



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA Youth Sports

GET IN THE GAME



YMCA Youth Sports programs encourage and promote healthy kids, families and communities. Priority is placed on family involvement, healthy competition rather than rivalry, team building, and the value of participation over winning. Y Sports also focus on individual development, a positive self-image and a sense of fair play and mutual respect for others.

WINTER SPORTS

Practices begin week of January 6

Games begin January 18

Basketball (ages 3–13)

Soccer (ages 3–13)

Texans Flag Football (ages 8–13)

REGISTRATION

EARLY BIRD REGISTRATION PRICING (Oct. 28–Nov. 25)

Facility Member: \$70 | Program Member: \$135 (ages 3–5)
Facility Member: \$75 | Program Member: \$140 (ages 6–7)
Facility Member: \$90 | Program Member: \$155 (ages 8–13)

REGULAR REGISTRATION PRICING (Nov. 26 – Dec. 16)

Facility Member: \$70 | Program Member: \$135 (ages 3–5)
Facility Member: \$95 | Program Member: \$160 (ages 6–7)
Facility Member: \$110 | Program Member: \$175 (ages 8–13)

	TINY TOTS AGES 3-4	TINY TOTS AGES 4-5	AGES 5-7	AGES 8 - 15
FOCUS	Introduction to sport Focused on motor skill development	Sport skill development Introduction to game format	Introduction to league play Focused on fundamentals	League play with standings Friendly competition
FORMAT	Weekly 50-min. class Led by YMCA Staff, assisted by parents	Weekly 20-min. skill/ 30-min. game Led by YMCA Staff	Weekly practice & game Led by volunteer coach	Weekly practice & game Led by volunteer coach
FUN	Age-appropriate curriculum Theme based	Age-appropriate skills and drills For those w/experience	Part of a team Modified rules	End-of-season tournament Part of a team

For more information, contact Justin Ward at justin.ward@ymcahouston.org or 281-469-1481.

This activity is not related to or sponsored by the Cypress-Fairbanks Independent School District.

D. BRADLEY MCWILLIAMS YMCA AT CYPRESS CREEK | 19915 S.H. 249, Houston, TX 77070 | 281-469-1481 | ymcahouston.org



YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all. Everyone is welcome.