


DYSPHAGIA Breakfast & Lunch		NOVEMBER 2019			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<div style="border: 1px solid black; padding: 5px; width: fit-content;"> <b>2019-2020 Meal Prices:</b>            Paid Elementary Breakfast: \$1.00            Paid Elementary Lunch: \$2.25            Paid Secondary Breakfast: \$1.25            Paid Secondary Lunch: \$2.50            Reduce Student Breakfast: \$0.20            Reduced Student Lunch: \$0.40         </div>				Pancakes & Sausage Applesauce Juice Milk  Green Chili Burrito w/ Nacho Cheese Mixed Vegetables Green Beans Mandarin Oranges	1
Fruit & Yogurt Parfait Applesauce Juice Milk  Chicken Enchiladas Seasoned Pinto Beans Glazed Carrots Canned Peaches	<b>STUDENT HOLIDAY</b>	French Toast w/ Fruit Compote Applesauce Juice Milk  Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce	Chicken Biscuit w/ Gravy Applesauce Juice Milk  Spaghetti Glazed Carrots Seasoned Green Beans Canned Pears	Blueberry Muffin w/ Fruit Compote Applesauce Juice Milk  Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler	4
#11		#12	#13	#14	#15
Oatmeal w/ Fruit Compote Applesauce Juice Milk  Beef & Cheese Nachos Seasoned Black Beans Cauliflower Peach Cobbler	Chicken & Waffles Applesauce Juice Milk  Pulled Pork BBQ Sweet Potatoes Green Beans Canned Peaches	Cinnamon Roll w/ Sausage Applesauce Juice Milk  Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Squash/Zucchini Spiced Applesauce	Cream of Wheat w/ Fruit Compote Applesauce Juice Milk  Chili Sweet Potatoes Squash/Zucchini Fruit Cocktail	Pancakes & Sausage Applesauce Juice Milk  Fish Filet w/ Tartar Sauce Tomato Soup Glazed Carrots Fruit Cobbler	11
#16	#17	#18	#19	#20	

18 Fruit & Yogurt Parfait Applesauce Juice Milk  Chicken Enchiladas Seasoned Pinto Beans Green Beans Canned Peaches  #1	19 Sausage Biscuit w/ Gravy Applesauce Juice Milk  Salisbury Steak Glazed Carrots Mashed Potatoes Fresh Banana w/ Pineapple or Orange Juice  #2	20 French Toast w/ Fruit Compote Applesauce Juice Milk  Chicken Teriyaki Fried Rice Edamame Squash/Zucchini Spiced Applesauce  #3	21 Chicken Biscuit w/ Gravy Applesauce Juice Milk  Turkey & Gravy Mashed Potatoes Cornbread Dressing Green Beans Canned Peaches Cranberry Sauce  #4	22 Blueberry Muffin w/ Fruit Compote Applesauce Juice Milk  Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler  #5
25       #6	26       #7	27       #8	28       #9	29       

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

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**\*All menu items can be provided as Pureed, Minced & Moist, or Soft & Bite Sized based on Doctor's orders.\***

**\*\*All meals come with a choice of 1% white milk or fat free chocolate milk\*\***

**\*\*\*Standard Dysphagia Breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk\*\*\***

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