

# **Cy-Fair ISD**

# **Bullying Resources**

Department of Student Services

# Bullying Defined

Bullying refers to conduct that:

- Adversely affects a student's ability to participate in or benefit from the school's educational programs or activities;
- As a result of repeated negative actions (intentional, aggressive behavior) by one or more other students over time, and;
- That occurs in a relationship in which there is an imbalance of power.

Bullying can be physical, such as hitting, kicking or pushing; or involve other conduct, such as name-calling and denying of acceptance into a group.

Cypress-Fairbanks ISD takes a very proactive stance with regard to preventing and educating students, teachers and administrators on the topic of bullying. Cypress-Fairbanks ISD has established a repertoire of preventive and proactive resources regarding bullying in schools. These resources are available and accessible to teachers, administrators and students, when needed.

# Prevention / Support

- Positive Behavior Intervention & Supports (PBIS)
- Staff development for administrators & teachers
- Training for students through monthly Project Safety lessons
- Online resources
- Cy-Fair Tipline (formerly SchoolTipline)
- Crime Stoppers
- School counselors
- Active mentor program
- Cy-Fair Sam
- Bullying Toolbox for Educators

# Positive Behavioral Interventions & Supports (PBIS)

Sixty-eight campuses are positive behavior campuses (implementing PBIS) with systems in place to define and establish guiding principles for behavior within the school. These principles guide expected behaviors for all locations within the building, with specific focus on the classroom, common areas (cafeteria, commons, playgrounds, gym, etc.), hallways, and restroom. PBIS systems are designed to include:

- Teaching of expected behaviors in each area mentioned above;
  - Lessons are taught
  - Examples and non-examples of behaviors are shown and discussed
  - Appropriate behaviors are practiced
  - Demonstration of expected behaviors is positively reinforced
- Active supervision plans/schedules of all areas of the campus; and,
  - Areas of the building, especially “high risk areas”, are assigned active adult supervision
  - Teachers are to be at their doors during passing periods
  - Specific duties are assigned to common areas
- Classroom management techniques to encourage and reinforce appropriate behaviors in accordance with the campus expectations
  - **BBR** - *Building Better Relationships*
  - **STOIC** - *Structure, Teach, Observe, Interact positively, Correct Fluently*
  - **CHAMPs** - *Conversation, Help, Activity, Movement, Participation*

Within each of these components, behaviors such as bullying are addressed as inappropriate and unacceptable with lessons showing positive examples of peer relations, as well as non-examples.

# Faculty & Staff Trainings

Available to all schools through Student Services / Classroom Management

- Administrative Training
  - Taking a Stand: Bully-Proofing Your School (All Levels)
  - Bullying: Tools for Schools (Elementary)
  - Bullying Awareness - Module 1 (Physical)
  - Bullying Awareness - Module 2 (Verbal)
  - Bullying Awareness - Module 3 (Cyber-bullying)
- Staff Training
  - Battling the Bullies (Elementary)
  - Steps to Respect (Secondary)
  - Book Study: *The Bully, The Bullied, and the Bystander* by Barbara Coloroso
  - Bullying Awareness - Module 1 (Physical)
  - Bullying Awareness - Module 2 (Verbal)
  - Bullying Awareness - Module 3 (Cyber-bullying)
- Student Training
  - Project Safety (All Levels)
  - Beating the Bully (All Levels)
  - CHOICES (Middle)

# Resources

- [8 Skills to Stop Bullying](#)
- [American Psychological Association \(APA\)](#)
- [Attorney General of Texas](#)
- [The Bully Project](#)
- [Bullying at School & Online](#)
- [Cyberbullying](#)
- [How Do We Treat One Another At School](#)
- [National Bullying Prevention Center](#)
- [National Crime Prevention Council](#)
- [PBS Kids](#)
- [Psychology Today](#)
- [Stop Bullying Now](#)
- [Teens Against Bullying](#)
- [Ways to Stay Bully Free](#)