

DYSPHAGIA Breakfast & Lunch		AUGUST-SEPTEMBER 2019				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
26 Fruit & Yogurt Parfait Applesauce Juice Milk  Chicken Enchiladas Seasoned Pinto Beans Glazed Carrots Canned Peaches  #1	27 Sausage Biscuit w/ Gravy Applesauce Juice Milk  Salisbury Steak Glazed Carrots Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice  #2	28 French Toast w/ Fruit Compote Applesauce Juice Milk  Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce  #3	29 Chicken Biscuit w/ Gravy Applesauce Juice Milk  Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears  #4	30 Blueberry Muffin w/ Fruit Compote Applesauce Juice Milk  Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler  #5		
<b>SCHOOL HOLIDAY</b>  #6	3 2 Yogurts Applesauce Juice Milk  Turkey Alfredo Green Beans Glazed Carrots Pineapple Tidbits  #7	4 Cinnamon Roll w/ Sausage Applesauce Juice Milk  Chicken Nuggets w/ Country Gravy Mashed Potatoes Green Beans Fruit Cobbler  #8	5 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk  Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail  #9	6 Pancakes & Sausage Applesauce Juice Milk  Green Chili Burrito w/ Nacho Cheese Mixed Vegetables Green Beans Mandarin Oranges  #10		
9 Fruit & Yogurt Parfait Applesauce Juice Milk  Chicken Enchiladas Seasoned Pinto Beans Glazed Carrots Canned Peaches  #11	10 Sausage Biscuit w/ Gravy Applesauce Juice Milk  Salisbury Steak Glazed Carrots Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice  #12	11 French Toast w/ Fruit Compote Applesauce Juice Milk  Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce  #13	12 Chicken Biscuit w/ Gravy Applesauce Juice Milk  Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears  #14	13 Blueberry Muffin w/ Fruit Compote Applesauce Juice Milk  Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler  #15		
16 Oatmeal w/ Fruit Compote Applesauce Juice Milk  Beef & Cheese Nachos Seasoned Black Beans Cauliflower Peach Cobbler  #16	17 Chicken & Waffles Applesauce Juice Milk  Pulled Pork BBQ Sweet Potatoes Green Beans Canned Peaches  #17	18 Cinnamon Roll w/ Sausage Applesauce Juice Milk  Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Squash/Zucchini Spiced Applesauce  #18	19 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk  Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail  #19	20 Pancakes & Sausage Applesauce Juice Milk  Fish Filet w/ Tartar Sauce Tomato Soup Glazed Carrots Fruit Cobbler  #20		



23 Fruit & Yogurt Parfait Applesauce Juice Milk  Chicken Enchiladas Seasoned Pinto Beans Green Beans Canned Peaches  #1	24 Sausage Biscuit w/ Gravy Applesauce Juice Milk  Salisbury Steak Glazed Carrots Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice  #2	25 French Toast w/ Fruit Compote Applesauce Juice Milk  Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce  #3	26 Chicken Biscuit w/ Gravy Applesauce Juice Milk  Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears  #4	27 Blueberry Muffin w/ Fruit Compote Applesauce Juice Milk  Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler  #5
30 Fruit & Yogurt Parfait Applesauce Juice Milk  Beef & Cheese Nachos Seasoned Black Beans Cauliflower Peach Cobbler  #6	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <p><b>2019-2020 Meal Prices:</b>            Paid Elementary Breakfast: \$1.00            Paid Elementary Lunch: \$2.25            Paid Secondary Breakfast: \$1.25            Paid Secondary Lunch: \$2.50            Reduce Student Breakfast: \$0.20            Reduced Student Lunch: \$0.40</p> </div>			

**\*All menu items can be provided as Pureed, Minced & Moist, or Soft & Bite Sized based on Doctor's orders.\***

**\*\*All meals come with a choice of 1% white milk or fat free chocolate milk\*\***

**\*\*\*Standard Dysphagia Breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk\*\*\***

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