



**2017-2018**

**REFERRAL  
INFORMATION  
AND  
COMMUNITY  
RESOURCE**



**FOR  
ALL**

**OPPORTUNITY IS HERE.**



# **Cypress-Fairbanks Independent School District**

## **Community Resource and Referral Information**

### **Our Vision**

Opportunity is here.

### **Our Mission**

*We maximize every student's potential through rigorous and relevant learning experiences, preparing students to be 21st Century global leaders.*



Many thanks to the Community Youth Specialists in Cypress-Fairbanks ISD for their efforts in compiling this resource directory.

This community resource directory contains only a partial listing of the many resources that are available within our area and Harris County in general. We are not in a position to recommend one person or one facility over another.

# COMMUNITY RESOURCES

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## Cypress-Fairbanks ISD Youth Service Specialists

<b>Anji Fesler, LBSW</b>	<b>281-517-2196</b>
Cy Ridge High School	Cy Ridge High School TP / PP
Cy Ranch High School TP / PP	Horne Elementary
Truitt Middle School	Kirk Elementary
Hairgrove Elementary	Lee Elementary
<b>Brenda Argueta, LCSW</b>	<b>713-849-6757</b>
Jersey Village High School	Jersey Village High School TP / PP
Dean Middle School	Post Elementary
Bane Elementary	Reed Elementary
Holbrook Elementary	Frazier Elementary
<b>Carrie Harris</b>	<b>281-856-5269</b>
Cy Falls High School	Cy Falls High School TP / PP
Labay Middle School	Cook Middle School
Bang Elementary	Fiest Elementary
Lowery Elementary	
<b>Coleen Carr</b>	<b>281-856-1453</b>
Langham Creek High School	Langham Creek High School TP / PP
Kahla Middle School	Holmsley Elementary
Copeland Elementary	Metcalf Elementary
Tipps Elementary	Wilson Elementary
<b>Darryl Bush</b>	<b>281-213-1988</b>
Cy Ranch High School	Adaptive Behavior Center (ABC)
Smith Middle School	Rennell Elementary
Warner Elementary	Woodard Elementary
<b>Faye Hardy</b>	<b>281-897-4025</b>
ALC – West	Anthony Middle School
Hamilton Middle School	Gleason Elementary
Hancock Elementary	Willbern Elementary
Yeager Elementary	Owens Elementary
Francone Elementary	
<b>Karisman Taylor</b>	<b>281-897-6466</b>
Cy Creek High School	ALC – East / SAC
Bleyl Middle School	Hamilton Elementary
Matzke Elementary	Moore Elementary

## Cypress-Fairbanks ISD Youth Service Specialists

**Kelley Rasmussen, MSW, LBSW**

**281-213-1846**

Cy Woods High School  
Goodson Middle School  
Carlton Center  
Sampson Elementary

Cy Woods High School TP / PP  
Spillane Middle School  
A. Robison Elementary  
Farney Elementary

**Kimberly Hines**

**346-227-6074**

Cy Park High School  
Hoover Elementary  
M. Robinson Elementary  
Walker Elementary

Cy Park High School TP / PP  
Hemmenway Elementary  
Jowell Elementary

**LaSondra McElroy**

**281-213-1619**

Bridgeland High School  
Salyards Middle School  
Keith Elementary  
Wells Elementary

Bridgeland High School TP / PP  
Ault Elementary  
Swenke Elementary  
Pope Elementary

**Kayla Martin**

**281-517-2111**

Windfern HS  
TP/PP Windfern  
TP/PP Cy-Creek  
Campbell MS

Adam ES  
Danish ES  
Emmott ES

**Margo Gangwer, LMSW**

**281-517-2976**

Cy-Fair High School  
Aragon Middle School  
Birkes Elementary  
Millsap Elementary

Cy-Fair High School TP / PP  
Arnold Middle School  
Lamkin Elementary  
Black Elementary

**Nikki Sample**

**281-855-9316**

Cy Lakes High School  
Thornton Middle School  
Watkins Middle School  
McFee Elementary

Cy Lakes High School TP / PP  
Emery Elementary  
Lieder Elementary  
Sheridan Elementary

**Teneisha Green**

**281-345-3012**

Cy Springs High School  
Hopper Middle School  
Andrè Elementary

Cy Springs High School TP / PP  
Duryea Elementary  
Postma Elementary

## Emergency Numbers & Referrals

### EMERGENCY NUMBER

911

<b>Ben Taub Psychiatric Center</b> <i>1502 Taub Loop, Houston, TX 77030</i>	<b>713-873-4900</b>
<b>Childfind of America</b> <i>Runaways &amp; child abduction</i>	<b>1-800-426-5678</b>
<b>The Children's Assessment Center</b> <i>2500 Bolsover St, Houston, TX 77005</i> <i>Assessment &amp; counseling services for children</i>	<b>713-986-3300</b>
<b>Cypress-Fairbanks ISD Police Department</b> <i>24-hours, 7 days / wk</i>	<b>281-897-4337</b>
<b>The Harris Center for Mental Health &amp; IDD</b> <i>Formerly MHMRA</i>	<b>713-970-7000</b>
<b>Harris County Community Youth Service Center</b> <i>24-hour telephone intake</i> <i>Referral for community youth services</i>	<b>713-295-2500</b>
<b>Harris County Constable Precinct 4</b> <u>Administrative Office</u> <u>24-Hour Emergency Dispatch</u>	<b>281-401-6205</b> <b>281-376-3472</b>
<b>Harris County District Attorney Juvenile Division</b>	<b>713-274-0035</b>
<b>Harris County Jail</b> (Public information line)	<b>713-755-5300</b>
<b>Harris County Juvenile Probation</b>	<b>713-512-4100</b>
<b>Harris County Protective Services For Children &amp; Adults</b> <i>2525 Murworth Dr, Houston, TX 77054</i> <i>Local Agency</i>	<b>713-394-4000</b>
<b>Harris County Sheriff's Department</b> <u>Child Abuse Unit</u> <u>Missing Persons &amp; Runaways</u> <u>Non-Emergency Number</u>	<b>713-529-4216</b> <b>713-221-6000</b> <b>713-221-6000</b>

## Emergency Numbers & Referrals

### Houston Area Women's Center (HAWC)

Domestic Violence Hotline 713-528-2121

Sexual Assault Hotline 713-528-7273

*Includes shelter & counseling for battered women*

### Houston Police Department

Juvenile Intake 713-222-4848

Patrol Station – Willowbrook 832-394-2720

Patrol Station – Spring Branch 832-394-0100

Non-Emergency Dispatch 713-884-3131

### Jersey Village Police Department

713-466-5824

### National Center for Missing & Exploited Children

1-800-843-5678

### National Runaway Safeline

1-800-786-2929 (RUN-AWAY)

### National Suicide Prevention Lifeline

1-800-273-8255 (TALK)

*24-hours, 7 days / wk*

### Probate Courts 3 & 4 Mental Health Division

Mental Health Warrants 713-741-

6020

### Rape Crisis

713-528-7273 (RAPE)

*Sexual assault hotline*

*Services through HAWC*

### Texas Abuse Hotline for Dept. of Family & Protective Services

Report Abuse 1-800-252-5400

[www.txabusehotline.org](http://www.txabusehotline.org)

### Texas Missing Persons

1-800-346-3243

*Clearing house – calls answered 24 hours a day*

### Texas Victim Information & Notification Everyday (VINE)

*Toll free*

1-877-894-8463 (TX-4-VINE)

[www.vinelink.com](http://www.vinelink.com)



## Emergency Numbers & Referrals

### Texas Youth Hotline

Call

1-800-210-2278

Text

512-872-5777

[www.dfps.state.tx.us/Youth\\_Hotline](http://www.dfps.state.tx.us/Youth_Hotline)

### TRIAD Prevention Program

713-295-2600

### Texas 211

211

*Local community referrals & resources*

*Information for state of Texas benefits & services (i.e. CHIP, food stamps)*

*Report fraud or abuse of Texas services & programs*

### United Way of Greater Houston

713-685-2300

50 Waugh Dr, Houston, TX 77007

713-957-4357 (HELP)

Information & Referral

211

[www.unitedwayhouston.org](http://www.unitedwayhouston.org)

## Basic Needs & Financials

- Cy-Fair Helping Hands (CFHH)** 281-858-1222  
7510 Cherry Park Dr, Ste G, Houston, TX 77095  
Food pantry open to anyone living in CFISD boundaries  
More specific outreach to homeless population  
Currently Mon, Tue, Thu 9:30a – 12:30p  
1<sup>st</sup> Sat of every month – 9:30a – 12:30p  
[www.cyfairhelpinghands.org](http://www.cyfairhelpinghands.org)
- Cypress Assistance Ministries** 281-955-7684  
11202 Huffmeister Rd, Houston, TX 77065  
Serves: 77065, 77095, 77429, 77433  
Operation Jobs – All zip codes 281-955-5895  
Call to schedule an appt  
Walk-ins welcome on Tue & Thu  
[www.cypressassistanceministries.org](http://www.cypressassistanceministries.org)
- Fairbanks United Methodist Church** 713-462-0928  
14210 Aston St, Houston, TX 77040  
Thrift store hours: Wed 9a – 1p & Sat 8:30a – 1p  
Serves: 77040, 77041  
No appt necessary  
For Assistance: [assistance@fairbanksumc.org](mailto:assistance@fairbanksumc.org)  
[www.fairbanksumc.org](http://www.fairbanksumc.org)
- FEMA Disaster Assistance** 1-800-621-3362  
[www.fema.gov](http://www.fema.gov)
- Guadalupe Center** 713-227-9981  
326 S Jensen Dr, Houston, TX 77003 866-649-5862  
Catholic Charities program  
Rent & utility assistance, food pantry  
Photo ID & proof of address  
Tue – Thu 9a, serves first 100 families
- Gulf Coast Community Services** 713-393-4700  
9320 Kirby Dr, Houston, TX 77054  
Financial assistance – food, transportation, and electricity  
Case management services  
[www.gccsa.org](http://www.gccsa.org)

## Basic Needs & Financials

### Harris County Community Services

8410 Lantern Point, Anx M, Houston, TX 77054

713-578-2000

Assists low to moderate income families in obtaining a house

Home repairs for low income seniors (62 & older) & disabled individuals

Harris County residents outside city limits of Houston, Pasadena, and

Baytown **only**

[www.csd.hctx.net](http://www.csd.hctx.net)

### Harris County Department of Social Services

713-696-7900

9418 Jenson Dr, Houston, TX 77093

Assistance with electric, gas, water utilities, rent, and mortgage

### Katy Christian Assistance Ministries

281-391-5261

#### Social Services

281-391-9623

5504 1<sup>st</sup> St, Katy, TX 77493

Mon – Thu, 9a – 5p

#### Food Pantry

281-391-9623

5510 1<sup>st</sup> St, Katy, TX 77493

Mon – Thu, 8:30a – 5p

Serves: 77084, 77094, 77450, 77494

[www.ktcm.org](http://www.ktcm.org)

### Lakewood United Methodist Church

281-370-2273

11330 Louetta Rd, Houston, TX 77070

Clothing / food pantry, by appt **only**

Serves: 77040, 77064, 77065, 77066, 77068, 77069, 77070, 77375, 77377,

77379, 77389, 77373, 77429

[www.lakewoodumc.org](http://www.lakewoodumc.org)

### MANNA

713-682-7556

2101 W 34<sup>th</sup> St, Houston, TX 77018

Food pantry, thrift shop, vision, rent & utilities assistance – call for more info

Serves: 77040, 77092, & others **not** in CFISD boundaries

### Memorial Assistance Ministries

713-468-4516

1625 Blalock Rd, Houston, TX 77080

Basic needs (no food pantry), employment services

Rent & utility assistance by appt **only** on Tue & Thu

713-574-7533

Serves: 77040, 77041, 77092 & 15 others **not** in CFISD boundaries

[www.maministries.org](http://www.maministries.org)

## Basic Needs & Financials

<b>Money Management, International</b> <i>14141 SW Fwy, Sugarland, TX 77478</i> <a href="http://www.moneymangement.org">www.moneymangement.org</a>	<b>888-845-5669</b>
<b>Northwest Assistance Ministries</b> <i>15555 Kuykendahl Rd, Houston, TX 77090</i>	<b>281-885-4555</b>
<u>Financial Assistance Appt Line</u>	<b>281-583-5600</b>
<u>Children's Clinic (ages 0-18)</u>	<b>281-885-4630</b>
<u>Interfaith Homeless Network</u>	<b>281-885-4567</b>
<u>Meals on Wheels</u>	<b>281-885-4623</b>
<u>Supportive Housing Program</u>	<b>281-885-4531</b>
<i>Thrift Shops:</i>	
<u>NAM Resale</u>	<b>281-880-9000</b>
<u>Corner Resale</u>	<b>281-885-4544</b>
<a href="http://www.namonline.org">www.namonline.org</a>	
<b>Office of the Attorney General</b>	<b>1-800-252-8014</b>
<u>Child Support Division</u> <i>P.O. Box 12017, Austin, TX 78711</i> <a href="http://www.childsupport.oag.state.tx.us">www.childsupport.oag.state.tx.us</a>	
<u>Acknowledgement of Paternity</u>	<b>1-866-255-2006</b>
<u>Child Support Payment &amp; Case Information</u>	<b>1-800-252-8014</b>
<u>Houston North</u> <i>4600 Hwy 6 N, Ste 300, Houston, TX 77084</i> <i>Serves: 77041, 77065, 77084, 77095</i>	<b>713-973-4300</b>
<u>Norchester Village</u> <i>13308 Jones Rd, Houston, TX 77070</i> <i>Serves: 77065, 77070, 77429</i>	<b>281-897-1440</b>
<u>Houston Northwest</u> <i>2110 E Governors Cir, Ste B, Houston, TX 77092</i> <i>Serves: 77092</i>	<b>713-974-4876</b>
<b>Operation I. D.</b> <i>First Presbyterian Church (5100 Travis St, Houston, TX 77002)</i> <i>Tue &amp; Thu 9a – 11:30a</i> <i>Must be referred by another agency</i> <i>Assist with Texas State IDs &amp; birth certificates</i> <a href="http://www.msmhouston.org">www.msmhouston.org</a>	<b>281-833-3508</b>

## Basic Needs & Financials

- Salvation Army** **713-658-9205**  
2208 Main St, Houston, TX 77002  
*Serves: all Harris County zip codes*  
*Rent, mortgage, food, clothing, water bill*  
*Christmas assistance with Toys for Tots & Angel Tree*
- Salvation Army Northwest Corps Community Center / Boys & Girls Club**  
12507 Windfern Rd, Houston, TX 77064 **832-200-4620**  
*After-school programs (ages 5-18) – Boys & Girls Club* **832-200-4612**  
[www.salvationarmyhouston.org](http://www.salvationarmyhouston.org)
- Social Security Administration** **1-800-772-1213**  
16200 Dillard Dr, Houston, TX 77040  
[www.socialsecurity.gov](http://www.socialsecurity.gov)
- Texas 211** **877-541-7905 or 211**  
Information & referral services  
[www.211texas.org](http://www.211texas.org)
- Texas Health & Human Services** **713-767-2095**  
8511 N Rosslyn Rd, Houston, TX 77088 **713-895-6800**  
*Serves: 77040, 77064, 77065, 77086, 77429, 77433*  
*TANF / Food stamps / Medicaid / CHIP*  
*Call 211 for location by zip code*  
[www.hhs.texas.gov](http://www.hhs.texas.gov)

## Legal

- Dispute Resolution Centers** 713-755-8274  
*49 San Jacinto St, Ste 220, Houston, TX 77002*  
[www.drchouston.org](http://www.drchouston.org)
- Houston Lawyer Referral Service** 713-237-9429  
*First consultation is \$20 for 30 minutes*  
*Reduced fees program available*  
[www.hlrs.org](http://www.hlrs.org)
- Houston Volunteer Lawyers / Make Justice Happen** 713-228-0735  
*1111 Bagby, Ste FLB300, Houston, TX 77002*  
**Client Intake** 713-228-0732  
*Free referrals (criminal & traffic matters are not handled)*  
[www.makejusticehappen.org](http://www.makejusticehappen.org)
- Justice of The Peace Courts**
- Pct. 4, Place 1 – Judge Lincoln Goodwin 281-376-5512  
*6831 Cypresswood Dr, Ste 4, Spring, TX 77379*
- Pct. 5, Place 2 - Judge Jeff Williams 281-463-2341  
*16715 Clay Rd, Ste 4, Houston, TX 77084*  
[www.jp.hctx.net](http://www.jp.hctx.net)
- Lone Star Legal Aid** 713-652-0077  
*1415 Fannin St, Houston, TX 77002*  
[www.lonestarlegal.org](http://www.lonestarlegal.org)
- Office of the Attorney General** 1-800-983-9933  
Protective Orders: Harris County District Attorney's Office 713-755-5888  
*1201 Franklin St, Ste 2160, Houston, TX 77002*  
*Crime Victim Services Division*  
*Crime Victim's Compensation*  
[www.oag.state.tx.us](http://www.oag.state.tx.us)
- Victim's Assistance Centre** 713-755-5625  
*1310 Prairie St, Ste 1030, Houston, TX 77002*  
*Free counseling & moral support to victim and / or family members*  
[www.safesupervised.com](http://www.safesupervised.com)

## Medical

- Christ Clinic** 281-391-0190  
25722 Kingsland Blvd, Ste 101, Katy, TX 77494  
By appt  
Non-insured *only*  
[www.christclinickaty.org](http://www.christclinickaty.org)
- Clinica Hispana** 281-897-8142  
9720 Jones Rd, Ste 240, Houston, TX 77065  
Women's Center 713-476-0559  
Preventative care – low cost immunizations, physicals  
No appt necessary  
Accepts Medicaid, CHIP, and most insurance  
*Speaks Spanish*
- Epiphany Community Health Outreach Services (ECHOS)** 713-270-0369  
9600 S Gessner Bldg E, Houston, TX 77071  
Application assistance: Gold Card, Medicaid, CHIP, food stamps, food  
pantry, dental services  
Medical Screenings: blood pressure, glucose, and sugar  
*Speaks Spanish*  
[www.echos-houston.org](http://www.echos-houston.org)
- Gateway to Care** 713-783-4616  
3611 Ennis St, Houston, TX 77004  
Assists uninsured & under-insured community  
Provides access to health care, social, and community services  
[www.gatewaytocare.org](http://www.gatewaytocare.org)
- GoodRX**  
Provides discount coupons & prices for medication at area pharmacies  
[www.goodrx.com](http://www.goodrx.com)
- Harris County Public Health & Environmental Services**  
Antoine Health Clinic 713-602-3300  
5815 Antoine, Ste A, Houston, TX 77091  
Women, Infants & Children (WIC call center)  
Preventive services, immunizations, well-woman / family planning  
Sliding scale dental services for ages 0-19, WIC, Medicaid, CHIP  
Call for appt  
[www.hcpheh.org](http://www.hcpheh.org)

## Medical

### Harris Health

Eligibility Information Line **713-566-6509**

*No longer scheduling eligibility appts*

*Drop off completed applications at nearest Eligibility Center or mail to:*

*P.O. Box 300488, Houston, TX 77230*

*Download applications online*

*All health centers accept Medicaid, CHIP, sliding scale*

[www.harrishealth.org](http://www.harrishealth.org)

Northwest Health Center **713-861-3939**

*1100 W 34<sup>th</sup> St, Houston, TX 77018*

*Obstetrical / Gynecology, radiology, counseling, lab, pharmacy, etc.*

[www.harrishealth.org](http://www.harrishealth.org)

Cypress Health Center **713-873-5240**

*12340 Jones Rd, Ste 100, Houston, TX 77070*

*Medical services for adults & children*

*Psychiatry & behavioral health for children **only***

Pediatric & Adolescent Health Center – Bear Creek **713-873-6860**

*5870 Hwy 6, Ste 108, Houston, TX 77084*

*Pediatric services (newborn to 18 yrs)*

*Psychiatry & behavioral health available*

Appt Line

**713-873-5437**

**(KIDS)**

Needy Meds **800-503-6897**

*Web based information source on medical assistance programs*

[www.needymeds.org](http://www.needymeds.org)

Night Light Pediatric Urgent Care **713-957-2020**

*19708 NW Fwy, Ste 500, Houston TX 77065*

*Weekday hours: 3p – 11p (call for weekend / holiday hours)*

*Pediatric services (newborn to 21 yrs)*

*Accepts insurance (fee without insurance \$150)*

*Tue: Sports Physicals \$75*

[www.nightlightpediatrics.com](http://www.nightlightpediatrics.com)

Northwest Assistance Ministries **281-885-4555**

*15555 Kuykendahl Rd, Houston, TX 77090*

Children's Clinic (ages 0-18)

**281-885-4630**

[www.namonline.org](http://www.namonline.org)



## Medical

- The Rose-Galleria** **281-484-4708**  
*5420 W Loop S, Ste 3300, Bellaire, TX 77401*  
*Non-profit breast cancer organization*  
*Provides screening services & support groups, uninsured programs*  
*Young Women's Clinic*  
[www.therose.org](http://www.therose.org)
- San Jose Clinic** **713-228-9411**  
*2615 Fannin St, Houston, TX 77002*  
**Eligibility Line** **713-490-2610**  
*Children 0 – 17 yrs & 18 yrs old still in high school*  
*Low-cost children's healthcare including well-child check-ups*  
*Childhood illness evaluation & treatment*  
*School & sport physicals, dental care*  
*Sliding scale fee*  
*Only noninsured families accepted*  
*Speaks Spanish*  
[www.sanjoselclinic.org](http://www.sanjoselclinic.org)
- Spring Branch Community Health Center**  
8575 Pitner Rd, Houston, TX 77080 **713-462-6545**  
1615 Hillendahl Blvd, Ste 100, Houston, TX 77055 **713-462-6565**  
19333 Clay Rd, Katy, TX 77449 **713-462-6555**  
*Family medical & pediatric services, OB / GYN, dental & optometry*  
*Medicaid accepted & sliding scale*  
[www.sbchc.net](http://www.sbchc.net)
- Tex Care Partnership** **1-800-647-6558**  
*CHIP / Medicaid application center*  
[www.chipmedicaid.org](http://www.chipmedicaid.org)
- Texas Children's Pediatric – Kingsland** **281-398-7353**  
*21715 Kingsland Blvd, Ste 103, Katy, TX 77450*  
*Well / Sick child services, immunizations*  
*Sports physicals, vision screenings*  
*By appt **only***  
*Serving uninsured & under-insured*  
[www.texaschildrenspediatrics.org](http://www.texaschildrenspediatrics.org)

## Medical

### **Texas Department of Insurance**

**1-800-578-4677**

*Provides information & responds to consumer complaints regarding insurance*

[www.tdi.state.gov](http://www.tdi.state.gov)

### **Tomagwa Healthcare Ministries**

**281-357-0747**

*455 School St, Ste 30, Tomball, TX 77375*

*Low income, adult & pediatric health clinic*

*Low cost immunizations*

*Cash basis **only***

*No walk-ins, by Appt **only***

*Call for zip codes served*

[www.tomagwa.org](http://www.tomagwa.org)

## Disabilities & Chronic Health Services

### **ADDA Southern Region**

**281-897-0982**

*12345 Jones Rd, Ste 287-7, Houston, TX 77070*  
*Attention deficit disorders & related conditions*  
[www.adda.sr.org](http://www.adda.sr.org)

### **The ARC of Greater Houston**

**713-957-1600**

*3737 Dacoma St, Ste E, Houston, TX 77092*  
*Serves children & adults with intellectual & developmental disabilities*  
*Educational support services (no fees)*  
*Private pay **only***  
[www.aogh.org](http://www.aogh.org)

### **C.H.O.S.E.N. Clinic**

**713-500-5656**

*6410 Fannin St, Ste 500, Houston, TX 77030*  
*Primary care physicians providing comprehensive care & hospice for children with chronic illnesses & special health care needs*  
*Family support services & coordination with community based services*  
[www.utphysicians.com](http://www.utphysicians.com) (select "pediatric clinic")  
*Medicaid, CHIP, private insurance / out-of-network provider TCHP*

### **Deblin Health Concepts & Associates, Inc.**

**713-686-9194**

*7787 Pinemont Dr, Ste B, Houston, TX 77040*  
*Case management for chronic persistent mental illness*  
*Home visits, school visits & out-patient behavioral health*  
*Therapists for mild to moderate chronic illness*  
*Medicaid, private insurance, sliding scale, and payment plans*  
[www.deblinhealthconcepts.com](http://www.deblinhealthconcepts.com)

### **Family to Family Network**

**713-466-6304**

*13150 FM 529, Ste 106, Houston, TX 77041*  
*Education, training, information, and support for families of children with disabilities.*  
*Provides community referrals*  
*Mary Jane Williams, Executive Director*  
[www.familytofamilynetwork.org](http://www.familytofamilynetwork.org)

## Disabilities & Chronic Health Services

### Medicaid – Application

2135 Hwy 6, Ste 100, Houston, TX 77077

**281-597-5200**

Texas Health & Human Services Commission

**713-895-6800**

*Call 211 for location of nearest office*

[www.yourtexasbenefits.com](http://www.yourtexasbenefits.com)

### National Association for Parents of Children with Visual Impairments (NAPVI)

**1-800-284-4422**

[www.napvi.org](http://www.napvi.org)

### Supplemental Security Income (SSI)

**1-800-772-1213**

*16200 Dillard Dr, Houston, TX 77040*

[www.ssa.gov](http://www.ssa.gov)

### Texas Department of State Health Services

**713-767-3111**

*1100 W 49<sup>th</sup> St, Austin, TX 78756*

Children with Special Health Care Needs (CHSCN) & Personal Care Services (PCS)

**1-800-252-8023 ext. 3111**

*5425 Polk St, Ste J, Houston, TX 77023*

*Medical assistance to children with certain medical diagnosis*

[www.dshs.state.tx.us](http://www.dshs.state.tx.us)

## Domestic Violence Shelters & Services

- Aid to Victims of Domestic Abuse (AVDA)** 713-224-9911  
*1001 Texas Ave, Ste 600, Houston, TX 77002*  
*Battery intervention & prevention program*  
*Legal representation for victims of domestic abuse*  
*Teens & adults*  
**Speaks Spanish**  
[www.avda-tx.org](http://www.avda-tx.org)
- Family Time Crisis & Counseling Center** 281-446-2615  
*1203 S Houston Ave, Humble, TX 77338*  
*Battered woman's shelter*  
*Legal advocacy, casework advocacy*  
*Thrift Shop*  
*Support groups & counseling*  
*Free services to victims, sliding scale*  
**Speaks Spanish**  
[www.familytimeccc.org](http://www.familytimeccc.org)
- Family Violence Center** 281-885-4673 (HOPE)  
*15555 Kuykendahl Rd, Houston, TX 77090* 1-888-750-4673 (HOPE)  
*Case management services, therapy for women & children*  
*Legal advocate available for consultation*  
**Speaks Spanish**  
[www.namonline.org](http://www.namonline.org)
- Houston Area Women's Center (HAWC)** 713-528-6798  
*1010 Waugh Dr, Houston, TX 77019*  
**Emergency Shelter & Domestic Violence Hotline** 713-528-2121  
**Rape Crisis Number** 713-528-7273  
*Crisis counseling, support groups, individual counseling*  
*Services for individuals with disabilities, children's court services,*  
*community education*  
**Speaks Spanish**  
[www.hawc.org](http://www.hawc.org)

## GED / Vocational Programs

### Lone Star College

#### Cy-Fair Campus

9191 Barker Cypress Rd, Cypress, TX 77433

281-290-3200

#### Fairbanks Center

14955 NW Fwy, Houston, TX 77040

832-782-5000

#### Cypress Center

19710 Clay Rd, Katy, TX 77449

832-920-5000

[www.cyfair.lonestar.edu/ged.htm](http://www.cyfair.lonestar.edu/ged.htm)

### Rotary Learning Center / Workforce Development Program 281-885-4616

15555 Kuykendahl Rd, Houston, TX 77090

Free GED prep class, adult education, and ESL

[www.namonline.org](http://www.namonline.org)

### Texas Challenge Academy

1-877-822-0050

P.O. Box 510, Sheffield, TX 79781

Ages 16 to 18

Accredited high school based on military practices

Voluntary program for those at risk for dropping out or have already done so

Students can recover credits, earn GED, or high school diploma

[www.ngycp.org/state/tx/](http://www.ngycp.org/state/tx/)

### Texas Workforce Solutions / Vocational

#### Rehabilitative Service

713-267-8550

450 N Sam Houston Pkwy, Ste 220, Houston, TX 77060

Formerly Department of Assistive & Rehabilitative Services

[www.dars.state.tx.us](http://www.dars.state.tx.us)

### Work Force Solutions

1-888-469-5627

#### Katy

281-644-1030

5000 Katy Mills Cir, Ste 659, Katy, TX 77494

#### Cypress Station

281-891-2850

70 FM 1960 W, Ste A, Houston, TX 77090

#### Willowbrook

281-807-9462

17517 Hwy 249, Houston, TX 77064

[www.wksolutions.com](http://www.wksolutions.com)

## Grief / Bereavement Services

### **3A Bereavement Foundation** **713-649-3232**

5330 Griggs Rd, Ste A108, Houston, TX 77021

Assistance in preparing for funeral services, resource referrals, grief counseling, and crime victim services

Call for qualification

[www.3abereavement.org](http://www.3abereavement.org)

### **Bo's Place** **713-942-8339**

10050 Buffalo Spdwy, Houston, TX 77054

Grief support groups ages 3 to adult at no cost – Katy Location  
(available through the main location)

[www.bosplace.org](http://www.bosplace.org)

### **Compassionate Friends – Houston NW Chapter** **936-441-3840**

Cypress Creek Christian Church (6823 Cypresswood Dr, Spring, TX 77379)

Support group for bereaved parents

Contact David

[dbhendricks@hotmail.com](mailto:dbhendricks@hotmail.com)

[www.houstonnorthwestcf.org](http://www.houstonnorthwestcf.org)

### **Grief Share**

Go to website, enter zip code for a list of groups in your area

[www.griefshare.org](http://www.griefshare.org)

### **Houston Hospice** **713-467-7423**

Bereavement support

[www.houstonhospice.org](http://www.houstonhospice.org)

### **Project Joy & Hope** **713-944-6569**

P.O. Box 5111, Pasadena, TX 77508

**866-569-4673 (JOY-HOPE)**

Residential housing for families with seriously ill children, financial grants for families with seriously ill children, 24-hour parent support line, college Available to high school seniors who have experienced the death of a parent or sibling, provider continuing education in palliative care

[www.joyandhope.org](http://www.joyandhope.org)

### **Red Bird Center** **713-621-2700**

6300 W Loop S, Ste 240, Bellaire, TX 77401

Understand loss

Offers variety of groups & counseling related to grief

[www.redbirdcenter.com](http://www.redbirdcenter.com)

## Drug & Alcohol Services

- Al-Anon, Ala-Teen** 713-683-7227  
9800 NW Fwy, Ste 201, Houston, TX 77092  
[www.houstonalanon.org](http://www.houstonalanon.org)
- Alcoholics Anonymous** 713-686-6300  
4140 Directors Row, Ste D, Houston, TX 77092  
Call for nearest group meeting or check online locations  
Free services  
[www.aahouston.org](http://www.aahouston.org)
- All About Recovery** 713-697-6820  
4141 N Fwy, Ste 310, Houston, TX 77022  
Classes in anger management, alcohol & drug education, domestic violence,  
parenting classes, anti-theft class, DWI & drug offender classes  
Intensive & out-patient treatment programs  
Sliding scale, financial assistance available  
*Speaks Spanish*  
[www.allaboutrecoverycenter.com](http://www.allaboutrecoverycenter.com)
- Association for the Advancement of Mexican  
Americans (AAMA)** 713-926-9491  
204 Clifton St, Houston, TX 77011  
Out-patient, residential program for adult males (13 to 17 **only**)  
Services open to all  
[www.aama.org](http://www.aama.org)
- BES Group & Solutions Plus** 713-935-9990  
1511 Upland Dr, Ste 100, Houston, TX 77043  
Classes for MIP, tobacco cessation, anger management, out-patient chemical  
dependency, minor drug offenders education program, lifeskills & parenting  
classes  
Payment per class / or as court ordered, Medicaid accepted  
*Speaks Spanish*  
[www.soyoulive.com](http://www.soyoulive.com)
- Cocaine Anonymous Helpline (CA)** 713-668-6822  
[www.ca-texas.org](http://www.ca-texas.org)



## Drug & Alcohol Services

### **The Council on Recovery**

**713-942-4100**

*303 Jackson Hill St, Houston TX 77007*

*Formerly Houston Council on Alcohol & Drug Abuse*

[www.councilonrecovery.org](http://www.councilonrecovery.org)

### **Houston Northwest Rehab**

**281-537-2800**

*2611 FM 1960 W, Ste H120, Houston, TX 77068*

*Adults & adolescents (13 to 17 yrs)*

*Out-patient chemical dependency treatment*

*Classes include DWI, intervention & education, anger management, tobacco awareness, MIP, theft, and drug offender education*

*Medicaid accepted, private insurance, and self-pay*

Email: [hnwrinfo@aol.com](mailto:hnwrinfo@aol.com)

### **Lifeway International & Cates Academy**

**713-270-6753**

*12955 Memorial Dr, Houston, TX 77079*

**877-270-6753**

*Early recovery alternative peer group*

*Out-patient drug treatment (13 to 18 yrs old)*

*Adolescents, young adults, and their parents*

*Substance abuse, recovery-oriented social activities*

*Academic Learning Center*

*Some out of network insurance, sliding scale for peer groups*

[www.lifewaycares.com](http://www.lifewaycares.com)

### **Narcotics Anonymous Helpline (NA) Helpline**

[www.hascona.org](http://www.hascona.org)

### **Palmer Drug Abuse Program (PDAP)**

**281-589-4602**

Group Counselors – All Locations

**281-870-9311**

Memorial – Spring Branch Area

*725 Bateswood Dr, Houston, TX 77079*

Katy Area

*26600 Westheimer Pkwy, Katy, TX 77494*

Mid-Town Area

*303 Jackson Hill St, Houston, TX 77007*

*Free service, assessments, parent / youth drug support groups*

*Modified 12-step program, individual & family counseling*

*Positive social activities*

[www.pdaphouston.org](http://www.pdaphouston.org)

## Drug & Alcohol Services

### Resource Education Center

281-463-9292

4654 Hwy 6 N, Ste 301, Houston, TX 77084

Education classes for all ages include DWI, MIP, domestic violence, anger management, theft, and drug offender

Substance abuse counseling, parenting education

Certificate awarded upon completion accepted by courts

Intensive & supportive out-patient services available

[www.resourceedcenter.com](http://www.resourceedcenter.com)

### The Right Step

713-528-3709

2159 FM 1960 W, Houston TX 77090

855-831-5487

902 W Alabama St, Houston, TX 77006

832-917-0310

17398 NW Freeway, Houston TX 77040

855-208-2266

Intensive out-patient program, detox services, residential treatment, screening & assessment, drug testing, recovery maintenance, supportive out-patient services

Private insurance, Medicaid

[www.rightstep.com](http://www.rightstep.com)

### Solutions Plus, Inc.

713-935-9990

1511 Upland Dr, Ste 102, Houston, TX 77043

Classes for MIP, tobacco cessation, anger management, out-patient chemical dependency

Minor drug offenders education program

Payment per class / or as court ordered, Medicaid accepted

**Speaks Spanish**

[www.soyoulive.com/locations/west-houston/](http://www.soyoulive.com/locations/west-houston/)

### Teen & Family Services

713-464-3950

11140 Greenbay St, Houston, TX 77024

Substance abuse screenings, substance abuse recovery & prevention, behavior problems, anger management, parent / child conflict

Adolescent peer group for kids with high risk behavior (ages 14 to 18)

[www.teenandfamilyservices.org](http://www.teenandfamilyservices.org)

## **In-Patient (Hospitalization or Residential) for Mental Health and / or Substance Abuse**

- The Center for Success & Independence** **713-426-4545**  
3722 Pinemont Dr, Houston, TX 77018  
Ages 12 to 17  
Substance abuse, mental health, and Mode Behavior issues  
Intensive in-patient & out-patient treatment available  
Medicaid, private pay, private insurance, TRICARE  
[www.tcsi.org](http://www.tcsi.org)
- Cypress Creek Hospital** **281-586-7600**  
17750 Cali Dr, Houston, TX 77090  
Admissions **281-586-5956**  
Adolescents (13 yrs & older), adults, in-patient & out-patient services  
[www.cypresscreekhospital.com](http://www.cypresscreekhospital.com)
- Devereux Texas Treatment Network** **281-335-1000**  
1150 Devereux Dr, League City, TX 77573 **1-800-373-0011**  
Adolescents & adults  
Long-term residential treatment facility  
*Speaks Spanish*  
[www.devereux.org](http://www.devereux.org)
- Hopebridge Hospital** **713-422-2650**  
5556 Gasmer Dr, Houston, TX 77035  
24-Hour Crisis / Intake Hotline **281-381-9903**  
Children, adolescents, adults – in-patient & out-patient services  
Medicaid / CHIP accepted, private insurance  
[www.hopebridgehealth.com](http://www.hopebridgehealth.com)
- Houston Behavioral Healthcare Hospital** **832-834-7710**  
2801 Gessner Rd, Houston, TX 77080  
Children, adolescents, adults – in-patient & out-patient services  
Medicaid / CHIP accepted, private insurance  
[www.houstonbehavioralhealth.com](http://www.houstonbehavioralhealth.com)

## **In-Patient (Hospitalization or Residential) for Mental Health and / or Substance Abuse**

- IntraCare North Hospital** 281-893-7200  
1120 Cypress Station, Houston, TX 77090  
Adults, adolescents, children  
Medicaid / CHIP accepted  
*Speaks Spanish*  
[www.intracare.org](http://www.intracare.org)
- Kemah Palms Recovery Center** 713-568-1210  
1013 Delesandri Ln, Kemah, TX 77565  
In-patient, partial hospitalization, and out-patient treatment for chemical  
dependency  
Ages 18 & older (17 on a case-by-case basis)  
[www.kemahpalms.com](http://www.kemahpalms.com)
- Kingwood Pines Hospital** 281-404-1001  
2001 Ladbrook Dr, Kingwood, TX 77339  
Children, adolescents, adults, geriatrics  
Medicaid / Medicare accepted  
[www.kingwoodpines.com](http://www.kingwoodpines.com)
- La Hacienda Treatment Center** 713-828-4222  
145 La Hacienda Way, Hunt, TX 78024 1-800-749-6160  
In-patient treatment for chemical dependency (18 & over)  
Take all insurance programs except for Medicaid, Medicare, and TRICARE  
Local contact: Allan Anmentorp  
[www.lahacienda.com](http://www.lahacienda.com)
- Memorial Hermann Prevention & Recovery Center** 713-578-3100  
3043 Gessner Rd, Houston, TX 77080 713-939-7272  
Adults *only*, chemical dependency  
Adolescent program – In-patient chemical dependency treatment  
Insurance accepted (not Medicaid)  
*Speaks Spanish*  
[www.mhparc.org](http://www.mhparc.org)
- Menninger Clinic** 713-275-5000  
12301 Main St, Houston, TX 77035  
Admissions 713-275-5140  
Treatment for addiction, substance abuse, and eating disorders  
[www.menningerclinic.com](http://www.menningerclinic.com)

## **In-Patient (Hospitalization or Residential) for Mental Health and / or Substance Abuse**

- Odyssey House of Cenikor Foundation** **713-726-0922**  
*5629 Grapevine St, Houston, TX 77085*  
*Adolescents (13 to 17)*  
*Residential treatment, all chemical dependencies*  
*Medicaid, state funded beds for children without insurance*  
[www.odysseyhousetexas.com](http://www.odysseyhousetexas.com) or [www.cenikor.org](http://www.cenikor.org)
- The Right Step** **713-528-3709**  
**832-917-0310**  
*902 W Alabama St, Houston, TX 77006*  
*In-patient care for chemical dependency*  
*Intensive out-patient services, transitional life program, medical detox programs*  
*Medicaid, CHIP accepted*  
*Private insurance & self-pay*  
**Speaks Spanish**  
[www.rightstep.com](http://www.rightstep.com)
- Texas West Oaks Hospital** **713-995-0909**  
*6500 Hornwood Dr, Houston, TX 77074*  
*Adults, adolescents, and children*  
*In-patient & out-patient services*  
*Medicaid / CHIP accepted*  
**Speaks Spanish**  
[www.westoakshospital.com](http://www.westoakshospital.com)

## Other Support Services

- AIDS Foundation Houston, Inc.** 713-623-6796  
*6260 Westpark Dr, Ste 100, Houston, TX 77057*  
[www.aidshelp.org](http://www.aidshelp.org)
- Alliance for Multicultural Community Services** 713-776-4700  
*6440 Hillcroft Ave, Ste 411, Houston, TX 77081*  
*Serves legal refugees, immigrants, and low-income residents*  
[www.allianceontheweb.org](http://www.allianceontheweb.org)
- Attention Deficit Disorders Association (ADDA)** 281-897-0982  
*12345 Jones Rd, Ste 287-7, Houston, TX 77070*  
*ADD information*  
*Referral & support*  
[www.adda-sr.org](http://www.adda-sr.org)
- Big Brothers & Big Sisters of Greater Houston** 713-271-5683  
*500 Dallas St, Ste 2900, Houston, TX 77002*  
[www.bbbs.org](http://www.bbbs.org)
- CDC National STD & AIDS Hotline** 1-800-232-4636 (CDC-INFO)  
AIDS & STD information  
[www.cdc.gov](http://www.cdc.gov)
- Clay Road Family YMCA** 713-467-9622  
*10655 Clay Rd, Houston, TX 77041*  
[www.ymcahouston.org](http://www.ymcahouston.org)
- Collaborative for Children** 713-600-1234  
*1111 N Loop W, Ste 600, Houston, TX 77008*  
*Child care referral services & parent information line*  
[www.collabforchildren.org](http://www.collabforchildren.org)  
[www.weknowchildcare.com](http://www.weknowchildcare.com)
- Cypress Creek Family YMCA** 281-469-1481  
*19915 Hwy 249, Houston, TX 77070*  
[www.ymcahouston.org](http://www.ymcahouston.org)

## Other Support Services

- Escape Family Resource Center** 713-942-9500  
2410 Hamilton St, Houston, TX 77004  
*Child abuse prevention, parenting classes, divorce workshops, classes for other care givers*  
*Office hours: Mon – Fri, 8a – 5p*  
[www.learntoparent.org](http://www.learntoparent.org)
- Family Time Crisis & Counseling Center** 281-446-2615  
1203 S Houston Ave, Humble, TX 77338  
*Battered woman’s shelter, violence, support groups, counseling, legal advocates*  
*Counseling free of charge for victims & sliding scale for non-victims*  
**Speaks Spanish**  
[www.familytimeccc.org](http://www.familytimeccc.org)
- Gamblers Anonymous** 713-684-6654  
10900 NW Fwy, Houston, TX 77092  
National Hotline 855-222-5542  
[www.texasga.org](http://www.texasga.org)  
[www.gamblersanonymous.org](http://www.gamblersanonymous.org)
- Grandparents as Parents Program (MCH Family Outreach)** 713-682-8911  
505 Mitchelldale St, Ste 119, Houston, TX 77092  
*Offers hope & support to families struggling to meet the challenges of parenting the second time around*  
*Information & referral*  
*Support groups & workshops*  
*A MCH Family Outreach program*  
[www.MCH.org](http://www.MCH.org)
- Kelly’s Champions** 713-444-1681  
14216 Cypress N Houston, Cypress, TX 77429  
*Character building through physical fitness*  
*Reduced, low, or no cost*  
[www.kellyschampions.net](http://www.kellyschampions.net)
- Langham Creek Family YMCA** 281-859-6143  
16725 Longenbaugh Dr, Houston, TX 77095  
[www.ymcahouston.org/langham-creek](http://www.ymcahouston.org/langham-creek)

## Other Support Services

### MedCare Pediatric Rehab Center

#### Spring Clinic

21004 I-45 N, Spring, TX 77373

713-773-5120

#### Stafford Clinic

12371 S Kirkwood Rd, Stafford, TX 77477

Children up to age 21

Speech, occupational, and physical therapy

In-home services available

713-773-5100

### Mental Health America of Greater Houston

2211 Norfolk St, Ste 810, Houston, TX 77098

Advocacy, education

[www.mhahouston.org](http://www.mhahouston.org)

713-523-8963

### The Montrose Center

401 Branard St, Houston, TX 77006

Counseling & a variety of support services for the LGBT community

[www.montrosecenter.org](http://www.montrosecenter.org)

713-529-0037

#### LGBT Switchboard

24-hour helpline for LGBT individuals

Crisis counseling & intervention for hate crimes, domestic violence, and sexual assault

713-529-3211

#### Hatch Youth

Support group to empower LGBTQ youth to become positive contributors to society

LGBTQ youth (ages 13 to 20)

[www.hatchyouth.org](http://www.hatchyouth.org)

713-529-3590

### Mother's Against Drunk Drivers (M.A.D.D.)

[www.madd.org](http://www.madd.org)

281-590-2222

### Overeaters Anonymous

[www.oahouston.org](http://www.oahouston.org)

713-973-6633

### Parents, Families, and Friends of Lesbians & Gays (PFLAG) 713-467-3524

Support & education for family & friends of LGBT individuals

Monthly meetings available

[www.pflaghouston.org](http://www.pflaghouston.org)



## Other Support Services

### **Survivors of Incest Anonymous**

**410-877-1779**

*Self-help group of women & men (18 yrs or older)*

*Call for support group information*

[www.siaawso.org](http://www.siaawso.org)

### **The Trevor Project**

**866-488-7386**

*A national, 24-hour, confidential suicide hotline for gay & questioning youth*

[www.thetrevorproject.org](http://www.thetrevorproject.org)

### **Victims Assistance Program, Precinct IV**

**281-401-6250**

*16000 Stuebner Airline Rd, Ste 320, Spring, TX 77379*

Non-Emergency (M-F)

**281-401-6249**

Emergency (Dispatch)

**281-376-3472**

## Pregnancy / Gynecological Services

### **Alternatives in Motion**

2509 FM 1960 E, Ste B, Houston, TX 77073

Open 24-hours a day

Licensed adoption agency, housing & comprehensive adoption services

**Speaks Spanish**

[www.aimadoptions.org](http://www.aimadoptions.org)

**281-821-6508**

**800-776-6508**

### **Baylor Teen Clinic**

8111 Lawn St, Houston, TX 77088

Open Mon – Thu

Comprehensive, primary health care

Reproductive care & preventative medical services

Case management services (females: ages 14 to 22, males: 14 to 23)

**Speaks Spanish**

**281-847-9970**

### **Baylor Teen Health Clinic**

OB Clinic

5656 Kelley St, Houston, TX 77026

Comprehensive, primary health care, reproductive care & preventative medical services, case management services

Ages 13 to 23 **only**

**Speaks Spanish**

[www.bcm.edu/healthcare/care-centers/teen-health-clinic](http://www.bcm.edu/healthcare/care-centers/teen-health-clinic)

**713-566-5612**

**713-566-5600**

### **Ben Taub Teen Health Clinic**

1504 Taub Loop Houston, TX 77030

Open Mon – Thu

Comprehensive, primary health care

Reproductive care & preventative medical services

Case management services (females: ages 14 to 22, males: 13 to 23)

**Speaks Spanish**

**713-873-3601**

**713-873-3602**

### **Caret Pregnancy Center of NW Houston**

14530 Wunderlich Dr, Houston, TX 77069

12311 Queenston Blvd, Houston, TX 77095

All services are free

Pregnancy testing, 23 lifeskills classes, consultation & counseling

Comprehensive support & referral services

**Speaks Spanish**

[www.houstonpregnancy.com](http://www.houstonpregnancy.com)

**281-444-8554**

## Pregnancy / Gynecological Services

- Catholic Charities** 713-526-4611  
2900 Louisiana St, Houston, TX 77006 713-874-6666  
*Up to age 25, quarterly support groups*  
*In-home case management program & educational curriculum*  
*All services are free*  
**Speaks Spanish**  
[www.catholiccharities.org](http://www.catholiccharities.org)
- DePelchin Teen Parent Services**  
24-Hour Maternity Line 713-582-7129  
[www.depelchin.org](http://www.depelchin.org)
- Gladney Center for Adoption** 1-800-452-3639  
Central Office & Maternity Home (Ft Worth, TX) 713-665-1212  
Kathy Suchon, LPC, Local Caseworker 281-345-2123  
*Adoption programs with post adoption services*  
**Speaks Spanish**  
[www.gladney.org](http://www.gladney.org)
- Harris County Public Health & Environmental Services**  
Antoine Community Health Center 713-602-3300  
*5815 Antoine Dr, Ste A, Houston, TX 77091*  
WIC Clinic 713-602-3333  
*Medicaid accepted*  
**Speaks Spanish**  
[www.hcphe.org](http://www.hcphe.org)
- Harris Health Acres Home Health Center** 713-566-6509  
*818 Ringold St, Houston, TX 77088*  
*Download application online*  
[www.harrishealth.org](http://www.harrishealth.org)
- Hermann Hospital** 832-325-7200  
UT OB – GYN Clinic  
*6410 Fannin St, Ste 350, Houston, TX 77030*  
*Open Mon – Fri, 8a – 5p*  
*Medicaid, private insurance accepted*  
**Speaks Spanish**  
[www.utdocs.org](http://www.utdocs.org)

## Pregnancy / Gynecological Services

### LDS Family Services

281-537-0211

16333 Hafer Rd, Houston, TX 77090

*Counseling & support services to women of all ages who are facing an unplanned, crisis pregnancy*

*Explore adoption & other options*

*Counseling for birth parents, adoption planning, single-parent training,*

*temporary housing for birth mothers*

*Free, confidential services*

<https://providentliving.lds.org/lds-family-services/adoption>

### March of Dimes

Healthy Baby Hotline

713-623-2020

Pregnancy & Newborn Health Education Center

888-663-4637

*Speaks Spanish*

[www.marchofdimes.org](http://www.marchofdimes.org)

### Medicaid / CHIP Application

800-252-3439

211

[www.chipmedicaid.org](http://www.chipmedicaid.org)

### Planned Parenthood

Administrative Office

713-522-6240

Northwest Health Center

713-514-1107

13169 NW Fwy, Ste 115, Houston, TX 77040

Spring Center

713-514-1102

4747 Louetta Rd, Spring, TX 77388

*Offers education, clinic, teen services*

*Medicaid*

*Speaks Spanish*

*Locate nearest clinic via phone (1-800-230-PLAN) or online*

[www.plannedparenthood.org/health-center](http://www.plannedparenthood.org/health-center)

### Pregnancy Help Center

281-599-0909

1450 E Summitry Cir, Katy, TX 77449

*Free pregnancy testing, childbirth education & preparation for women & soon-to-be fathers*

*Parenting classes & counseling, comprehensive support services*

*Provide limited ultrasounds*

[www.phckaty.org](http://www.phckaty.org)

## Pregnancy / Gynecological Services

- Presbyterian Children's Homes & Services** **713-522-2800**  
*7880 San Felipe St, Ste 111, Houston, TX 77063*  
*Formerly Homes of St. Mark*  
*Licensed child placement agency*  
*Counseling services offered to all members of adoption triad: birth parents, adoptive parents, and adoptees*  
*Foster & adoptive contact through TDFPS*  
[www.pchas.org](http://www.pchas.org)
- Regional Maternal Child Health Program** **409-266-1888**  
**(UTMB Katy Clinic)**  
*511 Park Grove Dr, Katy, TX 77450*  
*Prenatal & delivery services to teenage mothers*  
*Low income, indigent, uninsured families served*  
*Medicaid / CHIP accepted*  
**Speaks Spanish**  
[www.utmb.edu](http://www.utmb.edu)
- The Teen Life Center** **832-593-8336**  
*7710 S Cherry Park Dr, Houston TX 77095*  
*Christian-based support group for pregnant young women*  
*Free pregnancy testing, help with baby clothing, furniture, formula, etc.*  
[www.theteenlifecenter.com](http://www.theteenlifecenter.com)
- Women, Infants, Children Program (WIC)** **800-942-3678**  
**Appt Line** **713-407-5800**  
*Nutritional & educational programs for pregnant, breastfeeding, and post-partum women*  
*Infants & children up to 5 yrs old*  
*Call for eligibility information & locations near your home*  
**Speaks Spanish**  
[www.hcpbes.org/dccp/nutrition/wic](http://www.hcpbes.org/dccp/nutrition/wic)

## Shelters & Housing

- The Beacon** 713-220-9737  
*Homeless shelter & supportive housing*
- Coalition for the Homeless** 713-739-7514  
2000 Crawford St, Ste 700, Houston, TX 77002  
[www.homelesshouston.org](http://www.homelesshouston.org)
- Harris County Community Services** 713-578-2000  
8410 Lantern Pt, Anx M, Houston, TX 77054  
*Assists low to moderate income families in obtaining a house  
Home repairs for low-income seniors (62 & older) & disabled individuals  
Harris County residents outside city limits of Houston, Pasadena, and  
Baytown **only***  
[www.csd.hctx.net](http://www.csd.hctx.net)
- Houston Housing Authority** 713-260-0600  
2640 Fountainview Dr, Ste 400, Houston, TX 77057  
*Formerly Section 8 program  
Low rent public housing, housing choice voucher*  
[www.housingforhouston.com](http://www.housingforhouston.com)
- Northwest Assistance Ministries** 281-885-4555  
15555 Kuykendahl Rd, Houston, TX 77090 281-885-4531  
*Supportive housing program*
- Project Joy & Hope** 713-944-6569  
P.O. Box 5111, Pasadena, TX 77508 866-569-4673 (JOY-HOPE)  
*Residential housing & financial grants for families with seriously ill children  
24-hour parent support line  
College available to high school seniors who have experienced the death of a  
parent or sibling, provider continuing education in palliative care*  
[www.joyandhope.org](http://www.joyandhope.org)
- Salvation Army**  
1603 McGowen St, Houston, TX 77004  
Family Residence 713-650-6530  
Social Services 713-658-9205  
*Serves all families except couples & single women  
**Speaks Spanish***  
[www.salvationarmyhouston.org](http://www.salvationarmyhouston.org)

## Shelters for Children / Youth

<b>Boys &amp; Girls Country</b> <i>18806 Roberts Rd, Hockley, TX 77447</i> <i>A home for children ages 5 &amp; up</i> <a href="http://www.boysandgirlscountry.org">www.boysandgirlscountry.org</a>	<b>281-351-4976</b>
<b>Covenant House</b> <i>1111 Lovett Blvd, Houston, TX 77006</i> <i>Shelter for homeless youth (18 to 20)</i> <a href="http://www.covenanthouse.org">www.covenanthouse.org</a>	<b>713-523-2231</b>
<b>Kinder Emergency Shelter</b> <b>Harris County Children's Protective Services</b> <i>6300 Chimney Rock Rd, Houston, TX 77081</i> <i>Voluntary 30-day emergency shelter</i>	<b>713-295-2700</b>

## Therapists, Counselors, and Psychologists

- Alicia Snow, PhD** **713-240-8609**  
*14015 Park Dr, Ste 110, Tomball, TX 77375*  
*16341 Mueschke Rd, Ste 120, Cypress, TX 77433*  
*Christian counseling*  
*Depression, anxiety, medical and health concerns, grief, Asperger's*  
*Self-pay*  
[www.aliciasnow.com](http://www.aliciasnow.com)
- Amy Coffelt, MA, LPC, NCC** **281-961-3552**  
*7825 Hwy 6, Ste 102-D, Houston, TX 77095*  
*Individuals (4 & up) & families*  
*Behavioral issues, depression, adolescent issues, family conflict*  
*Medicaid, insurance, some sliding scale*
- Angelina Grindon, LCSW, LPC** **281-376-8006**  
*6823 Cypresswood Dr, Spring, TX 77379*  
*Adolescents (13 & older), individuals, and couples*  
*Family & women issues, self-injury, substance abuse, ADHD*  
*Sat appts available*  
*Sliding scale & insurance*  
[www.interface-samaritan.com](http://www.interface-samaritan.com)
- Behavioral Health Consultants** **713-463-9449**  
*9525 Katy Fwy, Ste 312, Houston, TX 77024*  
*Ages 5 & older*  
*Medicaid & most insurance*  
[www.bhchouston.com](http://www.bhchouston.com)
- Belinda Walker, PhD, LSSP** **281-656-8100**  
*7171 Hwy 6 N, Ste 285, Houston, TX 77095*  
*Individual (ages 3 & up)*  
*Testing & assessment, ADHD, anxiety, depression, and more*  
*Self-pay only*  
[www.belindawalker.com](http://www.belindawalker.com)



## Therapists, Counselors, and Psychologists

### **Bilingual Psychologists – Jorge Carrillo, PhD, LSSP, RSOTP 713-939-1229**

5246 Dow Rd, Houston, TX 77040

*Full assessment & diagnosis for children & adolescents*

*Autism, developmental delays, emotional disturbance, learning disability,  
aba applied behavior analysis*

*Medicaid accepted*

*BC / BS, Magellan, and UnitedHealthcare*

***Speaks Spanish***

[www.bilingualpsychologists.com](http://www.bilingualpsychologists.com)

[www.houstonautismcenter.com](http://www.houstonautismcenter.com)

### **Brook Duffy-Roberts, PhD, LMFT, LPC 281-376-8006**

6823 Cypresswood Dr, Spring, TX 77379

*Adolescents (13 & older), individuals, and couples*

*Family & women issues, self-injury, substance abuse, ADHD*

*Sat appts available*

*Sliding scale & insurance*

[www.interface-smaritan.com](http://www.interface-smaritan.com)

### **Candice Moore MA, LPC 713-824-3950**

10601 Grant Rd, Ste 117, Houston TX 77070

*Intensively trained in dialectical behavior therapy*

*Ages 8 & up – groups & individuals*

*Evenings & some weekends*

*Medicaid, private insurance, and sliding scale*

### **Catherine King, LMFT, LPCS 832-740-2974**

7825 Hwy 6 N, Ste 102-C, Houston, TX 77095

*Individuals (ages 6 & up) & family therapy*

*Developmental delay, children with Autism, behavioral issues, special  
education background*

*After-school & Sat appts available*

*Some insurance & sliding scale*

### **Catholic Charities Department of Family Counseling 713-526-4611**

2900 Louisiana St, Houston, TX 77006

*Sliding scale*

***Speaks Spanish***

## Therapists, Counselors, and Psychologists

- Cecelia E. Johnson, PhD, LPC** 281-656-2548  
**Hope Alive Christian Counseling**  
*16151 Cairn Way, Ste 206, Houston, TX 77084*  
*Children, adolescents, and families*  
*Marital, depression, panic, anxiety, adjustment issues, and behavior problems*  
*Private insurance*  
[www.hopealive.us](http://www.hopealive.us)
- Center for Creative Resources** 713-461-7599  
*816 Hawthorne St, Houston, TX 77006*  
*Family & individual counseling*  
*Medicaid, CHIP, insurance, and sliding scale accepted*  
[www.therapyhouston.org](http://www.therapyhouston.org)
- Center for Family Consultation** 713-526-4751  
**Victor Loos, PhD – Director**  
*2524 Nottingham St, Houston, TX 77005*  
*Families, adolescents, and children*  
*Medicaid / CHIP accepted*  
*Speaks Spanish*
- Cindy Hammonds, MA, LPC-S** 832-275-2798  
*7026 Belgold St, Houston, TX 77066*  
*Hand-in-hand counseling & consultation*  
*Ages 3 to 12, women & families*  
*Play therapy, theraplay, trauma / loss specialist*  
*CHIP / Medicaid & some insurances*  
For Appts: [ccsas@me.com](mailto:ccsas@me.com)
- Counseling Concepts, P.C.** 713-828-0593  
**Monica Dunwoody M.A., LPC**  
*13615 St. Mary's Ln, Houston, TX 77079*  
*All ages*  
*Depression, relationships, depression, ADHD, teen issues, anger management, self-esteem*  
*Medicaid / CHIP accepted, insurance, self-pay*  
[www.counselingconceptshouston.com](http://www.counselingconceptshouston.com)

## Therapists, Counselors, and Psychologists

- Cy-Hope Counseling Center** **713-466-1360**  
*12715 Telge Rd, Cypress, TX 77429*  
*Children, adolescents, adults, groups*  
*Marriage & evaluation services*  
*Self-pay & sliding scale*  
[www.cy-hopecounseling.org](http://www.cy-hopecounseling.org)
- Dawn-Petrice Youngs, LPC** **281-315-0386**  
*17920 Huffmeister Rd, Ste 230, Cypress, TX 77429*  
*Individuals (12 yrs & older), couples, and families*  
*Anxiety, depression, academic stress, divorce, grief, and life transitions*  
*Insurance & self-pay*  
*Free one-time consultation available*
- Debbie Foe LPC, LCDC & Associates** **713-306-7058**  
**Scott C. Peacock LCDC, LPCI**  
*10330-BB Lake Rd, Houston, TX 77070*  
*Personality disorders, addiction, self-harm, depression, oppositional defiant*  
*Some weekend & evening appts*  
*11 yrs & up*  
*Self-pay **only***
- Deborah Holzman, MA, LPC** **713-412-4506**  
**Cornerstone Christian Counseling**  
*13810 Champions Forest Dr, Ste 146, Houston, TX 77069*  
*Children (2 to 10) & adult women*  
*Play therapy, parenting skills, trauma, loss & bereavement intervention*  
*Medicaid / CHIP & insurance accepted*
- Denise Morales, LCSW** **281-586-7596**  
*16215 N Fwy, Ste 103, Houston, TX 77090*  
*Center for family consultation open Wed **only***  
*Adolescents, families, solution focused therapy*  
*Sliding scale, most insurance accepted*  
***Speaks Spanish***

## Therapists, Counselors, and Psychologists

- Dialectical Behavior Therapy Center** **713-973-2800**  
*920 Frostwood Dr, Ste 670 & 680, Houston, TX 77024*  
*Karyn Hall PhD*  
*Children (5 yrs & older) & adults*  
*DBT, eating disorders, self-injury, depression, borderline*  
*Intensive out-patient program, regular out-patient program*  
*Some insurance (Aetna, Beacon, UnitedHealthcare) & self-pay*  
[www.houstondbtcenter.com](http://www.houstondbtcenter.com)
- Edmund Guilfoyle, PhD** **281-955-6655**  
*8203 Willow Place Dr S, Ste 150, Houston, TX 77070*  
*Adolescents, adults, families*  
*Psychological assessments, ADHD, testing*  
*Sliding scale / some private insurance accepted, Medicare accepted*  
[www.houstondbtcenter.com](http://www.houstondbtcenter.com)
- Erica Berrocal, MS, Life Coach** **832-495-9337**  
*11107 McCracken Cir, Unit D, Cypress, TX 77429*  
*Adolescents, marriage & family therapy, trauma, and substance abuse*  
*Sliding scale fee*  
*Speaks Spanish*
- Equine Assisted Psychotherapy** **832-428-6253**  
*12007 West Morgan Dr, Houston, TX 77065*  
*Trauma, family conflict, behavior problems*  
*Ages 7 & up*  
*Private pay*  
[www.jandkranch-kennels.com](http://www.jandkranch-kennels.com)
- Faith Wilson, MA, LPC** **713-515-3188**  
*14515 Briar Hills Pkwy, Ste 200, Houston, TX 77077*  
*Asperger's & autism, marriage & family, sexual addictions, and drug abuse*  
*Insurance*  
[www.pro-act.com](http://www.pro-act.com)

## Therapists, Counselors, and Psychologists

- Family Enrichment Clinic** **713-780-2833**  
*7211 Regency Square Blvd, Ste 230, Houston, TX 77036*  
*Intercultural specialist – Vietnamese, Mandarin, Spanish, Hindi, Urdu, Taiwanese, and American Sign Language*  
*Children (5 & up), adolescents, individual, family & marriage therapy, adolescent anger management*  
*Medicaid / CHIP, and most insurance accepted, sliding scale & private pay*  
[www.familyenrichmentclinic.com](http://www.familyenrichmentclinic.com)
- Family Services of Greater Houston** **713-861-4849**  
*4625 Lillian St, Houston, TX 77007*  
*Ages 3 & up*  
*Family life skills for parents, counseling, case management, financial coaching, and veterans programs*  
*Medicaid & private insurance, sliding scale*  
**Speaks Spanish**  
[www.familyhouston.org](http://www.familyhouston.org)
- Gayle McKinney, MA, LPC-S** **281-831-6514**  
*10601 Grant Rd, Ste 114, Houston, TX 77070*  
*Couples, adolescents, and adults*  
*Some insurance*  
*Evenings & Sat appts available*
- Gloria Champion, LPC-S** **281-861-7326**  
*10694 Jones Rd, Ste 220, Houston, TX 77065*  
*Children (3 yrs & up), adults, couples*  
*Evening hours are available*  
*Private insurance, Medicaid, and sliding scale*  
**Speaks Spanish**  
[www.championpsychotherapy.com](http://www.championpsychotherapy.com)
- The Harris Center for Mental Health & IDD** **713-970-7000**  
*Call for location and intake*  
*Medicaid & CHIP accepted, sliding scale*  
[www.mhmrharris.org](http://www.mhmrharris.org)
- Heather Roberts, LPC, LMFT** **281-475-5957**  
*2219 Sawdust Rd, Ste 1101, The Woodlands, TX 77380*  
*Marriage & family counseling*  
*Insurance accepted, sliding scale*

## Therapists, Counselors, and Psychologists

**Hope & Harmony Therapy, LLC** 281-900-9575

**Debbie Martin M.Ed., MA, LPC, LMFT-A**

*3880 Greenhouse Rd, Ste 216, Houston, TX 77084*

*Multicultural therapy practice*

*Ages 5 through adult*

*Individual, group, couples, and family therapy*

*Self-harm, play therapy, support for the LGBTQ Community*

*Some insurance, self-pay, and sliding scale available*

*Weekends & evenings available*

***Speaks Hindi & Urdu***

[www.hopeandharmonytherapy.com](http://www.hopeandharmonytherapy.com)

**H.O.P.E. Psychotherapy of Houston** 281-373-5200

**Debbie Edmunds, MA, LPC-S & Associates**

*17510 Huffmeister Rd, Ste 103, Cypress, TX 77429*

*Children, adolescents, adult, family, couples*

*Self-injury, depression, addiction, adhd, internet addiction, eating disorders, anxiety, spectrum disorders*

*Traditional Medicaid, private insurance, sliding scale, and self-pay*

[www.hopepsychotherapyofhouston.com](http://www.hopepsychotherapyofhouston.com)

**Houston Center for Christian Counseling** 281-398-0022

*609 Park Grove Dr, Unit B, Katy, TX 77450*

*Children, adolescents, adults, Christian counseling, marriage, family*

*Other insurance (Aetna, Cigna, BC / BS, Crime Victims, UnitedHealthcare), private insurance, and private pay (\$150 / session) accepted*

[www.christiancounselinghouston.com](http://www.christiancounselinghouston.com)

**Houston Galveston Institute** 713-526-8390

*2990 Richmond Ave, Ste 530, Houston, TX 77098*

*Family & individual therapy*

*Sliding scale*

***Speaks Spanish***

[www.talkhgi.org](http://www.talkhgi.org)

## Therapists, Counselors, and Psychologists

**Insightful Life Counseling Center** **281-653-6572**  
**Lori Chavez, MA, LPC-S**

*11123 McCracken Cir, Ste C, Cypress, TX 77429*

*Ages 3 & up*

*Behavioral issues, ADHD, family issues, parenting groups*

*Insurance, sliding scale*

*Reduced rate counseling services through The Healing Hearts Program*

**Interface-Samaritan Counseling Center** **281-376-8006**

*6823 Cypresswood Dr, Spring, TX 77379*

*Children, adolescents, families, adults*

*Christian counseling, eating disorders, depression, loss, grief, women's issues, marriage*

*Insurance & sliding scale*

[www.interface-samaritan.org](http://www.interface-samaritan.org)

**Janet Adams, MS, LMFT-A** **281-772-4562**

*11107 McCracken Cir, Unit D, Cypress, TX 77429*

*Adolescents, couples, and families*

*Self-harm, brain injuries, depression, and anxiety*

*Private pay*

*Evening & Sat appts available*

***Speaks Spanish***

[www.janetadamscounseling.com](http://www.janetadamscounseling.com)

**Janet Nicholas, MS, LPC, LCDC** **713-882-4268**

*26113 Oakridge Dr, Ste C, Woodlands TX 77380*

*Adolescents & adults*

*Traditional in-office counseling & equine assisted psychotherapy, learning & teambuilding, career assessments*

[www.janetnicholas.com](http://www.janetnicholas.com)

**Janet Shaunfield, M.Ed, LPC, LMFT** **281-807-4508**

*10601 Grant Rd, Ste 114, Houston, TX 77070*

*Children, adolescents, individuals, couples*

*Family counseling, play therapy*

## Therapists, Counselors, and Psychologists

- Jennifer Doyle, MS, LPC, LCDC** 832-589-5735  
*10601 Grant Rd, Ste 114, Houston, TX 77070*  
*Children, adolescents, adults, and family therapy*  
*Registered play therapist*  
*Specializes in trauma, substance abuse, depression, and anxiety*  
*Self-pay, Medicaid, and private insurance accepted*
- Jill Lipari, LCSW** 832-978-1060  
*12337 Jones Rd, Ste 310, Houston, TX 77070*  
*Children, adolescents, adults, couples, and families*  
*Abuse, trauma, disabilities, anger management, and oppositional behavior*  
*Private pay **only**, sliding scale available for veterans & their families*
- Judi Gilbert, M.Ed, LPC, RPTS** 281-320-9797  
*9611 Louetta Rd, Spring, TX 77379*  
*Psychotherapy, play therapy, adolescent, and family therapy*  
*Children & parenting*  
*Private insurance, private pay, and sliding scale*
- Julie Burden, M.Ed, LPC, RPT** 281-304-1677  
*17510 Huffmeister Rd, Ste 104, Cypress, TX 77429*  
*Adults, adolescents, and children*  
*Parenting, marriage & family counseling, ADHD*
- Julie Summers, MA, LPC** 713-365-9015  
**Heritage Behavioral Health Consultants, Inc. Group Practice**  
*1325 Campbell Rd, Houston, TX 77055*  
*Children, adolescents, adults, couples*  
*Divorce recovery, grief, eating disorders, spectrum disorders, personality disorders, anger Management, ADHD*  
*Self-pay*  
[www.heritagebehavioral.com](http://www.heritagebehavioral.com)
- Karen Pennebaker, MSW, LCSW** 713-877-1114  
*3435 Branard, Ste 202, Houston, TX 77027*  
*Adults **Only***  
*Depression, grief, parenting issues, chronic / severe illnesses*  
*Accepts most PPO insurances*



## Therapists, Counselors, and Psychologists

**Kathy Gamble, MSW, LCSW** 713-705-0456  
*10601 Grant Rd, Ste 118, Houston, TX 77070*  
*Adolescents (17 & up), senior adults, families*  
*Private insurance, sliding scale*

**Kim Abernethy, MA, LPC, RPT** 281-744-9477  
*7026 Belgold St, Houston, TX 77066*  
*Youth (7 yrs & older)*  
*Depression, socialization issues, anxiety, behavioral issues*  
*Evenings & Sat appts available*  
*Insurance*

**Kimberly Richter, MS, LPC-S, RPT & Associates** 281-900-4374  
*10601 Grant Rd, Ste 114, Houston, TX 77070*  
*Children (4 & up), adolescents, and adults*  
*Play therapy, trauma, depression, and anxiety*  
*Sat appts available*  
*Medicaid, CHIP, insurance, sliding scale*  
[www.racounselingsolutions.com](http://www.racounselingsolutions.com)

**Kinghaven Counseling Group** 713-457-4372  
*6315 Gulfon St, Ste 100, Houston, TX 77081*  
*Home & school-based therapy services for children, teens, adults, couples,*  
*and families*  
*Medicaid, private insurance*  
[www.kinghavencounseling.com](http://www.kinghavencounseling.com)

**Krista Highfield, MS, LPC, CTRT** 281-866-8746  
*14511 Falling Creek Dr, Ste 501, Houston TX 77014*  
*Expressive arts therapy, eating disorders, trauma & abuse, depression, yoga*  
*therapy, intensive out-patient program (eating disorders, anxiety, and grief)*  
*Some sliding scale & private pay*

**L & A Professional Counseling Services** 832-683-4275  
**Lisa A. Wines, PhD, CSC, LPC**  
*5900 Memorial Dr, Ste 218, Houston, TX 77007*  
*Services for individuals, groups, couples, and families*  
*Ages 10 yrs & older*  
*Self-pay & sliding scale available*  
*Online or distance counseling available*  
[www.landaproservices.com](http://www.landaproservices.com)

## Therapists, Counselors, and Psychologists

- Leslie Truitt Schulte, MS, LPC, LMRT** **281-376-8006**  
*6823 Cypresswood Dr, Spring, TX 77379*  
*Adolescents (13 & older), individuals, and couples*  
*Family & women issues, self-injury, substance abuse, ADHD*  
*Sat appts available*  
*Sliding scale & insurance*  
[www.interface-smaritan.com](http://www.interface-smaritan.com)
- Liberty Path, Inc.** **281-890-0224**  
*12777 Jones Rd, Ste 104, Houston, TX 77070*  
*Christian-based counseling*  
[www.libertypath.org](http://www.libertypath.org)
- Linda Twichell, MA, LPC** **832-492-0671**  
*10601 Grant Rd, Ste 118, Houston, TX 77070*  
*Children (6 & up), adolescents, adults, couples, families*  
*Anxiety, depression, family conflict, grief, and loss*  
*Insurance & sliding scale*  
*Evening & Sat appts available*  
[www.twichellcounseling.com](http://www.twichellcounseling.com)
- Liz Steele, LCSW RPT** **281-796-6049**  
*12337 Jones Rd, Ste 310, Houston, TX 77070*  
*Children, adolescents, adults, couples, and families*  
*Grief, trauma, abuse, anger management, anxiety, play therapy*  
*Private insurance & some Medicaid*  
*Evening appts available*
- Lone Star Behavioral Health Out-Patient Facility** **281-351-6644**  
*30903 Quinn Rd, Tomball, TX 77375*  
*Ages 18 & older*  
*Dual diagnosis, mental illness, substance abuse, and behavioral problems*  
*Utilizes Equine Assisted Psychotherapy treatment component*  
*Medicare, self-pay*  
[www.lonestarbehavioralhealth.com](http://www.lonestarbehavioralhealth.com)

## Therapists, Counselors, and Psychologists

### **Margaret Hood Black, MA, LPC**

**713-562-7819**

*1922 Tomball Pkwy, Tomball, TX 77070*

*11507 Huffmeister Rd, Houston, TX 77065*

*Adults & adolescents, marriage & family therapy, eating disorders,  
borderline personalities, self-mutilating behaviors*

*Private pay*

[www.margarethoodblack.com](http://www.margarethoodblack.com)

### **Mary Elijah M.Ed., LPC, RPT**

**832-334-9659**

*10601 Grant Rd, Ste 114, Houston, TX 77070*

*Ages 3 & up*

*Anxiety, play therapy, depression, ADHD, adoption, special needs*

*Traditional Medicaid & private insurance*

*After-school & Sat hours available*

[www.marvelijahlpc.com](http://www.marvelijahlpc.com)

### **Mary Engle, MA, LPC**

**281-398-2509**

*1844-C Snake River Rd, Katy, TX 77449*

*Christian counseling*

*All ages*

*Trauma, EMDR, grief, anger, and depression*

*Self-pay, out-of-network insurance paperwork can be filed*

[www.maryenglelpc.com](http://www.maryenglelpc.com)

### **Mental Wellness Services**

**281-447-9355**

#### **Rosell Jenkins, PhD**

*507 N Sam Houston Pkwy E, Ste 215, Houston, TX 77060*

*Individuals, couples, families, group*

*Women's issues, relationship issues, depression & anxiety, grief/loss,  
substance abuse, psych testing*

*CHIP, Medicaid, insurance*

[www.dr-rosell.com](http://www.dr-rosell.com)

### **Mercedes Dominguez, M.Ed., LPC**

**281-440-0606**

*4422 Cypress Creek Pkwy, Ste 415, Houston, TX 77068*

*Ages 12 & up*

*Insurance & self-pay*

*Some evenings & Sat*

***Speaks Spanish***

[www.mercedesdominguez.com](http://www.mercedesdominguez.com)

## Therapists, Counselors, and Psychologists

- Michael J. Thomas, LCSW** **713-623-2984**  
*4615 SW Freeway, Ste 430, Houston, TX 77027*  
*Adolescents & adults*  
*Drug & alcohol, ethnic issues, trauma counseling*  
*Medicaid / CHIP, Crime Victims, and insurance*
- Michelle Hooper Larsen, LCSW** **281-222-7721**  
**A New Day Counseling Center, PLLC**  
*10601 Grant Rd, Ste 119, Houston, TX 77070*  
*Christian counseling (ages 10 & up), families, adults*  
*Anger management, self-esteem, coping skills, family dynamics, depression,*  
*and anxiety*  
*Private insurance & sliding scale*
- Michelle Myers, MS, LMFT-A** **832-253-5132**  
*11107 McCracken Cir, Unit D, Cypress, TX 77429*  
*Children, adolescents, adults, and families*  
*Anxiety, depression, grief, childhood trauma, and LGBTQ community*  
*Sliding scale*  
*Evenings & weekends*  
[www.michelle.myers.therapist.net](http://www.michelle.myers.therapist.net)
- Momentum Behavioral Health Concepts, LLC** **832-865-4837**  
**Syreeta Scudder – Early MS, LCDC, BCBT, CART, SAP**  
*2855 Mangum Rd, Ste 571, Houston, TX 77092*  
*Ages 11 & up*  
*Workshops & counseling for individuals, groups, and families*  
*ADHD, autism, substance abuse, truancy, anger management / rage, conflict*  
*resolution, and life coaching*  
[www.MBHConcepts.com](http://www.MBHConcepts.com)
- Nancy L. Eisenberg, MSW, LCSW, LMFT** **281-890-5334**  
*12345 Jones Rd, Ste 101, Houston, TX 77070*  
*Children, adolescents, and adults*  
*Individual, marriage & family therapy, ADD/ADHD*  
*Insurance (UnitedHealthcare & Medicare) & private pay accepted*

## Therapists, Counselors, and Psychologists

- Patricia Martinez, Ed. D** **281-890-0119**  
*14340 Torrey Chase Blvd, Ste 160, Houston, TX 77014*  
*Family, couples, and individuals*  
*Relationship issues, trauma, anxiety / fears, depression, parenting, ADD / ADHD*  
*Private insurance & sliding scale*
- Red Oak Psychiatry Associates** **281-893-4111**  
*17115 Red Oak Dr, Ste 109, Houston, TX 77090*  
*Children, adolescents, adults*  
*Multidisciplinary group practice*  
*Private insurance **only***
- Richard Krummel, M. Div., PhD**  
**Deborah Krummel, LPC, LMFT** **713-263-0400**  
*9525 Katy Fwy, Ste 200, Houston, TX 77024*  
*Adolescents & adults*  
*Psychological testing & assessment, depression, eating disorders, adolescent issues*  
[www.krummelandassociates.com](http://www.krummelandassociates.com)
- Robbie Burnett, PhD, LPC** **281-580-7845**  
*14343 Torrey Chase Blvd, Ste I, Houston, TX 77014*  
*Adults, adolescents, and children*  
*Trauma, sexual assault therapy, crime victims*  
*Sliding scale fee & some insurance accepted*
- Robert Schindler, PhD** **281-631-9977**  
*14351-B Torrey Chase Blvd, Houston, TX 77014*  
*Children, adolescents, adults, and couples counseling*  
*Christian counseling, ADHD, and other psychological issues*  
*Private insurance, sliding scale*  
[www.levergreenps.blogspot.com](http://www.levergreenps.blogspot.com)

## Therapists, Counselors, and Psychologists

**Sammie Jones, MA, LPC**

**832-237-2673 (COPE)**

**Houston Psychotherapists, Inc.**

North Cypress Professional Building

21216 NW Fwy, Ste 450, Cypress, TX 77429

*Adolescents, adults, couples, self-injury, adolescent behavior & development, and family issues*

*Traditional Medicaid / CHIP, insurance, sliding scale*

[www.houstonpsychotherapists.com](http://www.houstonpsychotherapists.com)

**Sandra Willet, MS, LMFT-A**

**713-373-7983**

11107 McCracken Cir, Unit D, Cypress, TX 77429

*Individual, couples, and families*

*Parenting, anxiety, depression, grief, trauma, and self-harm*

*Private pay*

*Evenings & Sat appts available*

***Speaks Spanish***

**Shield-Bearer Counseling Centers**

**281-894-7222**

12340 Jones Rd, Ste 290, Houston, TX 77070

*Children, adolescents, adults, marital, and family*

*Healthy relationships, intensive marriage counseling, trauma, human*

*trafficking, dating violence prevention, workshops, and Christian counseling*

*Sliding scale, without regard to ability to pay*

[www.shieldbearer.org](http://www.shieldbearer.org)

**Social Motion Skills**

**713-461-7200**

10694 Haddington Dr, Ste G, Houston, TX 77043

*Social skills classes for children, adolescents, and adults with social & learning deficits including ADHD & autism spectrum disorders*

*Age 3 yrs & up*

*No formal diagnosis necessary*

***Self-pay only***

*Evening classes available*

**STAR Program**

**713-664-3459**

**DePelchin Children's Center**

4950 Memorial Dr, Houston, TX 77007

*Services for at-risk youth (under 18) & their family*

*Counseling, parenting support, and child abuse prevention*

*Services are free*

## Therapists, Counselors, and Psychologists

- S. W. Patrick, PhD** 281-444-4620  
9950 Cypresswood Dr, Ste 230, Houston, TX 77070  
Children, adolescents, adults  
ADD / ADHD, divorce, loss, grief issues, marriage  
Sliding scale  
Most insurance accepted
- Terry Richter, LCSW** 281-376-8006  
6823 Cypresswood Dr, Spring, TX 77379  
Adolescents (13 & older), individuals, and couples  
Family & women issues, self-injury, substance abuse, ADHD  
Sat appts available  
Sliding scale & insurance  
[www.interface-smaritan.com](http://www.interface-smaritan.com)
- Tracy Richied, LCSW** 713-385-8230  
14340 Torrey Chase Blvd, Ste 325, Houston, TX 77014  
Teens & adults, marriage counseling  
Private insurance & sliding scale  
Evening & weekend appts available  
[www.ccctherapy.com](http://www.ccctherapy.com)
- Tranquil Hearts Counseling Center**  
17920 Huffmeister Rd, Ste 250, Cypress, TX 77429
- Erin Silva, M.Ed, LPC 281-433-1363  
Play therapy, ADHD, divorce, anxiety, depression, and anger management
- Tiffany Priska, MA, LPC-S 832-741-7389  
Mood disorders, marriage & family counseling, postpartum, and self injury
- Julie Casten, MA, LPC 773-329-7556  
Addiction, mood & anxiety disorders, trauma, and PTSD (EMDR)  
Self-pay, sliding scale  
Some evenings & weekends available  
[www.tranquilheartscounselingcenter.com](http://www.tranquilheartscounselingcenter.com)
- University of Texas Psychiatry Out-Patient Clinic** 713-486-2700  
1941 East Rd, Ste 2100, Houston, TX 77054  
Child & adolescent clinic  
Psychiatric services available  
Medicaid, insurance accepted  
Turnaround time for children to be seen is 8 – 12 weeks

## Therapists, Counselors, and Psychologists

**Victoria Strange, MS, NCC, LPC**

**713-234-6214**

*7825 Hwy 6 N, Ste 102B, Houston, TX 77095*

*Neurofeedback (ages 8 & up), general talk therapy (ages 15 & up)*

*Anxiety, depression, ADHD, sleep issues, traumatic brain injury, grief, PTSD*

*Some sliding scale, self-pay, BC / BS, and Cigna insurance*

**Vo Counseling & Consulting**

**713-530-4677**

**Hanh Vo, PhD, LPC-S**

*5006 Louetta Rd, Spring, TX 77379*

*Families, couples, children, and adolescents*

*Intergenerational conflict, acculturation issues*

*Self-pay, all insurance accepted*

*Speaks Vietnamese*

[www.vocounseling.com](http://www.vocounseling.com)

**Woodlands Behavioral Health Clinic**

**281-528-4226**

*111 Vision Park Blvd, Ste 250, Shannendoah, TX 77384*

*Adults & children*

*ADD / ADHD, autism spectrum disorders, behavioral, emotional & social counseling, coaching, summer programs*

*Psychiatric & psychological evaluations*

*Sliding scale & private pay*

[www.addwoodlands.com](http://www.addwoodlands.com)



## Psychiatrists

- Benjamin's Behavioral Health Services** **713-840-7956**  
*9701 Richmond Ave, Ste 210, Houston, TX 77042*  
*Children, adolescent, and adult services*  
*Insurance, self-pay (No Medicaid)*  
*Speaks Spanish*  
[www.benjamins-bhs.com](http://www.benjamins-bhs.com)
- Karen Brown, MD** **713-973-1007**  
*929 Gessner Rd, Ste 2000, Houston, TX 77024*  
*Adolescent & adult services (16 yrs & older)*  
*Self-pay & UnitedHealthcare insurance*
- Cornerstone Psychiatry Associates** **281-580-8086**  
**Bernard Rosenburg, MD**  
*14340 Torrey Chase Blvd, Ste 160, Houston, TX 77014*  
*General psychiatric services (ages 6 & up)*  
*Self-pay*  
[www.cornerstonepsych.com](http://www.cornerstonepsych.com)
- Family Psychiatry of the Woodlands** **281-367-1015**  
*8701 New Trails Dr, Ste 150, The Woodlands, TX 77381*  
*Children (5 & up), adolescent, and adult services*  
*Private insurance accepted, self-pay*  
[www.woodlandspych.com](http://www.woodlandspych.com)
- Houston Adult Psychiatry** **832-384-1560**  
*2180 N Loop W, Ste 450, Houston, TX 77018*  
*18 & older*  
*Insurance*  
[www.houstonadultpsychiatry.com](http://www.houstonadultpsychiatry.com)
- Memorial Herman Mental Health Crisis Clinic** **713-338-6422 (MHCC)**  
Spring Branch  
*10780 Westview Dr, Ste C, Houston, TX 77043*  
Northeast  
*9813 Memorial Blvd, Ste A, Humble, TX 77338*  
*Walk-ins – please call first, hours vary & include evenings & some weekends*  
*Insurance, Medicaid, sliding scale*

## Psychiatrists

- Harris Center for Mental Health & IDD** 713-970-7000  
*1502 Taub Loop, Houston, TX 77030*  
*Emergency Psychiatric Care – 24-hours*  
*Medicaid, CHIP, sliding scale, uninsured*  
**Speaks Spanish**  
[www.mhmrharris.org/neuro-psychiatric-center.asp](http://www.mhmrharris.org/neuro-psychiatric-center.asp)
- Pediatric & Adolescent Health Center (Harris Health)**  
*5870 Hwy 6, Ste 108, Houston, TX 77084* 713-873-6860  
*12340 Jones Rd, Ste 100, Houston, TX 77070* 713-873-5240  
*Psychiatric services for children & adolescents only*  
*Medicaid, CHIP, Harris County Health*  
[www.harrishealth.org](http://www.harrishealth.org)
- Red Oak Psychiatry Associates** 281-893-4111  
**Dr's Ginsberg**  
*17115 Red Oak Dr, Ste 109, Houston, TX 77090*  
*Children, adolescent, and adult services*  
*Private insurance only*
- Tarnow Center for Self-Management** 713-621-9515  
*1001 W Loop S, Ste 215 Houston, TX 77027*  
*Children, adolescents, and adults*  
*Self-pay*  
[www.tarnowcenter.com](http://www.tarnowcenter.com)
- University of Texas Psychiatry Out-Patient Clinic** 713-486-2700  
*1941 E Rd, Ste 2100, Houston, TX 77054*  
*Child & adolescent clinic*  
*Psychiatric services available*  
*Medicaid, insurance accepted*
- Daniela M. White, MD** 713-426-3100  
*5225 Katy Fwy, Ste 650, Houston, TX 77007*  
*All ages*  
*General psychiatry*  
*Transcranial Magnetic Stimulation (TMS) for treatment of depression*  
*Insurance & private pay insurance*  
[www.danielawhite-md.com](http://www.danielawhite-md.com)

## Psychiatrists

**Mitchell Young, MD**

*1118 Barkdull St, Houston, TX 77006*

*Children, adolescent, and adult psychiatry*

*Self-pay*

**713-522-4505**

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