Apple	11 Sausage & Cheese Biscuit Lasagna Rolls Diced Carrots Garden Salad Fruit Cobbler Garlic Roll	12 Ham & Cheese Croissant Orange Chicken & Lo Mein Garden Salad Steamed Broccoli Pineapple Tidbits Vegetable Egg Roll	13 Sausage & Cheese Kolache Nachos Garden Salad Seasoned Black Beans Diced Pears
16 Whole Wheat Cinnamon Roll Steak Fingers Garden Salad Mashed Potatoes & Gravy Sliced Peaches Wheat Roll	17 Mini Pancakes Beef Soft Tacos Fresh Broccoli Roasted Corn Fresh Apple	18 Sausage & Cheese English Muffin Chicken Supreme Nachos Garden Salad Seasoned Black Beans Fruit Cobbler	19 Chicken Biscuit Turkey & Dressing Mashed Potatoes w/ Gravy Seasoned Green Beans Frozen Peach Cup Cornbread Dressing Cranberry Sauce Pumpkin Muffin Dinner Roll	20 Sausage & Cheese Croissant Cheese Stuffed Breadsticks Diced Carrots Garden Salad Mandarin Oranges
23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL
30 Mini Pancakes Cheese Stuffed Breadsticks Garden Salad Seasoned Pinto Beans Sliced Peaches Garlic Roll				

This institution is an equal opportunity provider.

Menus are subject to change without notice due to price and availability of food

Complete Breakfast Includes:

- Choice of 1 entrée
- 2 fruits OR 1 fruit & juice
- 1% white or fat free chocolate milk

Daily Breakfast Features:

- Yogurt & Rockin' ola granola
- Whole grain cereal (Not available at some schools)
- Fresh Fruit
- 100% fruit juice
- 1% white or fat free chocolate milk

A Complete Lunch Includes:

- Choice of entrée
- 2 fruits
- 2 vegetables
- 1% white or fat free chocolate milk

Fresh Entrée Salads

Tuesday-Friday: Grilled Chicken Caesar Salad.