



DECEMBER DYSPHAGIA MENU

2020-2021 Meal Prices:

Paid Elementary Breakfast: \$1.00 // Paid Elementary Lunch: \$2.25

Paid Secondary Breakfast: \$1.25 // Paid Secondary Lunch: \$2.50

Reduced Student Breakfast: \$0.20 // Reduced Student Lunch: \$0.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Sausage Biscuit w/ Gravy Applesauce Juice Milk Salisbury Steak Glazed Carrots Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice <div style="text-align: right;">#12</div>	2 French Toast w/ Fruit Compote Applesauce Juice Milk Chicken Teriyaki Fried Rice Glazed Carrots Squash/Zucchini Spiced Applesauce <div style="text-align: right;">#13</div>	3 Chicken Biscuit w/ Gravy Applesauce Juice Milk Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears <div style="text-align: right;">#14</div>	4 Blueberry Muffin w/ Fruit Compote Applesauce Juice Milk Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler <div style="text-align: right;">#15</div>
7 Oatmeal w/ Fruit Compote Applesauce Juice Milk Beef & Cheese Nachos Seasoned Black Beans Cauliflower Peach Cobbler <div style="text-align: right;">#16</div>	8 Chicken & Waffles Applesauce Juice Milk Pulled Pork BBQ Sweet Potatoes Green Beans Canned Peaches <div style="text-align: right;">#17</div>	9 Cinnamon Roll w/ Sausage Applesauce Juice Milk Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Squash/Zucchini Spiced Applesauce <div style="text-align: right;">#18</div>	10 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail <div style="text-align: right;">#19</div>	11 Pancakes & Sausage Applesauce Juice Milk Fish Filet w/ Tartar Sauce Tomato Soup Glazed Carrots Fruit Cobbler <div style="text-align: right;">#20</div>
14 Fruit & Yogurt Parfait Applesauce Juice Milk Chicken Enchiladas Seasoned Black Beans Green Beans Canned Peaches <div style="text-align: right;">#1</div>	15 Sausage Biscuit w/ Gravy Applesauce Juice Milk Salisbury Steak Glazed Carrots Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice <div style="text-align: right;">#2</div>	16 French Toast w/ Fruit Compote Applesauce Juice Milk Chicken Teriyaki Fried Rice Glazed Carrots Squash/Zucchini Spiced Applesauce <div style="text-align: right;">#3</div>	17 Chicken Biscuit w/ Gravy Applesauce Juice Milk Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears <div style="text-align: right;">#4</div>	18 Blueberry Muffin w/ Fruit Compote Applesauce Juice Milk Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler <div style="text-align: right;">#5</div>

<p>21</p> <p>NO SCHOOL</p> <p>#6</p>	<p>22</p> <p>NO SCHOOL</p> <p>#7</p>	<p>23</p> <p>NO SCHOOL</p> <p>#8</p>	<p>24</p> <p>NO SCHOOL</p> <p>#9</p>	<p>25</p> <p>NO SCHOOL</p> <p>#10</p>
<p>28</p> <p>NO SCHOOL</p> <p>#11</p>	<p>29</p> <p>NO SCHOOL</p> <p>#12</p>	<p>30</p> <p>NO SCHOOL</p> <p>#13</p>	<p>31</p> <p>NO SCHOOL</p> <p>#14</p>	

All menu items can be provided as Pureed, Minced & Moist, or Soft & Bite Sized based on Doctor's orders.

****All meals come with a choice of 1% white milk or fat free chocolate milk****

*****Standard Dysphagia Breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk*****

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Menus are subject to change without notice due to price and availability of food